



preventivna platforma



Prevention practice - reality check

Sanela Talić

Vienna, 3rd July, 2019



I am feeling very
Olympic today

.... Approx. 10 years ago

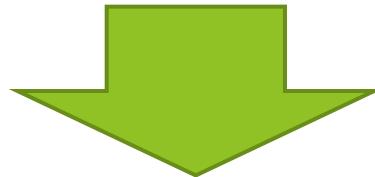


The evaluation study in Slovenia

- ▶ In Slovenia, the Institute for Research and Development UTRIP with the collaboration of OED Institute in Torino, organized the evaluation and implementation of Unplugged during the school year 2010-2011.
- ▶ Designed as a NON-randomized controlled study.
- ▶ 47 schools accepted to participate in the evaluation study.

Conclusions

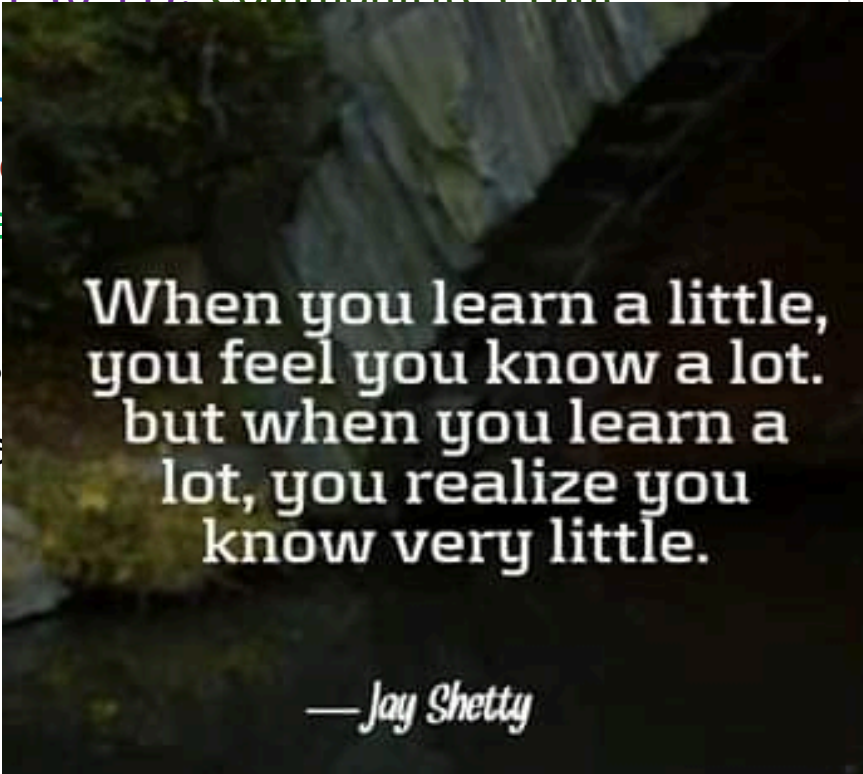
- ▶ In the Slovenia evaluation study, the Unplugged program was effective in reducing the prevalence of use of cigarette smoking, alcohol use, and drunkenness episodes.
 - ▶ with reduction of prevalence in the intervention vs control pupils of 45-87%
- ▶ It reduced intentions to use in the next year, with reductions 50-82%.
- ▶ it improved refusal skills towards cigarettes, alcohol and cannabis.
- ▶ Mechanisms of effect (mediation analysis) of the program should be studied.
- ▶ The results confirm those of previous studies and add evidence to recommend Unplugged as effective prevention program.





2 parallel realities

- New prevention programmes : (Unplugged), prevention programme for parents EFFEKT, family based prevention programme SFP (6-11), Communities That Care, Boys & Girls (a prevention programme based on research that creatively engage teens on healthy lifestyles and behaviors related to illicit drug use), „Learning to be“ - social skills training, STAD project (multicomponent community-based approach to reduce alcohol), Club Health standards (nightlife)
- numerous seminars, workshops, conferences
- EDPQS (European drug prevention quality standards) UNESCO, articles, books.....



When you learn a little,
you feel you know a lot.
but when you learn a
lot, you realize you
know very little.

— Jay Shetty

► Partners in many projects

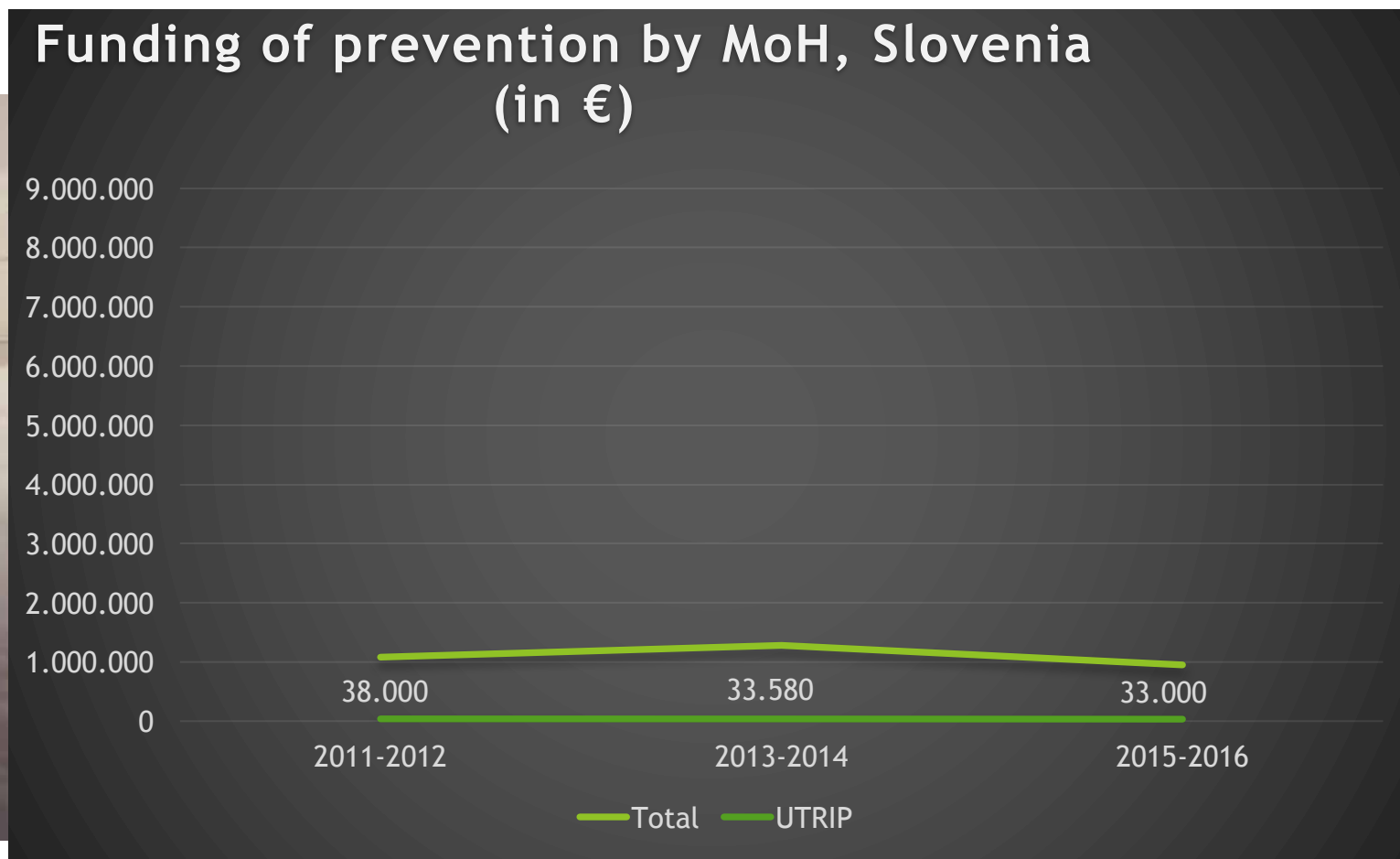
Naziv projekta	Obdobje	Vloga (UTRIP)	Program sofinanciranja
Recreational culture as a tool to prevent risk behaviours ("Recreational-Prev")	2005-2008	Partnerji	1 st Public Health Programme (2003-2008)
Promotion of social and personal skills in socially unprivileged young adults ("ProSkills")	2006-2008	Partnerji	Lifelong Learning Programme (Grundtvig)
Strengthening Engagement in Public Health Research- (STEPS)	2009-2011	Sodelujoči partnerji (pogodba)	7 th Framework Programme
Club Health - Healthy and Safer Nightlife of Youth ("Club Health")	2009-2012	Koordinatorji	2 nd Health Programme (2008-2013)
Alcohol Measures for Public Health Research Alliance (AMPHORA)	2009-2013		7 th Framework Programme
EU-Dap: TOT cluster trainings			Drug Prevention & Information Programme (DPIP)
European Family Empowerment (EFE)			Drug Prevention & Information Programme (DPIP)
Triangle project (Youth and advocacy in the field of alcohol policy)	2013-2014		Youth in Action / Mladi v akciji
Making CTC work at the European level (CTC- Europe)	2013-2015	Sodelujoči partnerji (aktivna vloga)	Prevention of and Fight Against Crime Programme
Society for Prevention Academic Network (SPAN)	2013-2016	Partnerji (vodje delovnega paketa) Upravljanje s projektom (M. Košir)	Lifelong Learning Programme
Let it hAPYNI! - Empowering the Youth Sector with a better overview of evidence-based alcohol intervention programmes	2013-2016	Partnerji (vodje delovnega paketa)	3rd Health Programme
Boys and Girls Plus: Raising awareness among teenagers on risks associated with drug use through an innovative prevention methodology based on the web series Boys and Girls	2014-2016	Partnerji	Drug Prevention & Information Programme (DPIP)
Study on alternatives to coercive sanctions as response to drug law offences and drug-related crimes (RAND Europe)	2015-2016	Pogodbeni partnerji	European Commission, Directorate-General Migration and Home Affairs (tender)
Implementing a prevention training curriculum in Europe: Adaptation and Piloting (UPC-Adapt)	2016-2018	Partnerji (vodje delovnega paketa)	Justice Programme (DPI)
Civil Society Involvement in Drug Policy (CSI)	2016-2018	Partnerji	Justice Programme (DPI)
STAD in Europe (SIE)	2016-2019	Partnerji (vodje delovnega paketa)	3rd Health Programme
Learning to Be: Development of Practices and Methodologies for Assessing Social, Emotional and Health Skills within Education Systems (Learn2Be)	2017-2020	Partnerji (vodje delovnega paketa)	Erasmus+ Programme
Solidify (EFUS)	2017-2019	Partnerji (vodje delovnega paketa)	Justice Programme (DPI)
Civil Society Forum on Drugs (A. Liffey)	2017-2019	Partnerji (vodje delovnega paketa)	Justice Programme (DPI)





movie: cool runnings

....and second one



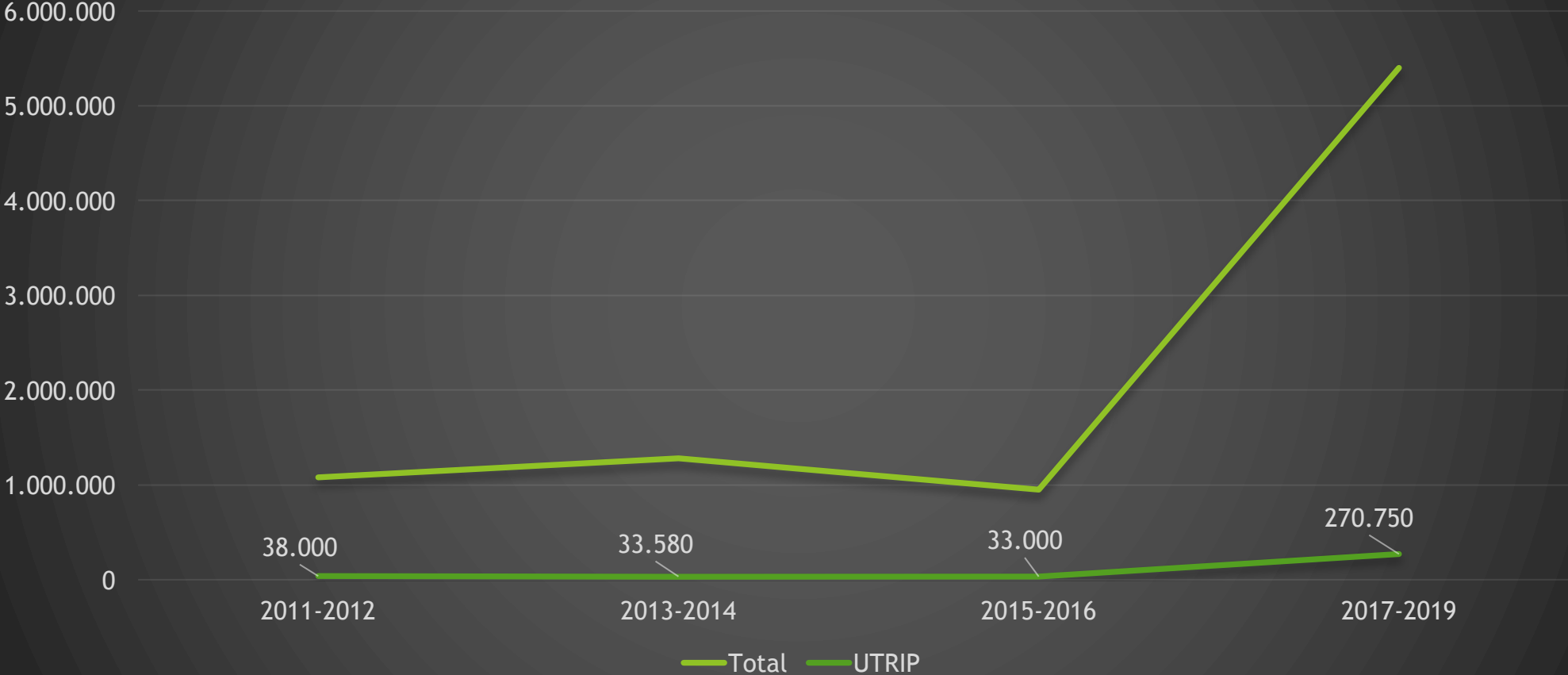


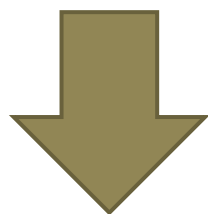


„If you believe that anything is possible and you deserve success, then you will be closer to where you want to get to.“



Funding of prevention by MoH, Slovenia (in €)





advocacy

By trying to impress everyone else and playing the part others want you to play, you miss out on the activities that truly make you feel fulfilled.


- ▶ Faces of prevention (our attitude, professionalism - **WHO AM I To TELL people that they are doing it wrong!!!**, proactive role, creativity, 100% trust in prevention science, behaviour - live what you teach);
- ▶ Creating a need for prevention!
- ▶ Networking/new projects



**Building effective drug prevention
results across Europe, based on
prevention systems analysis and
widespread professional training**



The ASAP training project will work to identify the strength and weaknesses of the different EU countries prevention systems and the implementation of training interventions to spread the European Drug Prevention Quality Standards



ASAP-TRAINING PROJECT AIMS TO PROMOTE

- ✓ System and complex approach to drug prevention identifying key stakeholders and conducting system analysis for the EU countries;
- ✓ Prevention workforce competencies and skills on quality standards and prevention science through the design and implementation of a two-layered training process (training for Master trainers and Drug Prevention professionals);
- ✓ The adaptation of quality standards in the different country systems applying existing guidelines.
- ✓ Mechanisms to allow sustainability of project activities through creation of stakeholders networks (thanks to a Virtual Community of Practice - VCP supported by a digital Platform).

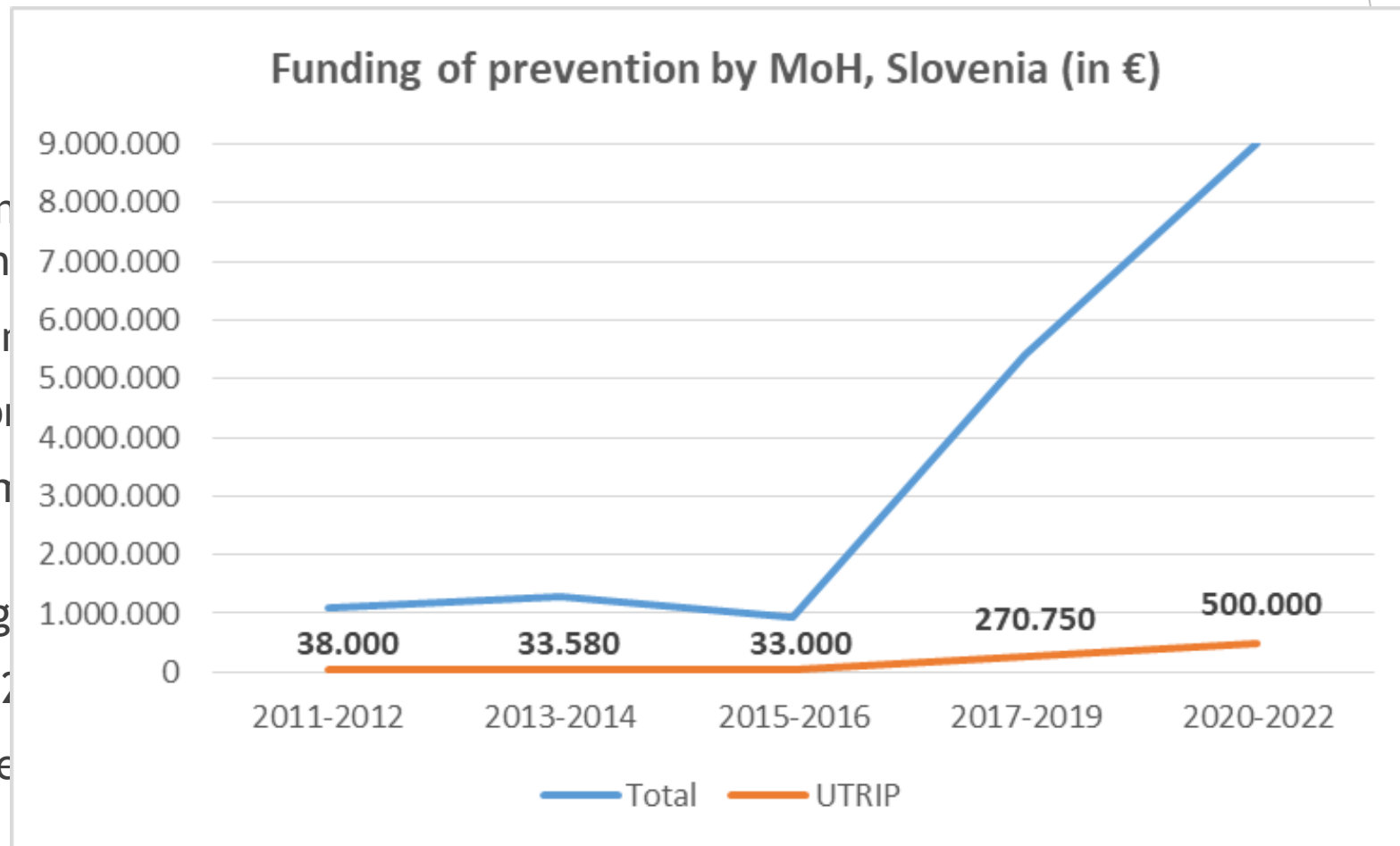


EXPECTED RESULTS

- ✓ Countries' stakeholders map
- ✓ Countries' prevention system profile
- ✓ Designed training on main prevention science topics and prevention quality standards
- ✓ Tools and support for online learning and best practices sharing in order to improve the quality of preventive work.

Some of our results

- ▶ national center for LUBO, Strong
- ▶ standards in
- ▶ national work
- ▶ one of the most
- ▶ lots of calls and training
- ▶ partners in 2
- ▶ Hugely incre



„No simple solution“

„For every complex problem there is an answer that is clear, simple and wrong.“

H.L. Mencken

Matej Košir / Sanela Talić

Inštitut "Utrip"

Trubarjeva cesta 13

1290 Grosuplje

E-mail: info@institut-utrip.si

webpage: www.preventivna-platforma.si

