**Monthly Report**

**Webinar and mentorship to the CHILD trainees in South Asia**

**Date:** June 25, 2019 **Time:** 6:30AM – 7:30AM EST USA

**Type of Meeting:** Webinar **Frequency:** Monthly

**Organizer**:

Dr. Hendree Jones

**Agenda Items:**

1. Welcoming Remarks
2. Didactic presentation on what is new in Motivational Interviewing
3. Case study from Afghanistan
4. Q&A
5. Discussion
6. AOB

**Discussion**

Dr. Jones welcomed participants and thank everyone for joining the webinars. She briefed participants on agenda for the webinar. She added that today we will have a didactic presentation on what is new in motivational interviewing and a case study.

**Didactic presentation**

Dr. Hendree Jones presented on change talk and sustain talk where she talked about the preparatory change talk and mobilizing change talk. Preparatory change talk like expressing desire and ability or reason that why client wants to change. Mobilizing change talk is the movement when client talk in favor of change such as “I will”, “I promise”… Sustain talk is language that is an argument against change. In sustain the client use the same desire, ability or reasoning but against change for e.g. “ I just love smoking and how it makes me feel” or “smoking helps me to relax”.

At the end of the didactic presentation participants were given the chance to ask questions.

**Case Study presentation**

Dr. Abdul Subor Momand presented a case study of a 16 years old boy from Afghanistan who were deported from Iran and have had used tobacco, Marijuana, Opium, Heroin and Meth.

The child was born in Iran He was born in Iran and studied till grade 2 and his father was using drugs and his son was taking father’s drug in hidden and using it. Finally the child/son become dependents on drug. On day both father and son were deported from Iran and both continued their drug use in Kabul under Pule Sokhta bridge. Outreach team motivated the child for drug treatment, after motivation the child was brought to the treatment center. As the child was using high dose of drug, his detoxification was very hard. After detoxification he got a lot of psychiatric symptom such as sadness and ect. For which received medication and he was referred to a psychologist as well. He had sexual problem and was sexually abused for which individual counseling sessions were conducted.

Some challenges comes from the treatment center were that after completion of the treatment duration and the outreach team take the child to the family but his father moved from the previous house. Now the case manager is trying to find his family if not, he may refer the child to a social affairs center

**Discussion:** Dr. Sandeep from India added that when we are working with children we need to involve their families. That will enhance the treatment outcomes and after treatment the family can take care of the child.

**Next webinar**

* Ms. Sadia from Pakistan will present a case study in the next webinar
* However, we send e-mail and whatsapp text to the group of trainers in Asia. We need to find a way to have more people in the webinar.

**Highlights**

* Didactic presentation was on what is new in Motivational Interviewing was well presented.
* A case was presented from Afghanistan by Dr. Abdul Subor Momand and participants discussed how to further improve our services
* Ms. Sadia will present a case in the month July 2019.

**End**