

# Facilitating an Introduction to Evidence-based Prevention: INEP Plus

Rachele Donini, Jeffrey Lee, Rasha Abi Hana, Livia Edegger



## Background

**INEP** is a beginner's self-led online course on prevention provided by Charles University in Prague.

**INEP Plus** is a facilitated online training programme led by ISSUP trainers to support the delivery of the INEP content provision.

**Target:** ISSUP National Chapters facilitators and their in-country attendees.

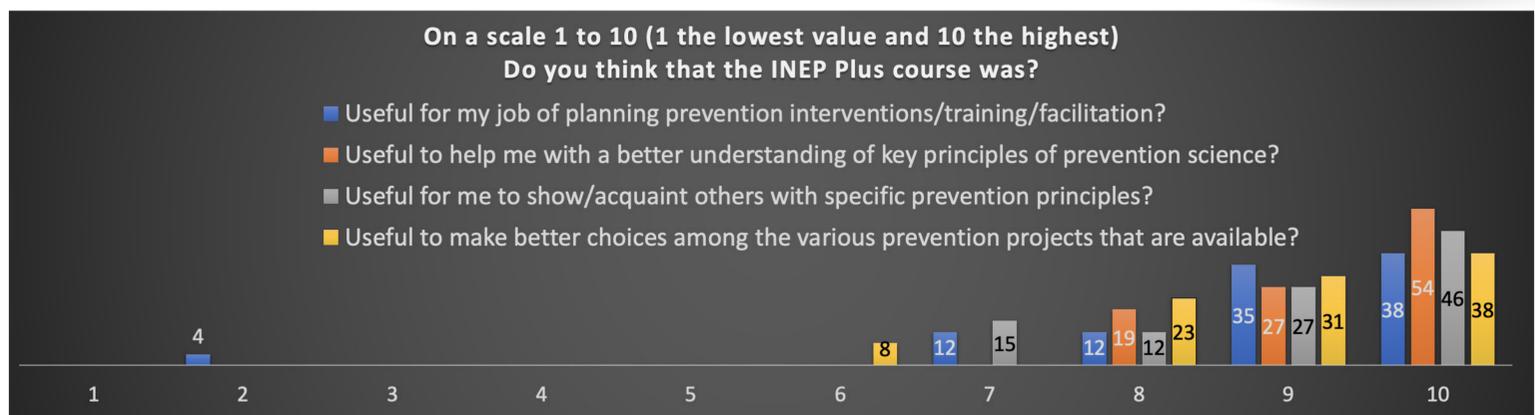
**Aim:** Allow a better understanding of evidence-based prevention science concepts.

## Methods

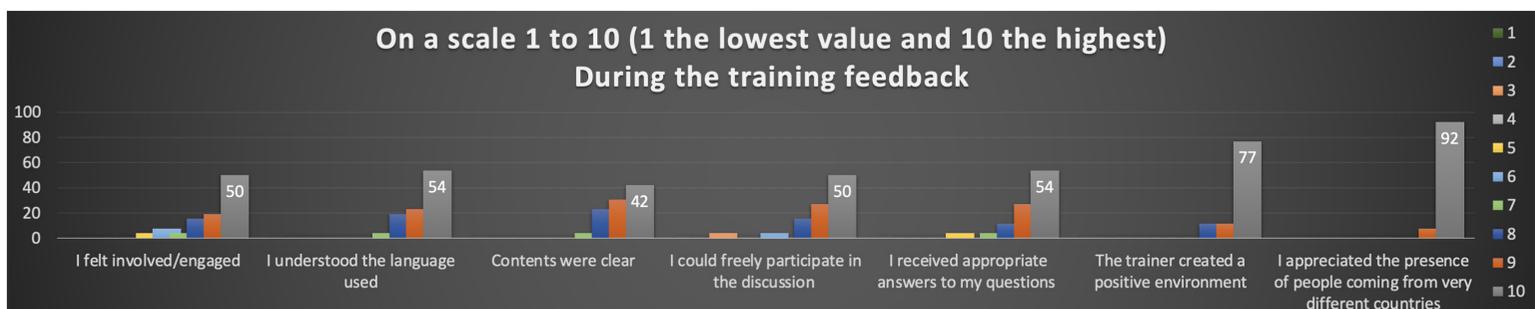
The training was offered to 69 facilitators from 28 countries over a six-week period.

The training sessions included group discussions and collaborative learning to deepen the understanding of complex topics and to allow participants to collaborate and learn with peers around the world. Support material was provided to assist the trained facilitators to pilot the INEP Plus course in their own countries.

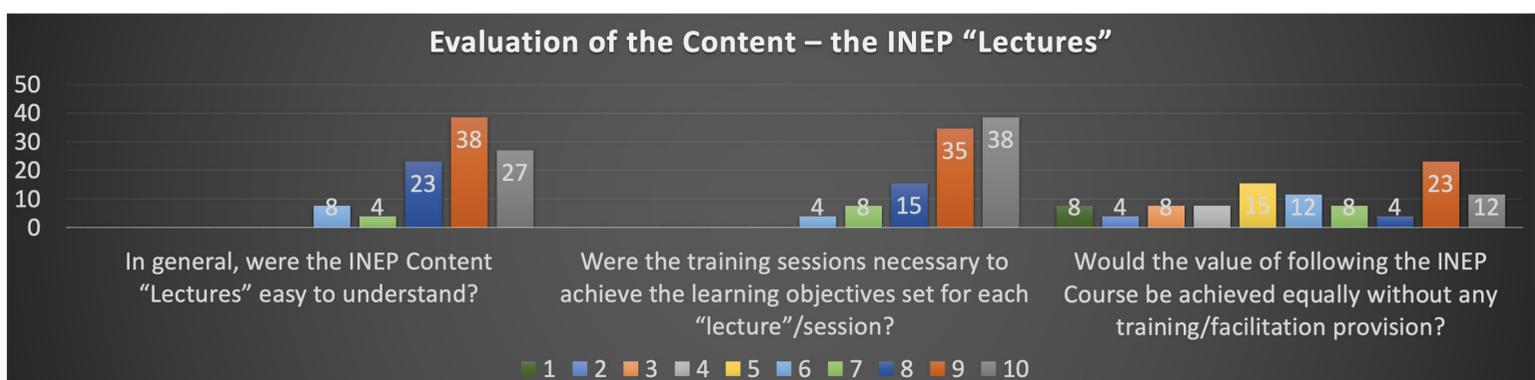
## Results



The general questions about the value of the course reflect a strong positive response to the view that it was useful to help with planning prevention interventions, and for the training and facilitation of prevention inputs.



This set of questions explored how participants felt during the training. The responses show that people felt highly engaged and understood the language used with the content being clear.



These questions aimed to identify how participants felt about the content of the INEP “lectures”. There was a spread of responses but in general the first two questions reflected a positive response to the content being easy to understand but with increased support for the need for the training provided to achieve the content objectives.

## Conclusion

The main outcome of the INEP Plus programme is the training of international multipliers of preventive evidence-based knowledge. The result of scientific evidence is brought to the ground and made available to those working in the field of drug prevention, thus contributing to the dissemination of prevention science and practice.