#### Ahmad Shah Program Manager, Drug Free Pakistan Foundation (DFPF)

# Engaging Young People in Peacebuilding and School Based Drug Prevention Intervention and Policies Programs -2017

In the Eight month Project "Engaging Young People in peacebuilding" under Drug Free Pakistan Foundation was continuously engaged in organizing and conducting teachers training, Youth Leadership Training and school programs in school based prevention intervention and peacebuilding and conflict resolution which supported by I AM Karachi Youth Initiatives Pakistan . In this project DFPF organized 01 teachers training, 10 students' awareness programs, and 01 Youth Leadership Training and 10 Peace Prevention Club in schools and 10 SMART projects implementation by youth in their respective Schools in eight month I AM Karachi Youth Initiatives project. They details are mentioned below:

## 5 Days Teachers Training on Engaging Young People in Peacebuilding and Drug Prevention Intervention Programs of Karachi, Pakistan



10 Student's Awareness Programs on Engaging Young People in Peacebuilding and Drug Prevention Intervention in Different Schools of Karachi, Pakistan





































3 Day Youth Leadership Training on Idea Generation for SMART Projects and Prevention cum Peace Clubs under the Project "Engaging Young People in Peacebuilding in their Own Schools of Karachi, Pakistan"













Prevention Peace Club Group Implemented by their SMART Project in their respective School about Drug Prevention, Peace and conflict Resolution through teambuilding Activity, Peace Walk, Presentation on Drug Prevention & Peace & Role Play Activity.

SMART Projects Implemented By Youth Leader				
S.No	Project Title	School Name	Prevention Peace Club Name	Participants
1	Prevention Peace Day in School	Ch.Rehmat Ali Girls Secondary School	Ch.Rehmat Ali Girls Secondary School Prevention Peace Club	25-30
2	Prevention Peace Campaign	Ibrahim Ali Bhai Girls Secondary School	Prevention Peace Active Club (PPAC)	25-30
3	Prevention Initiative for Peace	S.A.S Ibrahim Ali School N- N-T-18	Prevention Children Peace Club (PCPC)	25-30
4	Drug Prevention Peace Education Program	S.A.S Ibrahim Ali School	Best SMART Hard Group Club (BSHGC)	25-30
5	Prevention Walk for Peace	Ghausia Girls School N-N- 201	Unity Club (UC)	25-30
6	Drug Prevention & Peace Program	Allama Iqbal Girls Elementry School N-N-05	Star Club (SC)	25-30
7	Drug Prevention Peace Campaign	Ibrahim Ali Bhai Boys Secondary School S-S-2	Pakistan Prevention Aman Club (PPAC)	25-30
8	Drug Prevention Awareness Program	Ch.Rehmat Ali Boys Secondary School	Ch.Rehmat Ali Boys Secondary School Peace Prevention Club	25-30
9	Cleanliness Drive	Ch.Rehmat Ali Girls School	Ch.Rehmat Ali Girls Secondary School Prevention Peace Club	25-30
10	Agent of Change	Ibrahim Ali Bhai Girls High Secondary School	Prevention Peace Active Club (PPAC)	25-30





































### **PROGRAM SUMMARY**

These "Engaging Young People in Peacebuilding" and School based drug prevention intervention in different Schools of Karachi were the resultant of teachers training program. Being as prevention professional sensitized teachers and students and youth about the dangerous psychoactive substances and also told them how to prevent their children from its ill effects and how to bring peace in a society. The role of family, teachers' and youth was also discussed as a prior most preventive measure, because family is the first social place which develops a child's personality. Parents were told that special guidance should be provided to the children of developing age (adolescence), it is that crucial time when mostly children chooses the wrong way to fulfill their needs and also move towards drugs due to lack of attention. I myself provide the evidence based education what I have learned from Universal Prevention Curriculum (UPC) especially school based and community based prevention tracks.

They were aware of the psychoactive substances used commonly in their surroundings but had no idea of its horrible effects on health. They realized the importance of having a strong personality and also made a promise that they will carefully and responsibly deal with their children to protect them from the stigma of drug addiction. In the end Teachers, Student's and youth were motivated to first change themselves to become a role model for other and then to bring change in their surrounding and society

### **PROBLEM ENCOUNTERED**

The Main problem that I faced in almost all schools was Government understanding English, lack of the electricity and to counter this problem being as prevention professional organization the generator to provide electricity for the proper use of audio visual aid.

#### **PROGRAM EVAULATION**

The school staff was cooperative and welcomed our PROGRAMS whole heartedly. Students mentioned Psychoactive substances as the most commonly used in their school and community and surroundings and were highly motivated to keep the program forward with an aim to vanish the curse of psychoactive substances from their society. They realized the importance of their own health and also assured us that they will find their anti-drug in life to prevent themselves from any sort of addiction. They also shared the stories of their relatives who used psychoactive substances and in result some lost their health and some lost their life. They were highly motivated after the program and made a promise to propagate this knowledge with their parents, friends and with other family members. Those teachers, students and youth who were trained under our teachers, students and youth training program already prepared their students, they had checked their bags and pockets and made all possible efforts to keep their students, drug free own self first then drug free school then drug free world and we are young Peaceful champions as team we eliminated bad things in our society