

## **MRT Facilitators Certification Training Report**

The National LEAD Institute facilitated an MRT Facilitators Certification Training for thirteen (13) participants from various government agencies. This training took place from March 29 to April 1, 2022. Moral Reconciliation Therapy-MRT® is a practical, systematic, cognitive-behavioral approach that treats various issues, including substance abuse, domestic violence, trauma, parenting, job skills, and other issues. The programs are implemented in groups utilizing workbooks directly targeting specific issues. CCI is the sole source of MRT workbooks and MRT training through The National LEAD Institute in the Bahamas and Caribbean region.

Moral Reconciliation Therapy – MRT ® Facilitator Training is 32 hours conducted over four (4) consecutive days. A certified CCI-MRT instructor conducts each training on-site with visual aids and print materials. In addition, participants are assigned approximately 4 hours of homework in preparation to facilitate group counseling.

Upon completion, attendees are certified to facilitate MRT groups independently with no term limitation, will receive a certificate of completion, and be eligible to earn CEUs from LSU-Shreveport.

### **A. Training Curriculum**

- Introduction to MRT
- Antisocial Personality Disorder
- Lawrence Kohlberg's Theory of Moral Reasoning
- Erik Erikson's Theory of Personality Development
- Definition of Reconciliation and MRT Personality Theory
- MRT Personality Stages Freedom Ladder
- Overview of an MRT Group
- MRT Workbook Focuses
  - Pyramid of Life
  - Testimony
  - Shield and Life Mask
  - Life Wheel
  - Worries/Wants/Needs
  - Acceptance
  - Things in my Life
  - Major Life Divisions
  - Best of Times/Worst of Times
  - Circle of Relationships
  - Important Relationships
  - Trading Places
  - One-on-Ones
  - Public Service Hours

- One/Five/Ten Years to Live
- Master Goal Plan
- Action Plan
- Meeting Goals and Deadline
- New Public Service hours
- New One-on-Ones
- Moral Assessment
- Trading Places
- Written Plan on Problem Areas
- Reassess Important Relationships
- Summary
- Testimony

### **Implementation**

Training evaluation forms were distributed to the participants to gauge their overall impression of the training. The evaluations were also intended to determine how the training impacted the participants, improved their knowledge, and added value to their skills.

This report highlights two aspects/impressions about Overall Training Delivery and Training Content. First, all 13 participants answered the questionnaires representing 100% of the total number of participants who attended the training.

### **B. TRAINER'S EVALUATION**

The MRT Trainer received ninety-two (92%) in his evaluation from the course participants.