

# **RePS: Review of Prevention Systems**

**Yvonne Larsen & Alexander Hvaring** 

**KORUS** Oslo

# Agenda

- ✓ Who are we?
- ✓ What is RePS?
- $\checkmark$  How we adapted RePS to a Norwegian context
- $\checkmark$  How we collected the data
- $\checkmark$  What we learned
- $\checkmark$  How we will use it

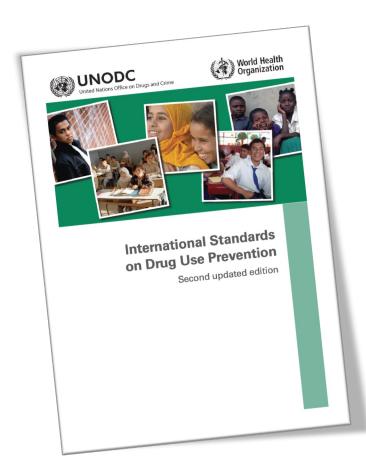
# **KORUS** Oslo



- The Regional Drug and Alcohol Competence Center
  - Prevention, early intervention, treatment
  - Entire life course
  - Funded by the Norwegian Directorate of Health
- 1 of 7 regions covering Norway
- Population: 5,5 million
  - Oslo: ~750.000

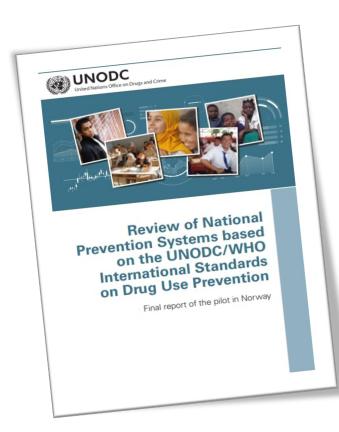
# Review of Prevention Systems (RePS)

- Tool for assessing prevention initatives' alignment with the UNODC/WHO International Standards of Drug Use Prevention.
  - At systemic and specific initiative levels.
- Aimed at enhancing international prevention efforts.
- Designed to promote evidence-based drug use prevention.



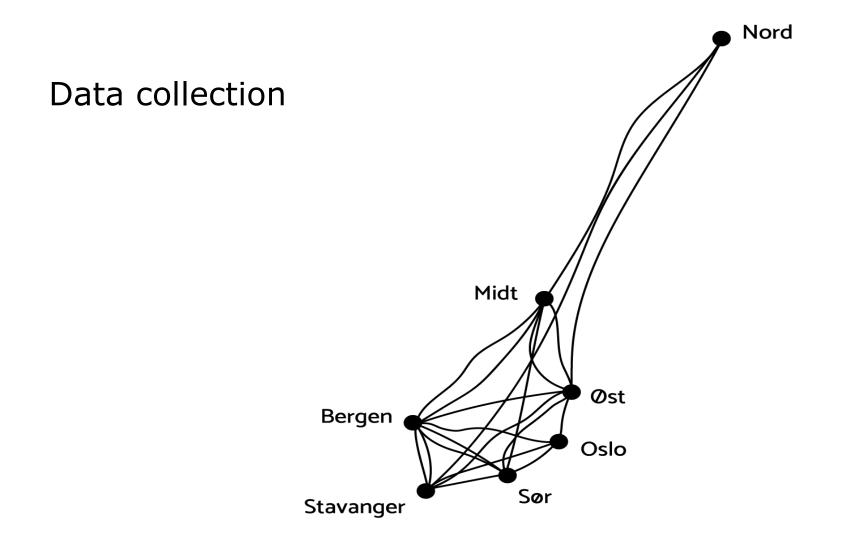
# Pilot in Norway 2022/2023

- Two main questions:
  - What's the situation in Norway?
  - Can you adequately assess a country's prevention efforts using this tool?
- Review committee from August 2022:
  - UNODC
  - Ministry of Health and Care Services
  - KORUS



### The Process

- ✓ Official kick-off in Oslo September 28<sup>th</sup>, 2022, at the conference "Alcohol and drug prevention in the Nordic countries" arranged by the Nordic Council of Ministers
- $\checkmark$  Translation and digitalization of Annex 2 in October 2022.
- ✓ Testing of Annex 2 in November and December in Oslo
- ✓ Identification and on-boarding of regional operatives in January 2023
- ✓ Data collection from February May
- ✓ June September data analysis, translation, supplementary information and contextualization
- ✓ Report launch at the Ministry of Health and Care Services on **September 28th**, 2023



### Data collection – two components (questionnaires)

#### Strategies (Annex 2):

Assessment of existing strategies' adherence to the standards.

Are they evidence based?

Are their characteristics associated with effective prevention (the standards)?

#### System (Annex 4)

Assessment of the system.

Does the system facilitate effective and evidence based prevention?

### Annex 2

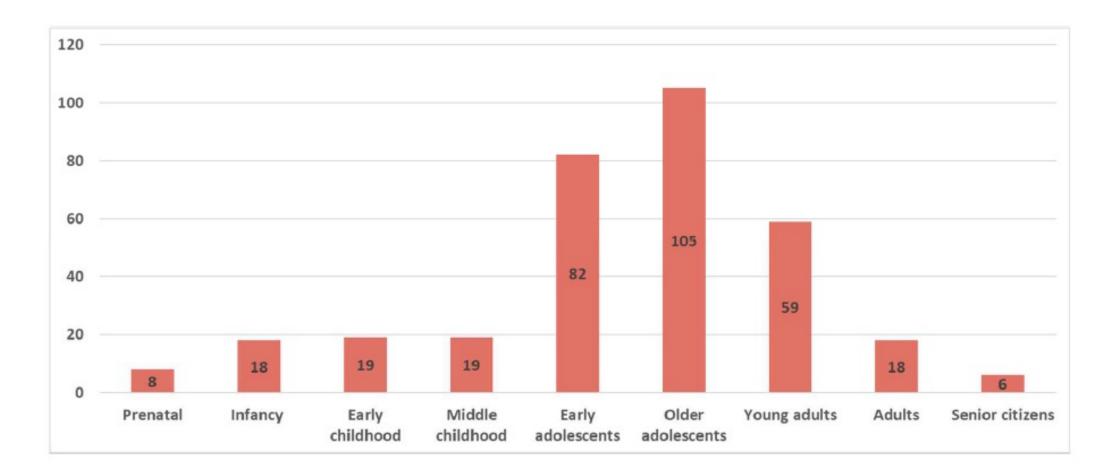
#### Questionnaire:

- Whats done?
- Who is the target group?
- Where is it done (setting & region)?
- Why is it done?
- Documentation regarding evaluation and implementation could be attached
- Distributed to key persons in the regions

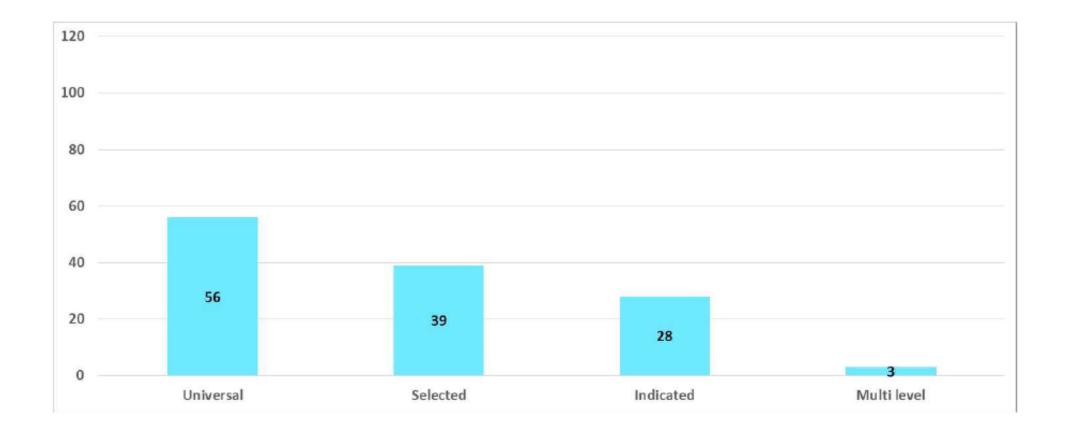
#### Data collection:

- 99 questionnaires distributed
  - 87 (81%) answered
- 187 unique reports
  - **130** (74%) after screening

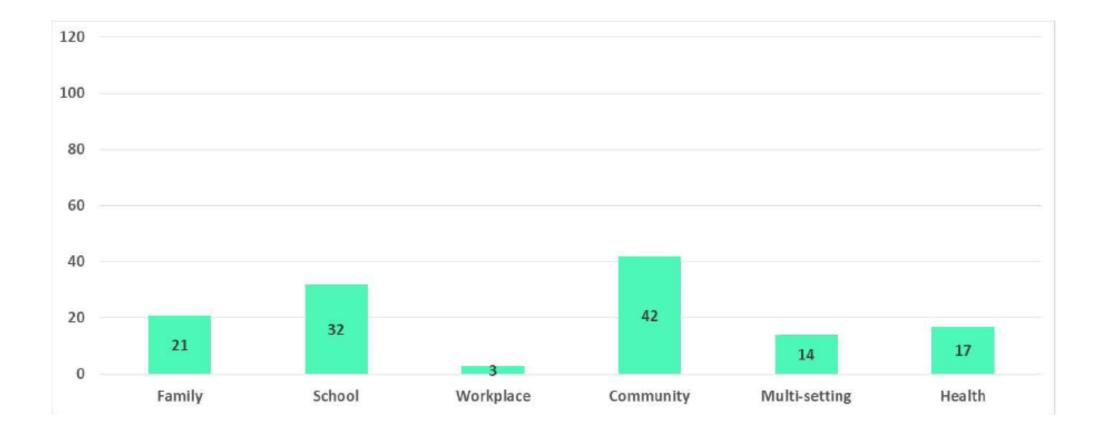
### Annex 2 – Strategies by target group age



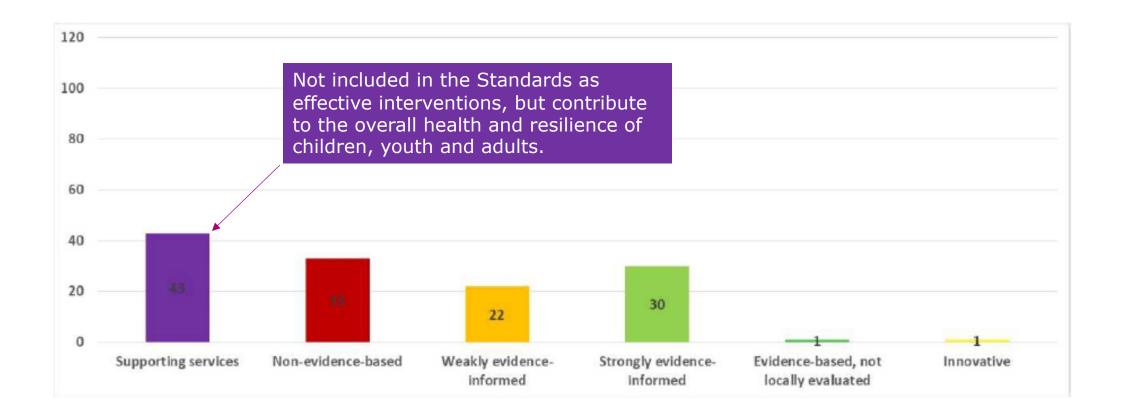
# Annex 2 – Strategies by prevention level



# Annex 2 – Strategies by setting



### Annex 2 – Strategies by quality



# Lessons learned

- KORUS-structure was vital
  - Relevant competence
  - Close to the service providers
  - Comprehensive knowledge of existing efforts at regional and national levels
- Bottom-up process
  - Representatives of respondents were involved in adaptation and testing of questionnaire
  - Dialogue with respondents before and during data collection and analysis
- Translation and digitalization of the questionnaire was a necessity
- Local representatives in the Review Committee was essential
  - Translating, supplementing, contextualizing and quality control during analysis

### What now?

- We have an overview of current prevention efforts are we doing the right things?
- Educational and awareness-raising at local, regional and national levels
- Strategy providers are curious about their results and motivated to use effective strategies
- Adds momentum to the KORUSes efforts in promoting evidence based prevention
  - E.g.: National effort for EUPC integration
- Provides valuable information for the further development and implementation of RePS globally
- Translation of the pilot report and EUPC to Norwegian

# Thank you!

Yvonne Larsen yvonne.larsen@vel.oslo.kommune.no

Alexander Hvaring alexander.hvaring@vel.oslo.kommune.no

www.korus.no/oslo

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