

EUPC: The European Universal Prevention Curriculum Adaptation and Training

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**International Conference
on Drug Prevention,
Treatment and Care:
Inspiration & Direction**



EMCDDA

Vienna July 1 - 5, 2019
Vienna International Centre, Austria

**HO
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“Objective: train prevention professionals with standardized curriculum”



- *EUPC: targeting DOP*
- *DOP: Decision makers, Opinion leaders, Policy makers*
- *Policy makers ≠ necessarily politicians or mandatories*
- *Local and regional experts that make D-O-P*
- *At policy level: the professional who advises the policymaker*
- *Not (yet) the field prevention workers*

Objectives

- Prevention effectiveness depends on

availability

people who implement

level of training

- Quality standards for staff and training
- Train prevention profs with standardized curriculum
- Indicators of achievement:
 - Established European curriculum
 - Cascade training model lead to operationalisation of QS
 - Translate universal QS to prevention practice floor
 - Construction 9 country teams cooperating in EUSPR



EU-Justice Project 1 jan 2017 - 31 dec 2018

11 partners

acad ngo gov

5 int'l institutes

- **Hogeschool** Gent
- **Univerzita** Karlova v Praze
- **University** of Zagreb
- **Universitat** de les Illes Balears UIB
- **Instytut** Psychiatrii i Neurol. Warsz. IPIN
- Azienda Sanitaria **Locale** N. 2 Savonese
- ATS- **Città** metropolitana di Milano
- Tervise Arengu **Instituut**
- Panstw. **Agencja** Rozwiaz. Probl. Alkoh. PARPA
- **Institute** for Research and Development UTRIP
- **Finder** Prevention and Drug Science

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EMCDDA



EUSPR



UNODC



ISSUP



APSI



Mapping of existing courses in EU

- **Science for Prevention Academic Network database** mapping academic prevention science courses across Europe (SPAN, 2013) 
- **UPC-Adapt mapping** May – July 2017: academic + non-academic prevention science and practice courses assembled through project partners
- **#244 courses** in 21 EU countries

Mapping results

Only 11% A&D

Mostly: public health
behavioral problems
mental health

177/244 > two topics.

Only 14% exclusively in English.

Translation in EU languages is needed

Most courses have 4 or less perspectives

4/244 have all perspectives of prev science

50% research as such

>70% academic courses

Related to EUPC

Focus substance use

Applicable to other risk behaviour

Different prevention settings

Edited and distributed EU27 in English
Translated in 9 partner countries

Range of perspectives

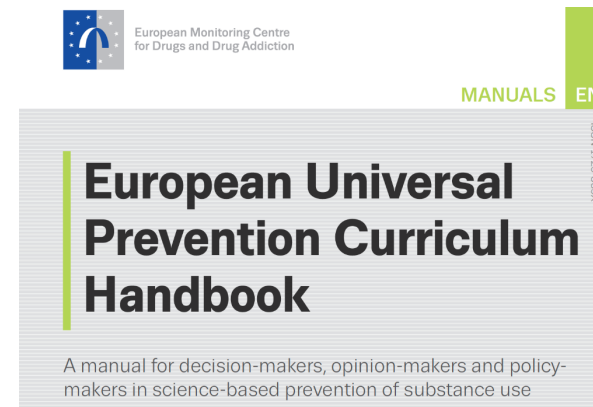
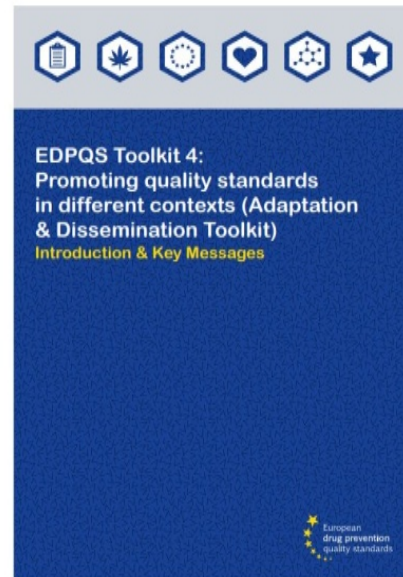
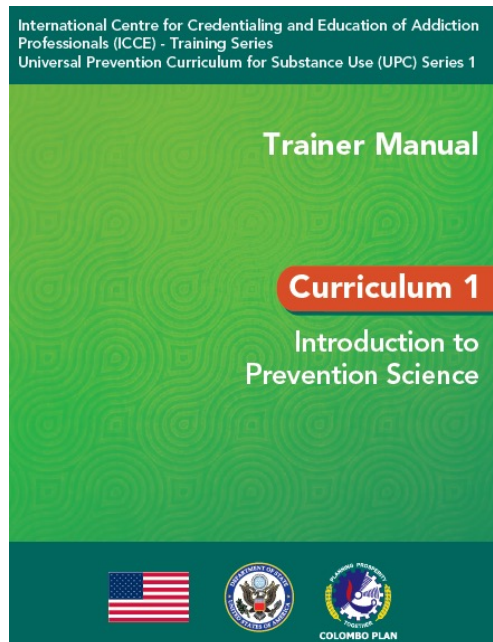
Research+ practice, policy and quality standards

targeting DOP

academic and non-academic

Handbook adaptation

- Method based on **EDPQS**
- Toolkit 4 “Promoting quality standards in different contexts”
- Step 3: Undertaking the adaptation




Handbook adaptation

Revision of original UPC module 1 for the general chapters

Repeat process for the ***specific*** modules: family, school, workplace, environment, media, community

Valentina HR: “building a foundation to know more, not teaching condensed knowledge”

- Downsize the content
- Select eligible content, categorize possible adaptations
- Review with partners and experts
- Reach consensus at Savona 2017 meeting
- Review after pilots training
- Final editing with  EMCDDA to publish

Significant themes determined

- ***definition of substance use***

use of psychoactive substances that affect feelings, perceptions, thought processes, and/or behaviour

EUPC avoids use of the term 'substance abuse' (*ambiguous concept, might be viewed as judgemental*)

- ***science of prevention***

understanding of the factors associated with the initiation and progression of substance use

evidence-based interventions, strategies and policies

international standards

developmental stages

Significant themes determined

- ***Influencing factors***

result of interactions between environmental factors and the characteristics of individuals

may be the result of failed socialisation

- ***Prevention settings***

evidence-based prevention interventions are designed to positively intervene in different environments

- ***Multidisciplinary***

be aware of information from a wide range of disciplines, including epidemiology, sociology, and psychology.

to be applied in data collection, need and risk assessment, convene groups, persuade and advocate, implement, monitor and evaluate, develop logic to select interventions, adapt with fidelity

Chapters

PART ONE: GENERAL CONCEPTS

- 1. Epidemiology**
- 2. Foundations of prevention science and evidence-based prevention interventions**
- 3. Evidence-based prevention interventions and policies**
- 4. Monitoring and evaluation**

PART TWO: PREVENTION APPROACHES IN DIFFERENT SETTINGS

- 5. Family-based prevention**
- 6. School-based and workplace-based prevention**
- 7. Environmental prevention**
- 8. Media-Based prevention**
- 9. Community-based prevention**
- 10. Advocacy**

Categories of Adaptation

Surface adaptation: places, examples, data, expressions, idioms

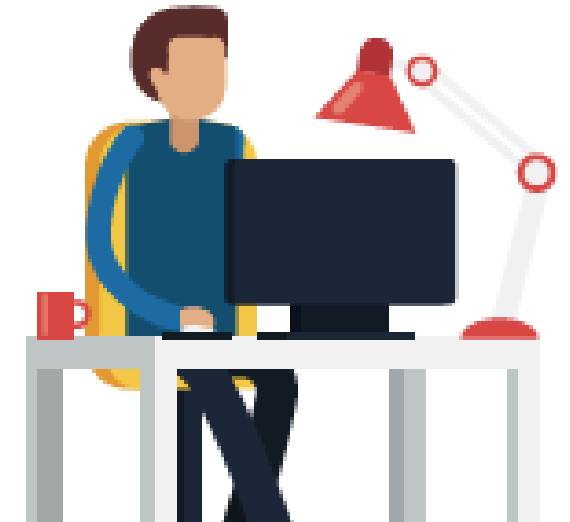
Deep adaptation

Context: re social and political organisation

Culture: re norms and values

Technical: graphics or illustrations

Content: remove, change, add without
altering core elements



Context adaptations

- Concept of *community, society* and *community*-based
- Lack of skills how to advocate for prevention
- Nightlife prevention setting
- How to communicate with media on prevention more than building media prevention intervention



Cultural adaptations

- More *risky* over *negative* behaviours
- More *substance* over *drug*
- Avoid *legal/illegal* differentiation
- More opening to *process* over *interventions* re focus of EDPQS
- More ethical *dilemmas* over ethical *behaviour*
- More focus on prevention of *substance use problems* over prevention of *substance use* or abuse
- Avoid framing addiction as a *brain disease*, but affirm *effects* on body and brain

Documenting rationale adaptations

Adaptation items	Rationale
<ul style="list-style-type: none"> • Exclusion of workplace module as separate chapter, include in school-based prevention chapter • Exclusion of physiology and pharmacology (later: insert again focus on body & brain) • Focus more on ethical issues a prevention worker can encounter instead of behavioral ethical issues • Include more content on quality of staff in chapter on quality standards 	<ul style="list-style-type: none"> • <i>Both are considered being a micro-level prevention context</i> • <i>Presumed basic knowledge on these topics by target group.</i> • <i>As suggested by core group, but also as an outcome of focus groups (needs)</i> • <i>EDPQS: need of a means to contribute to a higher quality of staff through standardization of prevention training in Europe.</i>

EUPC Handbook and 3 training toolkits



European Monitoring Centre
for Drugs and Drug Addiction

MANUALS EN

European Universal Prevention Curriculum Handbook

ISSN 1725-339X

A manual for decision-makers, opinion-makers and policy-makers in science-based prevention of substance use



EUROPEAN PREVENTION CURRICULUM ONLINE TRAINING

Trainer's guide



EUROPEAN PREVENTION CURRICULUM DOP TRAINING

Trainer's guide for the joint version of the
elementary (2 days) and advanced (3 days) training
for Police, Customs and Border Guards



EUROPEAN PREVENTION CURRICULUM ACADEMIC TRAINING



Training in three modules: **EUPC**

DOP version

Two + Three Days Training, 20 pax

Academic version

30 hrs in 8 lessons lecture, exercise, assignment, group work, cases

Online version

Teaser, ten 20' chapter lectures, study support material



Training toolkit design for DOP version

- Based on UPC Module 1 training and EUPC handbook
- **Focus groups #115** stakeholders °mid 2017
 - Importance given to prevention
 - Prevention training needs
 - Feedback on EUPC
- **Pilot training #116** pax °spring 2018
 - training helpful for prevention planning activities
 - opportunity to discuss and integrate knowledge
 - advocacy and media highly appreciated

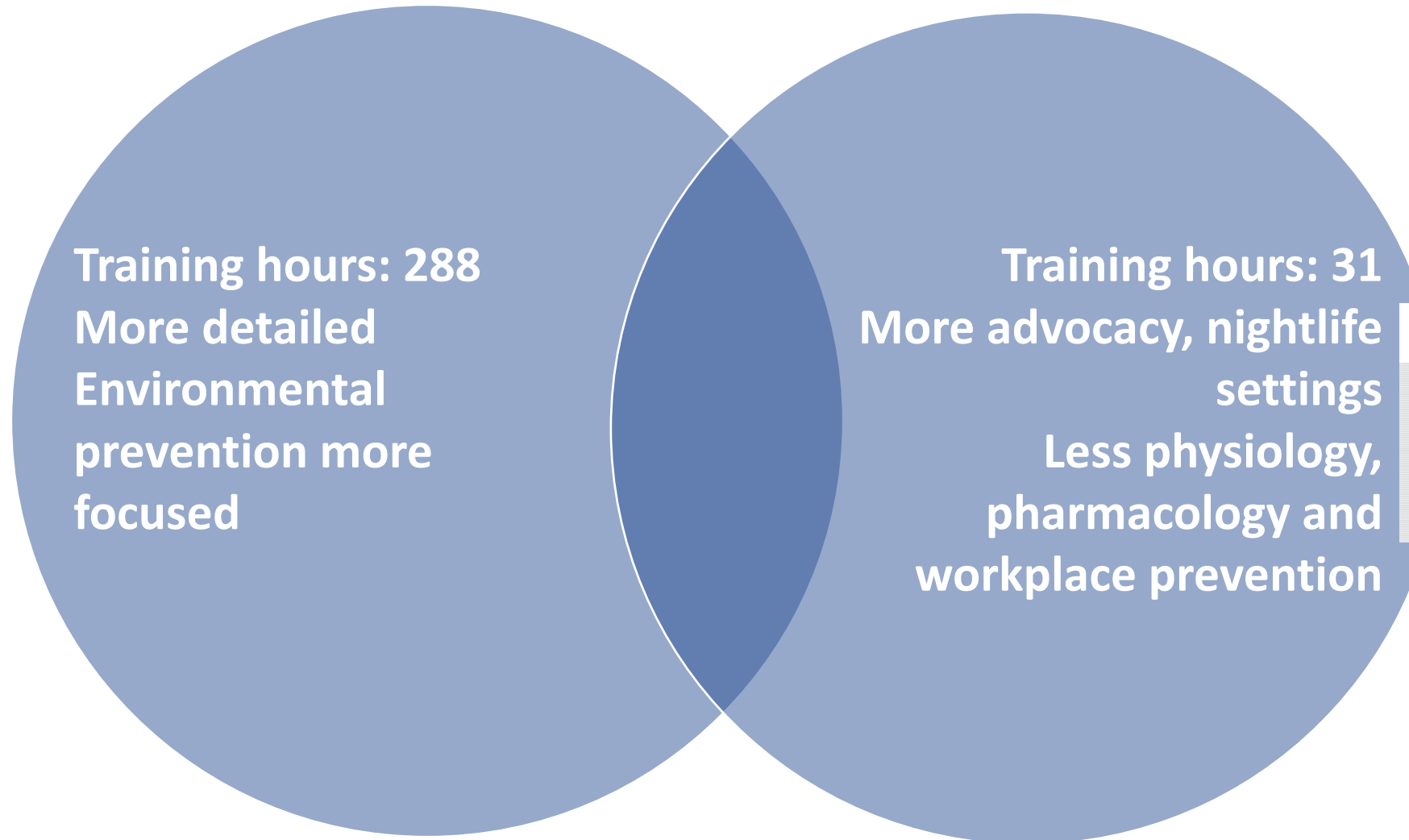


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EUPC DOP training affinities



EUPC DOP training differences



Columbo Plan International Centre for Credentialing and Education of Addiction Professionals (ICCCE) Training Series Universal Prevention Curriculum for Substance Use (UPC) Series 1

Introduction to Prevention Science

Participant Manual

Training Curriculum Series 1



COLOMBO PLAN



European Monitoring Centre for Drugs and Drug Addiction

MANUALS

European Universal Prevention Curriculum Handbook

A manual for decision-makers, opinion-makers and policy-makers in science-based prevention of substance use

Organisations involved in Dissemination

EU institutions and projects

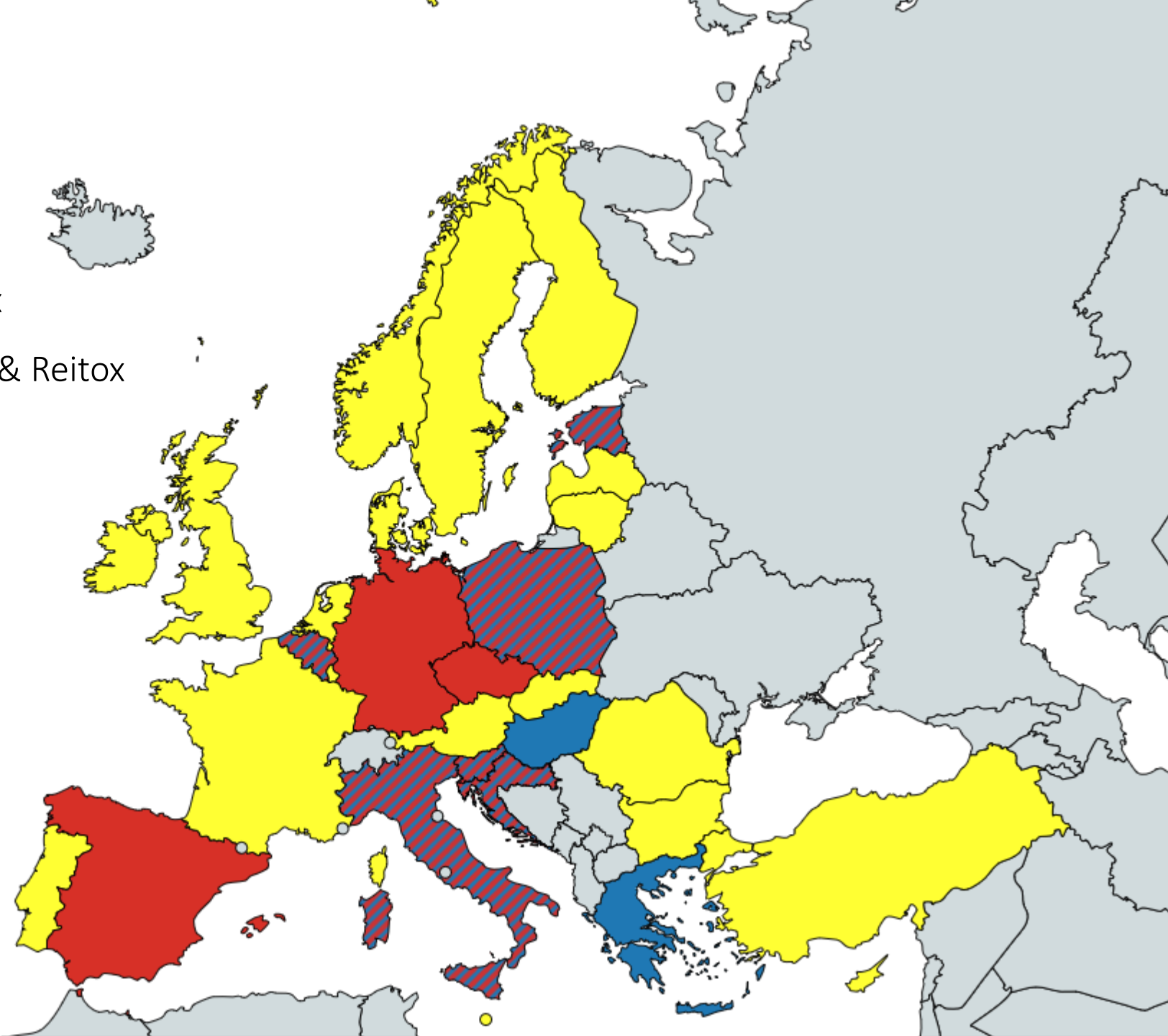
- **EMCDDA**
- **EMCDDA REITOX Focal points**
- **ASAP project**
- **UPC-Adapt (past) project partners**

Academic networks

- **EUSPR** (European Society for Prevention Research) (Education and Training Committee)
- **EUDDR** (European Universities for Drug Demand Reduction)

Coordination: EMCDDA

- EUPC & Reitox
- EUPC & ASAP & Reitox
- ASAP & Reitox
- Reitox



Current progress



- Analysis country prevention systems
- EUPC training of trainers
- Development of a digital platform
- Development virtual community of practice



- Final editing by Prof Harry Sumnall
- Dissemination to EU27
- Coordinate TOT quality, licencing, delivery



- Concertation in EUSPR ETC
- 2019 post conference workshop 18 sept with EUPC, ASAP, EU-Dap Unplugged and GBG Good Behavior Game trainers

- Adaptation of curriculum handbook
- Design of training toolkits
- Further dissemination through EMCDDA & EUSPR networks



Thank you
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