



Prevention practice - reality check

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.... Approx. 10 years ago



The evaluation study in Slovenia

- ► In Slovenia, the Institute for Research and Development UTRIP with the collaboration of OED Institute in Torino, organized the evaluation and implementation of Unplugged during the school year 2010-2011.
- Designed as a NON-randomized controlled study.
- ▶ 47 schools accepted to participate in the evaluation study.

Conclusions

- In the Slovenia evaluation study, the Unplugged program was effective in reducing the prevalence of use of cigarette smoking, alcohol use, and drunkenness episodes.
 - ▶ with reduction of prevalence in the intervention vs control pupils of 45-87%
- ▶ It reduced intentions to use in the next year, with reductions 50-82%.
- it improved refusal skills towards cigarettes, alcohol and cannabis.
- Mechanisms of effect (mediation analysis) of the program should be studied.
- The results confirm those of previous studies and add evidence to recommend Unplugged as effective prevention program.







2 parallel realities

- New prevention programmes : (Unplugged), prevention programme for parents

EFFEKT, family based prevention programme SFP (6-11). Communitites That Care, Boys & Girls (a prevention programme bacreatively engage teens on healthy lifestyles ar related to illicit drug use), "Learning to be" - s STAD project (multicomponent community-base alcohol), Club Health standards (nightlife)

numerous seminars, workshops, conferences

EDPQS (European drug prevention quality sta UNESCO, articles, books.....

When you learn a little, you feel you know a lot. but when you learn a lot, you realize you know very little.

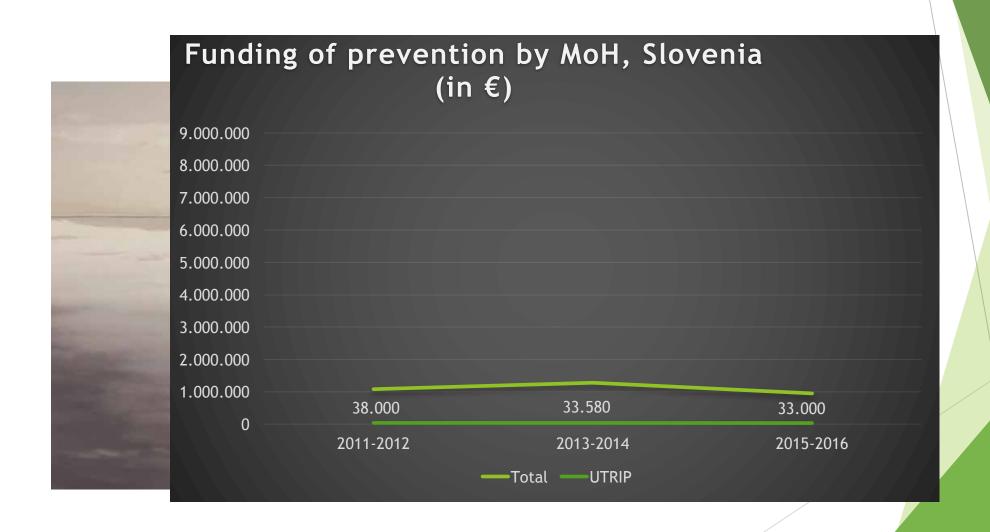
Partners in many projects

Naziv projekta	Obdobje	Vloga (UTRIP)	Program sofinanciranja
Recreational culture as a tool to prevent risk behaviours ("Recreational-Prev")	2005-2008	Partnerji	1st Public Health Programme (2003-2008)
Promotion of social and personal skills in socially unprivileged young adults ("ProSkills")	2006-2008	Partnerji	Lifelong Learning Programme (Grundtvig)
Strengthening Engagement in Public Health Research« (STEPS)	2009-2011	Sodelujoči partnerji (pogodba)	7 th Framework Programme
Club Health - Healthy and Safer Nightlife of Youth ("Club Health")	2009-2012	Koordinatorji	2 nd Health Programme (2008-2013)
Alcohol Measures for Public Health Research Alliance (AMPHORA)	2009-2013		7 th Framework Programme
EU-Dap: TOT cluster trainings		33)	Drug Prevention & Information Programme (DPIP)
Triangle project (Youth and advocacy in the field of alcohol policy)	2013-2014		Youth in Action / Mladi v akciji
Making CTC work at the European level	2013-2015	Sodelujoči partnerji (aktivna vloga)	Prevention of and Fight Against Crime
(CTC- Europe) Society for Prevention Academic Network (SPAN)	2013-2016	Partnerji (vodje delovnega paketa) Upravljanje s projektom (M. Košir)	Programme Lifelong Learning Programme
Let it hAPYN! - Empowering the Youth Sector with a better overview of evidence-based alcohol intervention programmes	2013-2016	Partnerji (vodje delovnega paketa)	3rd Health Programme
Boys and Girls Plus: Raising awareness among teenagers on risks associated with drug use through an innovative prevention methodology based on the web series Boys and Girls	2014-2016	Partnerji	Drug Prevention & Information Programme (DPIP)
Study on alternatives to coercive sanctions as response to drug law offences and drug-related crimes (RAND Europe)	2015-2016	Pogodbeni partnerji	European Commission, Directorate-General Migration and Home Affairs (tender)
Implementing a prevention training curriculum in Europe: Adaptation and Piloting (UPC-Adapt)	2016-2018	Partnerji (vodje delovnega paketa)	Justice Programme (DPI)
Civil Society Involvement in Drug Policy (CSI)	2016-2018	Partnerji	Justice Programme (DPI)
STAD in Europe (SIE)	2016-2019	Partnerji (vodje delovnega paketa)	Brd Health Programme
Learning to Be: Development of Practices and Methodologies for Assessing Social, Emotional and Health Skills within Education Systems (Learn.28e)	2017-2020	Partnerji (vodje delovnega paketa)	Erasmus+ Programme



movie: cool runnings

....and second one

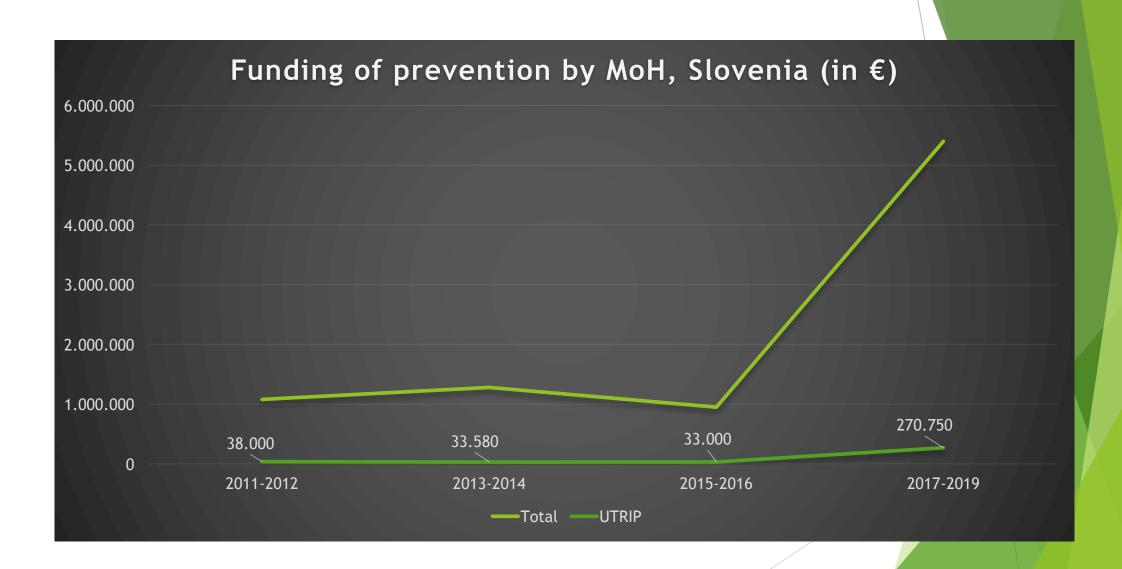






"If you believe that anything is possible and you deserve success, then you will be closer to where you want to get to."









By trying to impress everyone else and playing the part others want you to play, you miss out on the activities that truly make you feel fulfilled.

- ► Faces of prevention (our attitude, professionalism WHO AM I To TELL people that they are doing it wrong!!!, proactive role, creativity, 100% trust in prevention science, behaviour live what you teach);
- Creating a need for prevention!
- Networking/new projects



for quality in prevention

Building effective drug prevention results across Europe, based on prevention systems analysis and widespread professional training



The ASAP training project will work to identify the strength and weaknesses of the different EU countries prevention systems and the implementation of training interventions to spread the European Drug Prevention Quality Standards

ASAP-TRAINING PROJECT AIMS TO PROMOTE

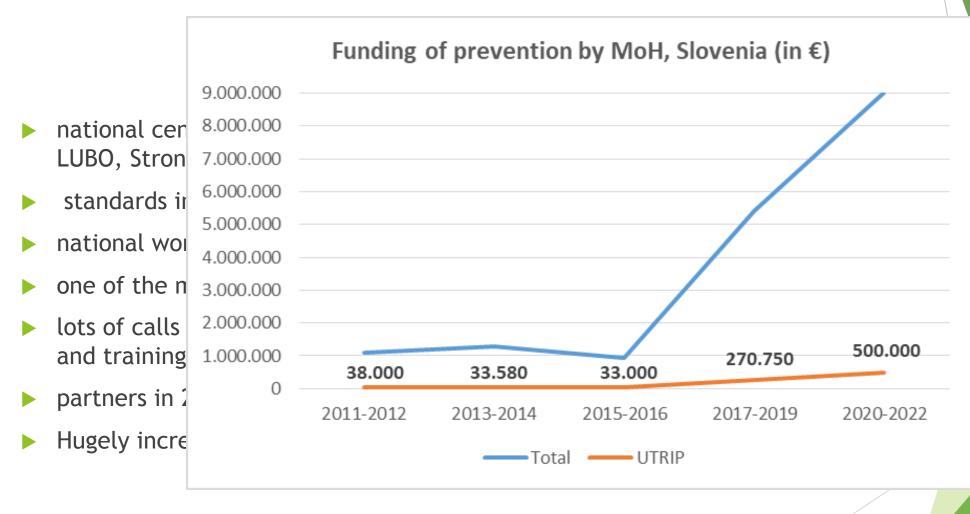
- System and complex approach to drug prevention identifying key stakeholders and conducting system analysis for the EU countries:
- Prevention workforce competencies and skills on quality standards and prevention science through the design and implementation of a two-layered training process (training for Master trainers and Drug Prevention professionals);
- The adaptation of quality standards in the different country systems applying existing guidelines.
- Mechanisms to allow sustainability of project activities through creation of stakeholders networks (thanks to a Virtual Community of Practice - VCP supported by a digital Platform).



- Countries' stakeholders map
- Countries' prevention system profile
- Designed training on main prevention science topics and prevention quality standards
- Tools and support for online learning and best practices sharing in order to improve the quality of preventive work.

www.asap-training.eu

Some of our results



"No simple solution"

"For every complex problem there is an answer that is clear, simple and wrong." H.L. Mencken

pipi in Andrej so prijatelji iz blokovskega naselja, skupaj prezi

Miha se je pred nekaj dnevi mudil v kuhinji, ko je opazil, da na mizi pži škatlica cigaret ter da niti mame niti očeta ni v bližini. Roka se mu a pred zaprepaščenimi očmi stegnila, sunila tri cigarete, jih vtaknila v hlačni žep, Mihove noge so se kar same dvignile, vzele Miho s seboj in odšle na dvorišče. Tam so Mihove oči sumljivo pogledale naokrog, opazile Pipija in Andreja, Mihov jezik je ohromel, nato pa so Miho že nosile med cevi in ga čez čas odložile v najbolj skrito cev. Roka je segla vžep, izvlekla cigarete in eno vtaknila Mihi v usta. Miha je sedel kot kup nesreče in se čudil vsemu, kar so njegove lastne roke, noge in ostali organi počeli z njim.

Če imaš cigareto že v ustih, jo je treba pokaditi. Samo prižgati jo je še treba. Bi bilo malo nerodno, če bi se Miha s cigareto v ustih pojavil na cesti, ustavil kakšnega možakarja in vprašal:

»Imate morda ogenj?«

Možakar bi ga najbrž imel, ne ve pa se, na katero mesto bi ga odložil. Zato je Miha cigarete lepo skril ob cev ter se naslednjega dne tihotapil proti cevi z vžigalicami v žepu.

Ko je prižgal in potegnil, ga je vrglo v zrak, nato pa so ga stresali: kašelj, davljenje, kihanje, jok in podobne nevšečnosti. Prava sreča je, da delavci niso zidali tudi popoldne, kajti odneslo bi jih na vse konce sveta, ko bi opazili betonsko cev, ki kašlja, se davi, kiha, se duši in se joče.

Vsak pošten mulc je do kraja trmast mulc. Miha je seveda zelo pošten Mulc. Zato je sklenil, da bo tiste tri cigarete pokadil, pa če se svet razpoči. Svet se ni razpočil, pač pa sta ga Pipi in Andrej opazila, sledila in

izsledila.

»Baraba!« je rekel Andrej, »kadi in nama ne ponudi.«

Miho je peklo v grlu in v očeh in je vedel, da si bo to zapomnil. Ampak

Dolgo sta tuhtala, potem pa se je Pipiju posvetilo. Šla sta iskat vsak po Onec v prad en lonec v pralnico. Napolnila sta ju z vodo in se začela bližati Mihovi cevi, iz katere so iz iz katere se je sukljal dim. Nato sta se razdelila in šla vsak na eno stran.

Miha je bil zelo zaseden s kajenjem in ni preveč pazil in oprezal naokrog.

Nato je nebo preparal Andrejev krik: »Joj, gori, na pomoči« Kriku je sledil močan pljusk vode, ki je zadel Miho v glavo. Miha je planil na drugo stran cevi. To se je ujemalo s Pipijevimi predvidevanji. ki je sekundo pred tem zakričal: »Joj, gori, na pomoč!«

Kriku je sledil pljusk vode, ki je zadel iz cevi dirkajočega Miho. »Aaaaaaaa, aaaa, a vidva sta?« je rekel Miha, moker kot cunja na nt IOGT International

dnu morja.

Stvarna pojasnila

presenečen, osupel

zaprepaščen - neprijetno

»Ja, oprosti, Miha, midva sva mislila, da je požar,« je rekel Andrei.

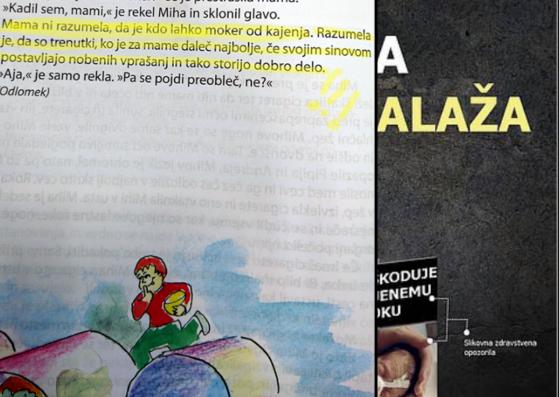
»Ni bil požar,« je rekel Miha in šel molče domov.

»Kaj pa je, saj si ves moker?« se je prestrašila mama.

Mama ni razumela, da je kdo lahko moker od kajenja. Razumela pa je, da so trenutki, ko je za mame daleč najbolje, če svojim sinovom ne postavljajo nobenih vprašanj in tako storijo dobro delo.

»Aja,« je samo rekla. »Pa se pojdi preobleč, ne?« (Odlomek)

#RigTobacco defeated in Slovenia today. Plain nackacking not postponed win for public health & Brez izgovora Slovenija able Development a javno zdravje, okolje in e - NIJZ Ministrstvo za Smoking and Tobacco Regional Office for Free Kids ...



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