



## ISSUP Newsletter: Issue 15

This week **ISSUP staff came together for this year's second full staff meeting in Windsor, UK**. Over the course of three days, the group of eight reviewed the organisation's progress in line with the deliverables as set out in the 2016/2017 work plan, before setting to work on planning to build on the past year's achievements. Find out more about the meeting by clicking the link below.

In recent years, it has become evident that in order to better understand substance use disorders and its implications for physical and mental health, a multidimensional approach is needed. This edition includes an article that **explores dual disorders**, a term for when someone experiences a **mental illness and a substance use disorder simultaneously**. This edition also features new research funded by the [National Institute on Drug Abuse \(NIDA\)](#) that has found that **university students who regularly consume energy drinks are more likely to develop alcohol use disorders later in life**.

To keep up-to-date with the latest news, resources and events in substance use prevention and treatment, follow us on [Facebook](#) and [Twitter](#), and visit [our website](#). Are you looking for a platform to share, discuss and learn about matters within the prevention and treatment fields? Head over to our [Forum](#) and join in discussions about related topics with our members.

If there's anything else you'd like to read about in our newsletter or see on our website, please feel free to email us at [info@issup.net](mailto:info@issup.net).

## Check out our latest stories



[ISSUP Looks to Build on Past Year's Achievements](#)



[Energy Drinks, Drug Use and the Developing Brain](#)



[Dual Disorders: A New Way to Think about Addiction?](#)

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## Knowledge Share: What's new this month?

- [Guidelines for the Evaluation of Drug Prevention](#)

- [The Importance of Nutrition for Recovery from Addiction](#)
- [Why Are Females More Sensitive to the Effects of Cocaine?](#)
- [How States Are Tackling the Opioid Crisis](#)
- [Worrying Substance Use Trends among over 50s](#)
- [Economic Hardships and Patterns of Drug Consumption in Europe](#)
- [More Reasons to Move: Exercise in the Treatment of Alcohol Use Disorders](#)



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## Upcoming Events

September

[2017 European Society for Prevention Research \(EUSPR\) Conference](#)

[Mental Health For All Conference 2017](#)

[Webinar: Alcohol Interventions for Males on Remand in Prison](#)

[The National Substance Misuse Conference 2017](#)

October

[Lisbon Addictions 2017](#)

[2017 Addiction Health Services Research Conference](#)

[5th International Conference on Novel Psychoactive Substances](#)

[19th International Society of Addiction Medicine Annual Conference](#)

[Global Alcohol Policy Conference](#)

Click [here](#) to find more events near you

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