



Evidence Based Substance Use Disorder Treatment Program: A Case Study

SPYM's SUBSTANCE USE TREATMENT PROGRAM FOR CHILDREN AND JUVENILES

**Bilal Ahmad
ISSUP INDIA CHAPTER**

ABOUT SPYM

- A registered Civil Society Organisation since 1986, working in the field of health and socio-economic development with countrywide presence for more than three decades.
- Serving adults, juveniles, children, and women with substance use disorders (SUD) since its inception in 1986.

SCENARIO OF DRUG USE AMONG CHILDREN IN INDIA



Nationwide study on pattern and profile of Substance Use in India

conducted by

National Commission for Protection of Child Rights
(NCPCR), Government of India

in coordination with

National Institute of Social Defense (NISD) &
Federation of Indian NGOs on Drug Abuse Prevention
(FINGODAP)

KEY FINDINGS OF THE STUDY

INHALANTS

Inhalants was the most used substance by children amongst all states/union territories in India, followed by Tobacco, Alcohol, Cannabis, Pharmaceutical opioids, Heroin/smack & Sedatives

HIGH RISK BEHAVIOR

Sex in exchange for drugs, was found common.

TREATMENT SEEKING

Around 70% never sought any treatment or contacted any NGO. (Only 7.7% of children were in daily contact with an NGO)

REASONS FOR CHILDREN TO ENGAGE IN DRUG USE

- Familiar risk factors, e.g. substance use among one or more family members (57%), conflicts (47%), beaten up or abuse (46%)were common.
- **Peer pressure** – Peers using substances was common as per the study (above 80%) and peer pressure was reported to be a reason by 40% children for continuing Drug use.
- Experimentation out of curiosity
- To escape from problems
- Lack of positive role models
- Neglect/ Lack of attention from Parents/Elders

HISTORY BEHIND INCEPTION OF FIRST DRUG TREATMENT FACILITY FOR JUVENILES IN CONFLICT WITH LAW

- In 2009 Juvenile Justice Committee of Hon'ble Delhi High court constituted a committee to study the problem of drug use among juvenile boys in observation home of Delhi.
- In 2010, the then Chief Justice of Delhi High Court Shri Dipak Mishra was attacked in a Children 's observation Home. This incident was an eye opener for the Judiciary!

Delhi High court Judgment for setting up Juvenile de-addiction center

IN THE HIGH COURT OF DELHI AT NEW DELHI

W.P.(C) 5913/2010

COURT ON ITS OWN MOTION

..... Petitioner

Through Ms.Jayshree Satpute, Amicus Curiae

versus

UNION OF INDIA

.....Respondent

Through Mr.Sachin Datta with Mr.Manikya Khanna, Advs. R-1, Ms.Neha Kapoor, Adv. for GNCTD

CORAM:

HON'BLE THE CHIEF JUSTICE

HON'BLE MR. JUSTICE SANJIV KHANNA

ORDER
01.04.2011

In pursuance of our earlier order, Ms.Geetika Sharma, Joint Director, Department of Women and Child Development, Mr.A.K. Saxena, Executive Engineer, (Construction), Public Works Department, Mr.Y.P. Gupta, Assistant Engineer, (Construction and Maintenance), Public Works Department and Mr.S.C. Vats, Assistant Prohibition Propaganda Officer, Department of Women and Child Development are present

Dr.Rajesh Kumar, Executive Director, SPYM with whom the Department of Women and Child Development is going to sign the MoU is also present. We must fairly state that Ms.Geetika Sharma, Joint Director submitted that the work order has been issued for total renovation of the de-addiction centre at Kingsway Camp situate at Sewa Kutir and that would take time but it can be made acceptably functional immediately. We have been apprised by her as well as by Dr.Rajesh Kumar that to make it functional for the present, two gates are required to be fixed so that the ingress and the outgress is controlled. It is also agreed that there should be two temporary toilets as more children are to be admitted for treatment at the centre. It is suggested that mosquito nets along with proper beds are to be provided. The building from outside is required to be painted. Needless to say, as Mr.S.C. Vats would submit that painting would make it environmental friendly.

State Government's official letter directing SPYM to set up Juvenile De-addiction centre without fund support

MOST URGENT

DIRECTORATE OF PROHIBITION
GOVT. OF NCT OF DELHI
I, CANNING LANE, K.G. MARG, NEW DELHI-110001

No.F.3(1)DOP/DAC/2010-11/ 25755

25 JAN 2011

Dated: 25 JAN 2011

To

Dr. Rajesh Kumar
Executive Director
SPYM Centre, 111/9, Opp. Sector B-4,
Vasant Kunj, New Delhi-110070.

Sub.: Regarding Setting Up of De-addiction Centre At OHB-II, Kingsway Camp.

Sir,

This has reference to the deliberations conducted in the meeting of the Juvenile Justice Committee at Delhi High Court in the captioned matter.

In view of the urgent need to provide quality de-addiction services for the proper rehabilitation of the inmates of OHB who are diagnosed to be addicted to substance abuse, the Department wants to set up a de-addiction centre within the OHB complex at the earliest possible.

It is understood that at the aforesaid meeting SPYM had consented to provide de-addiction services at OHB-II without any financial liability on the Govt. It is, therefore, requested to kindly confirm that SPYM will setup the de-addiction centre at OHB-II, Kingsway Camp, without any financial liability on the Govt. It is also requested to inform the period upto which this arrangement would continue to enable the Department to take an early decision in the matter.

An early reply will be highly appreciated.

Yours faithfully,

(Geetika Sharma)
Joint Director (Prohibition)

SPYM started the first of its kind residential treatment centre for juveniles in conflict with law in 2010



CHALLENGES IN SUD TREATMENT AMONG CHILDREN & JUVENILES

- Lack of support from the Government
- Lack of funding support
- Lack of suitable and adequate space for the treatment facility
- Re-integration of children into the family
- Limited resources and manpower to support follow up
- No resources to provide livelihood support post treatment during the recovery

CHALLENGES IN SUD TREATMENT AMONG CHILDREN & JUVENILES

- Government of India recently recognized Substance Use Disorder (SUD)
- At present there is a lack of efficient policy framework for addressing substance using among children and adolescents
- Children themselves are concerned about their future
- Children stay worried about dealing with their community environment due to apprehensive relapse on return

CHALLENGES IN SUD TREATMENT AMONG CHILDREN & JUVENILES

- Lack of acceptance of the child by the family and schools
- Stigma faced by juveniles in the society.
- Some children with mental health issues need specialized care
- Children tend to take time open up given street experiences and trauma

COMPONENTS OF SERVICES PROVIDED BY SPYM

Screening and Assessment

**Withdrawal Management
& Detoxification**

**Counseling, Group Therapy
& Family Therapy**

**Just for Today
& 12 Step Program**

**Art & Music Therapy,
Dance Therapy**

Yoga and Meditation

**Games &
Sports for Development**

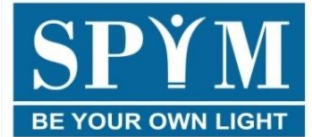
Child Parliament

Vocational Training

Life Skills Education

Follow Up

SPYM's POLICY & ADVOCACY EFFORTS: ACCOMPLISHMENTS



- SPYM has partnered with University of North Carolina (UNC) and All India Institute of Medical Sciences (AIIMS), Delhi conducting a study to assess the efficacy of our rehabilitation intervention program with children supported by INL, US Department of State
- Advocated and contributed in the **development of National Action Plan** on Drug Demand Reduction with new components of setting up treatment program for women and children in all the provinces of India.
- SPYM community peer-led intervention scaled up by the Ministry of Social Justice and Empowerment, Govt. of India

SPYM's POLICY & ADVOCACY EFFORTS: ACCOMPLISHMENTS

- SPYM's Outreach & Drop In Center (ODIC) model adapted and scaled up by the Government of India.
- SPYM advocated and succeeded in having Public Health set up of detoxification services for children and juveniles in Government hospitals - 60 beds reserved across six hospitals.
- SPYM develop modules for school children on drug demand reduction being implemented in schools across the country by Government of India.



SPYM RECOGNIZED WITH NATIONAL AWARD FOR CHILD WELFARE -2015
BY HONORABLE PRESIDENT OF INDIA SHRI PRANAB MUKHERJEE

Thank You

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