



## THE COLOMBO PLAN DRUG ADVISORY PROGRAMME Training Report

### Description:

<b>1.1 Training Name</b>	Universal Treatment Curriculum 4A, psychoeducation for clients & Families
<b>1.2 Locations (Country &amp; Regions)</b>	( Virtual via Zoom) STCM Office Perak, Malaysia
<b>1.3 Education Provider Name</b>	Supreme Training & Consultancy
<b>1.4 Start and end date of the Training</b>	6 <sup>th</sup> to 16 <sup>th</sup> September, 2021,
<b>1.5 Names of Resource Personnel</b>	Ms. Maria Natividad Clara Abas, Ms. Aisha Saddiqua

### 1. Introduction:

In order to endorse the evidence-based practices in the field of treatment & prevention in Malaysia, the Supreme Training & Consultancy, under the banner of Colombo Plan Drug Advisory programme (DAP) has organized a virtual training for the Universal Treatment Curriculum for Substance Use Disorder Course 4-A, Psychoeducation for Clients & Families for Malaysian Treatment Professional and also for the cross border partners/stakeholders and participants. In this regard, the training was advertised on the ISSUP website and other channels. A number of participants from Asia, Africa and Pacific region has approached the Supreme Training & Consultancy Malaysia for registration. Applications were sorted out on the base of Criteria (already set by CP-DAP) Training was held from 6<sup>th</sup> to 16<sup>th</sup> September, 2021 with two off days, virtually via zoom, (Hosted by STCM office Perak, Malaysia). The training was imparted on the following curricula:

- *Course 4A: Psychoeducation for Clients & Families.*

The following Global Drug Demand Reduction Trainers facilitated the training:

- Ms. Aisha Saddiqua
- Ms. Ms. Maria Natividad Clara Abas

### Objective of the Training Programme:

The objectives of the training program were to train the local as well as international treatment professionals to upskill the knowledge on evidenced-based practices in treatment and empower them to integrate new practices into their treatment facilities. Following specific objectives focused in the training of this curriculum.

## **Description of the Training:**

The training was started with the attendance of the participants and pretest. After the online submission of pretest, Dr. Zall Kepli Md. Rejab greeted all the participants and described the aims and objectives of this training in his introductory speech. Dr. Zall stated the significance of treatment & addiction sciences in Malaysia and also explained the importance of this training for global participants and partner organizations with reference to upcoming degree programme. Training was stated at 08:30 pm Malaysian time for two hours and thirty minutes. After his speech, video of module zero was played from ISSUP's website, developed by INL team. Every day, each session was consisting of two hours and thirty minutes which was followed by presentations, group activities, large group discussions and homework assignments.

The training was participated by the twenty-five addiction treatment professionals from treatment facilities, national drug agency, Malaysian, government departments of various countries and hospitals. Training methodology was throughout virtual based on adult learning methodologies, activities and hand on activities, role plays, posers presentations, brain storming sessions, individual, pair and group works.

Training was started by Ms. Aisha Saddiqua and followed by Ms. Maria Abas for four sessions on 7th, 9th, 12th and 16th. During the closing ceremony the participant were excited on the fulfillment of their UTC Training and excited for next phase. Dr. Nyein Zaw Htet Doe (Project Manager- Africa) graced the closing ceremony as chief guest and congratulated the participants on the achievement of this milestone.

## **Reflections of the Participants:**

The participants express their views in different ways. One of the participant from Vietnam Ms. Nga Nhu expressed that First, I would like to thank Supreme Training & Consultancy Malaysia and Colombo Plan for organizing this training. Also many thanks to great trainers Mrs. Claire Abas and Siddiqua Aisha. Specially Mrs. Aisha for her big effort and enthusiasms in supporting us for all kind of matter during the training, always very quick response and information whenever we have concerns. This is an amazing training and very special experience as it is an online training. Even though the virtual learning limits some part of our interaction compare to face to face training but I find it is a chance to find new way to be creative and active in communicating with others. And the trainers had been very dedicated, actively in finding ways so we can make it best and learn the most. I like the calm and steady style of Claire and the enthusiastic, lively style of Aisha. Both trainers are knowledgeable and very professional. I really like this UTC 4A and I have waited for so long till finally I can participate this, as I do want to improve my skill in providing psychoeducation. Thank you again for giving me chance to participate this training and I would love to get update about future trainings from STCM specially opportunity for taking exam for ICAP II, advanced UTCs and the Master program on Addiction science and counseling.

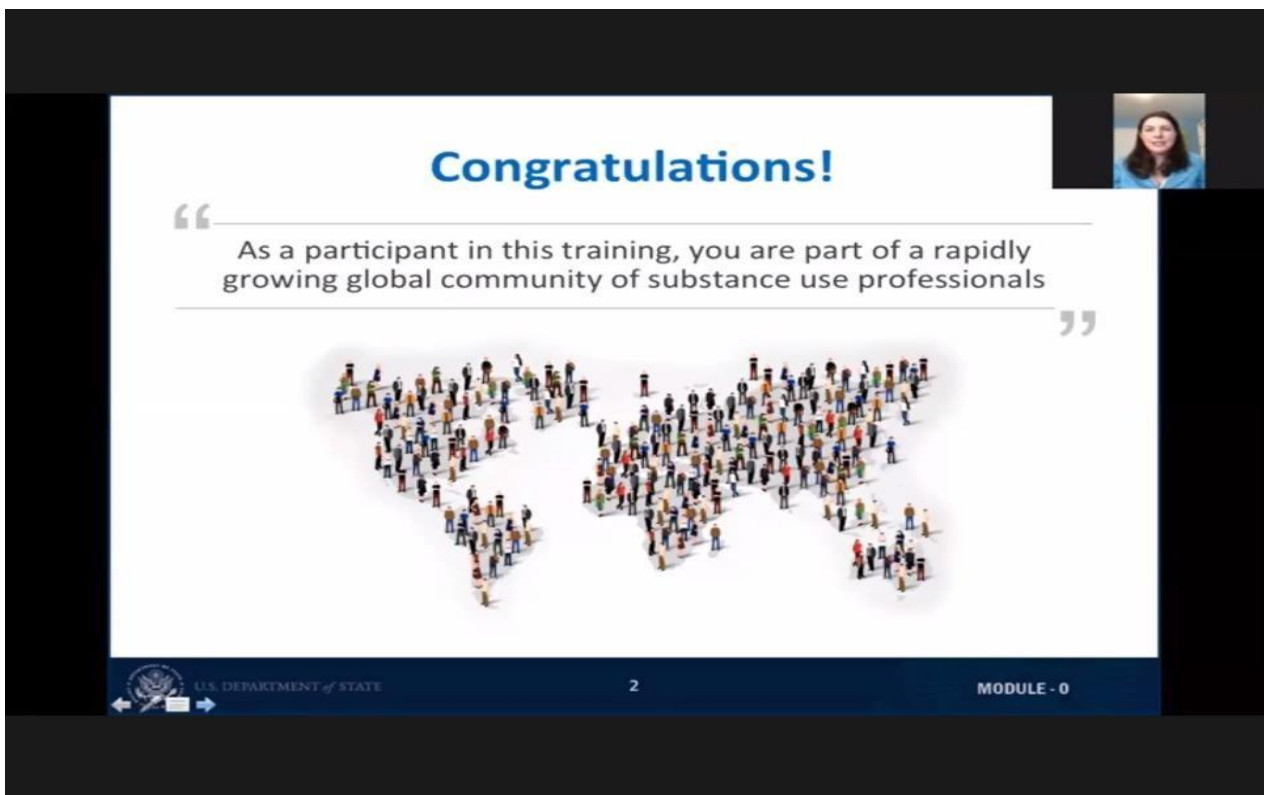
Ms. Fatima Raheem from Pakistan stated that in Pakistan there is an enormous need for welltrained counselling professionals. Unfortunately, mental health is one of the neglected fields in Pakistan. in this case STCM, ISSUP and DAP provides us the opportunity of professional certification and this is a blessing for people like me who want to work in this field as a counselor. UTC 4A certification raises awareness in me and also makes me conscious about my part as a counselor, this training also helps me to improve myself as a human being. I want to thank the institution for providing me this opportunity.

Ms. Anino Tene from Lagos Nigeria expressed her thankful emotions for STCM by saying that, thank you being so outstanding and for an enriching time of learning with you, Ms Maria and my co participants. Thank you for your time, expertise and acquaintance. Thank you for making a difference and impacting lives. The course was expository, rich and covers all facets of life. The facilitators were diligent, courteous, amiable and competent. The sessions were highly engaging and interactive. The participants were receptive, cooperative and easy to get along with. Lastly, the climate was positive, nonthreatening and warm.

Ms. Sahrish Ruba said On behalf of team Pakistan, I'd like to thank you for facilitating us with valuable information and knowledge regarding substance use. I appreciate the work that your organization is doing in raising awareness about substance use. It is helpful in professional grooming of the psychologists around the world. These past ten days were an amazing experience with your organization. I'm hoping for us to stay in touch and to continue our working coordination.

Ms. Sadia express her view about the training that she had a great time learning with international community of SUD treatment practitioners. She said, I am thankful to STCM for providing such an interactive training. I have definitely learned a lot from the trainers but I have learned more from the participants from different regions. It was a rich learning environment as the training participants are from different countries holding a unique and different experience in the field of SUD.

**10. Visibility Materials (*photos, videos, articles, leaflets, print materials, paper article or any success story*):**



The image shows a presentation slide with a white background and a blue border. At the top center, the word "Congratulations!" is written in a bold, blue, sans-serif font. Below this, a quote is enclosed in large, thin-lined quotation marks. The quote reads: "As a participant in this training, you are part of a rapidly growing global community of substance use professionals". Below the quote, there is a graphic of a world map where the landmasses are composed of numerous small, colorful human figures standing together. In the top right corner of the slide, there is a small, square inset video window showing a woman with dark hair, wearing a blue top, looking towards the camera. At the bottom of the slide, there is a dark blue footer bar containing three elements: on the left, the U.S. Department of State logo and the text "U.S. DEPARTMENT of STATE"; in the center, the number "2"; and on the right, the text "MODULE - 0".




















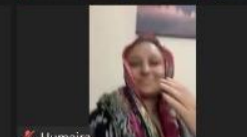



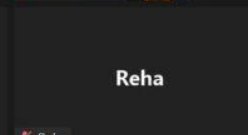

## Who are the members of this global community of substance use professionals?








































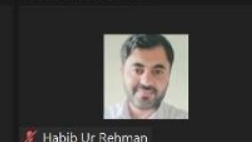
Individuals working worldwide in the substance use prevention and treatment fields in government, non-governmental organizations, civil society, and the private sector

Organizations that act as portals or "doorways" for individuals to join the global community



 Claire Abas, RPsy, ICAP II, MAC	 Aleyna	 Nga Nhu Nguyen	 Alisa NADA Penang Malaysia	 ST CM
 Fatima Rafreem	 Sadia Imtiaz	 Zainurin Yusoff	 Dr.Rehmatullah	 ROSDI RASHID
 Sahrish Ruba	 Dr. Muhammad Amjad Chaudhry	 Shazam Abdullah	 Maria Ilugbuh	 nazish anwer
 Dr Chris	 Habib Ur Rehman	 Aninoritse Tene	 Amran Ahmed	 Humaira
 Noor Azlan Iskandar Mohd Taha	 Budiman Kamsan	 Sadia Imtiaz	 Reha	 Nur Aly

 Claire Abas, RPsy, ICAP II, MAC	 Aleyna	 Nga Nhu Nguyen	 Alisa NADA Penang Malaysia	 ST CM
 Fatima Raheem	 Sadia Imtiaz	 Zainurin Yusoff	 Dr.Rehmatullah	 ROSDI RASHID
 Sahrish Ruba	 Dr. Muhammad Amjad Chaudhry	 Shazam Abdullah	 Maria Ilugbuhi	 nazish anwer
 Amran Ahmed	 Humaira	 Aninoritse Tene	 Habib Ur Rehman	<b>Dr Chris</b> Dr Chris
 Noor Azlan Iskandar Mohd Taha	<b>Budiman Kamsan</b> Budiman Kamsan	<b>Sadia Imtiaz</b> Sadia Imtiaz	<b>Reha</b> Reha	<b>Nur Aly</b> Nur Aly

 Claire Abas, RPsy, ICAP II, MAC	 Aleyna	 Nga Nhu Nguyen	 Alisa NADA Penang Malaysia	 ST CM
 Fatima Raheem	 Dr. Muhammad Amjad Chaudhry	 Dr. Chris	 Sadia Imtiaz	 Maria Ilugbuhi
 Zainurin Yusoff	 nazish anwer	 Dr.Rehmatullah	 Aninoritse Tene	 ROSDI RASHID
<b>Amran Ahmed</b> Amran Ahmed	<b>Sahrish Ruba</b> Sahrish Ruba	 Shazam Abdullah	 Noor Azlan Iskandar Mohd Taha	<b>Budiman Kamsan</b> Budiman Kamsan
<b>Sadia Imtiaz</b> Sadia Imtiaz	<b>Reha</b> Reha	 Habib Ur Rehman	<b>Nur Aly</b> Nur Aly	<b>Humaira</b> Humaira



**13. Prepared by (with Signatures)**

Dr. Zall Kepli MD. Rejab  
Managing Director  
Supreme Training & Consultancy Malaysia.

\_\_\_\_\_ (Signature)