

YOUFEST 2030

Grace International Rehabilitation Center & ELAF SOLUTIONS





ANNUAL SERIES OF YOUTH FESTIVALS

Starting from September 6 on Pakistan Defence Day 4 major events each year every three months

Health/Fitness Activities



- Cricket competitions annually
- With corporate employees, influencers, students
- Marathons
- Champions Hunt
- Coaches to be



6 cities all over Pakistan Matches and then Finale





Float your boat race twice a month, 6 total events





Cultural games competition, 6 teams and 6 matches



Camping and Hiking teams

Motivational Videos



Outline of the message

Short videos to promote the message

Social media will be used to connect

Influencing people will be invited



Culture specific exposure with the rehabilitation





Festivals for performing art activities in different institutes





Industrial Spaces Promotion i.e. car shows and musical environments



Small businesses collaboration

Dramatic plays



Influencers will be used

Story script drafts will be prepared

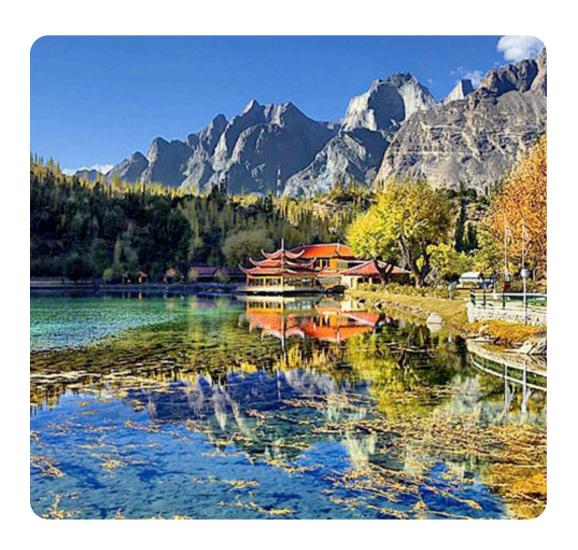
Plays conduction

Social media use to spread the message



Management of Programs in different dramatic societies through ambassadors in youth



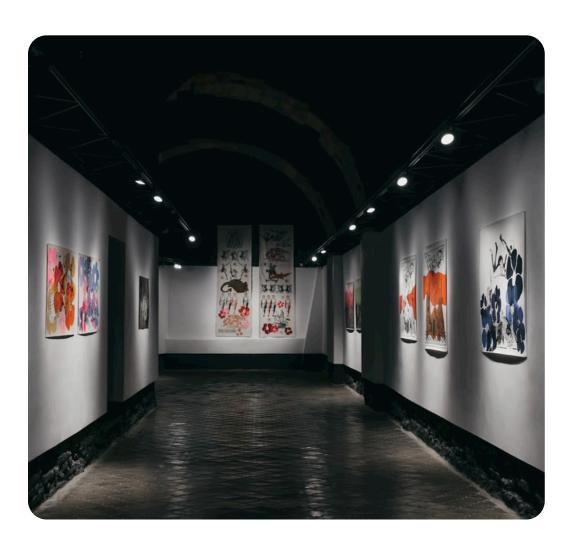


Inter-City Tourism documentaries outdoors 2025 & 2029 every three months



Cultural Values and Martial Arts





Art gallery and theatres

Seminar Series



Skill based training events

Stem learning education will be focused

Drug free Pakistan message as outcome

Involving teachers and students



Conferences, niche events and corporate functions managed by the business companies





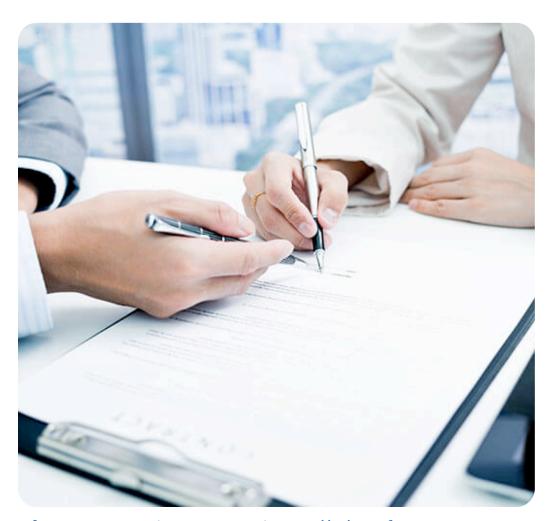
Sponsored events encourage residents and visitors with opportunities across sporting, recreational, cultural or community-based activities.





A pure partnership approach with co-brand opportunities. This type of event or festival will showcase the services of partners and create interest and attention from attendees outside the region.





Awareness to generate policies for insurance services for the citizens of Pakistan.



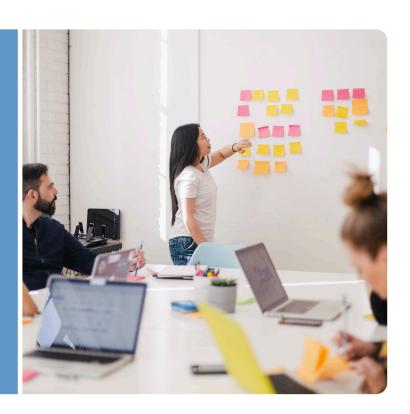


Surveys will be conducted to monitor change in communities every 3-6 months

This plan and strategy will be implemented throughout the next 8 years.

Stakeholders are invited

Training Internships







not only as an Development driver but an key enabler for community identity and agent for engagement.

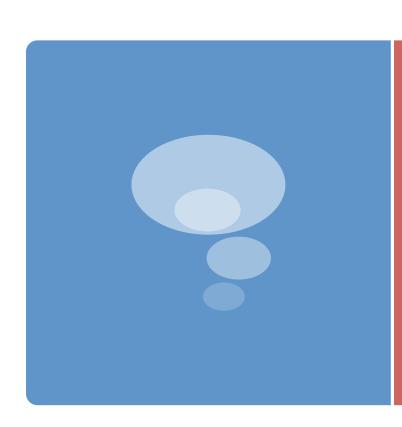
If all goes well, further plans will be designed.

THANK YOU FOR YOUR ATTENTION









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Clinical Psychologist (2016-Present)

Director Operations Grace International Rehabilitation Centre



Clinical Psychologist, PhD.























The University of Lahore

Allied Health Sciences & Department of Psychology GENOVA IVF Khalid Clinic, Gulberg Recovery



ISSUP PAKISTAN

Activities
Awareness
Youth Forum

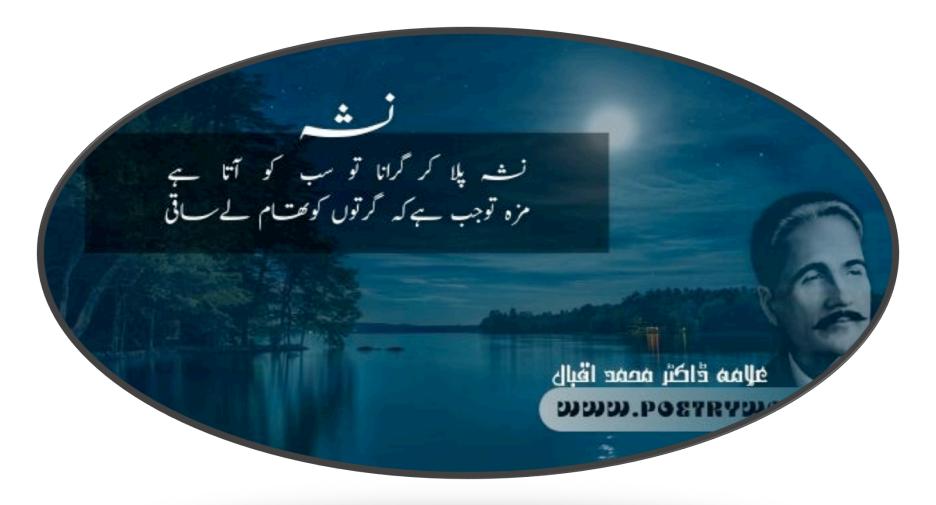




ISSUP MEMBER

Joined Training
CIVIL SOCIETY INITIATIVES
FELLOWSHIP PROGRAM





THEMATIC PLAN













ANNUAL SERIES OF YOUTH FESTIVALS

Starting from September 6 on Pakistan Defence Day

Cricket Board League From Lahore – Different Other Cities















Fitness/Health, Culture, Sports and Art, Educational & Media

Seminars, Projects creation, opportunities to participate in sports and motivation based skills to engage youth from different institutions as teams

Healthy Sports



Cricket competitions

Marathons

Champions Hunt

Coaches to be

Educational Activities



Awareness

Life skills

Learning

Community Linkages

Motivational Skills



Identification and assessment of hidden talent

IQ based initiatives

Social media expert

Public speaking

Media and Dramatics



Organization of short acts

Making social documentaries

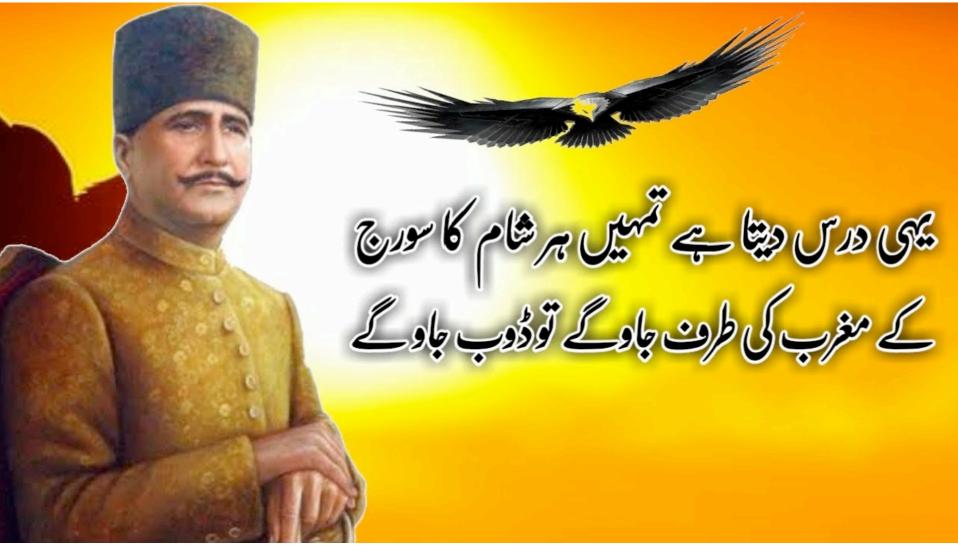
Giving messages to the masses

Peer to peer performances



Register volunteer Achieve





THANK YOU FOR YOUR ATTENTION



