



AfricaCDC

Centres for Disease Control
and Prevention



**The American
University in Cairo**

School of **Humanities
and Social Sciences**

11th Annual Leadership in Mental Health Course, Eastern Mediterranean Region

June 1 - 12, 2025

at the American University in Cairo

Click [here](#) for the registration form or scan the QR code:

<https://forms.gle/zmKtjvMC9JTnSmhMA>



Social Research Center and the Department of Psychology

For more information: t. +2011.4444.9741 | leadershipmh@aucegypt.edu

11th Annual Leadership in Mental Health Course, Eastern Mediterranean Region

Course Key Objectives:

- To equip participants with methods to develop and scale-up interventions for people with mental disorders in low resource setting.
- To enhance the leadership skills needed to scale-up mental health care programs and promote the human rights of people with mental disorders.

Who is this course for?

- This course is designed for people who are committed to improving care for those with mental disorders and promoting their human rights, particularly in settings where mental health resources are scarce. Prior expertise in a clinical speciality related to mental health is not essential.

Fees:

The course fees (including all materials, but not including room and board) are:

Residents of Egypt: 500\$

Residents of other low-income countries (as defined by World Bank): 800\$

Residents of middle-income countries: 1000\$

Residents of high-income countries: 1500\$

*There are limited scholarships for the course fee's available for participants from Low income countries

*Africa CDC will sponsor 25 participants to the course in 2025 and encourages public health professionals with innovative projects to strengthen mental health systems in Africa to apply.

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Course Facilitators LMH 2025



Khaled Saeed

Consultant Psychiatrist

Currently working as regional advisor for mental health and substance abuse in the Eastern Mediterranean Regional Office of the World Health Organization, he has interest and experience in development and evaluation of mental health policies, mental health systems and services, as well as managing operations for mental health and psychosocial support in complex emergencies. Dr. Saeed has 20 years of experience as a consultant psychiatrist.



Rachel Jenkins

Emeritus Professor of Epidemiology and International Mental Health Policy, Kings College, London

Rachel Jenkins is Professor Emeritus at Kings College London. She is a psychiatrist, epidemiologist and mental health policymaker, with over twenty years experience of working in low and middle-income countries on mental health policy development and implementation, research and training, especially on the integration of mental health into primary care and schools.



Kate Ellis

Associate Professor of Psychology, AUC

Coordinator, Leadership in Mental Health Program, EMR

Dr. Ellis is also a clinical psychologist, specializing in working with populations experiencing political conflict in the Middle East.

Also, her experience includes trauma and developing culturally relevant interventions; refugee psychosocial health; capacity building and upscaling of mental health in the MENA region.

Course Facilitators LMH 2025



Nasser Loza

DPM&N. MSc., FRCPsych (hon)

**Director of the Behman Psychiatric Hospital, Helwan, Egypt and
Consultant psychiatrist**

Dr. Loza is a British trained psychiatrist with over twenty years of experience. He is the director of the Behman Psychiatric Hospital in Helwan, Egypt, and of the Maadi Psychology Center, Egypt. He is a member of the editorial board of The Arab Journal of Psychiatry and the British Journal of Psychiatry. Chairman of the Middle East Division of the Royal College of Psychiatrists. Dr. Loza served as the Secretary General for Mental Health, Ministry of Health and Population of Egypt.



Julian Eaton

Mental Health Director for CBM Global

Julian Eaton is Mental Health Director for CBM Global, and Assistant Professor at the Centre for Global Mental Health at London School of Hygiene and Tropical Medicine. He is a psychiatrist focused on public health, and his work involves promoting greater access to health care services, social inclusion, and realisation of rights for people with mental illnesses and psychosocial disabilities, especially in marginalised communities.

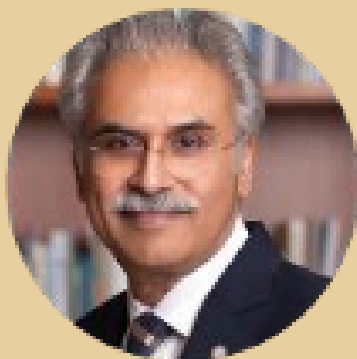


Oye Gureje

Director, WHO Collaborating Centre for Research in Mental Health, Neurosciences and Drug and Alcohol Abuse, Department of Psychiatry, University of Ibadan

He is also Extraordinary Professor, Department of Psychiatry, Stellenbosch University, South Africa. His main research interests are in epidemiology and global mental health. He has conducted large scale community-based surveys, large randomized controlled trials, implementation research and research on health system strengthening with grant supports from the Wellcome Trust, MRC (UK), EU, AusAid, Grand Challenges Canada, IDRC and the NIMH, among others. He has published more than 600 peer-reviewed scientific papers, monographs, book chapters, and has co-edited 3 books and has, for several years, been listed among the Highly Cited Researchers in the world by Clarivate. A recipient of many awards, he is a Fellow of the Nigerian Academy of Science, Fellow of the Nigerian Academy of Medicine, and a laureate of the Nigerian National Order of Merit.

Course Facilitators LMH 2025



Zafar Mirza

Former Health Minister of Pakistan & Former Director of Health System Development in WHO regional office for the Eastern Mediterranean (EMRO)

Dr Zafar Mirza is a former health minister of Pakistan and he has served WHO for sixteen years, who took early retirement from in 2019. He led a team at WHO headquarters in Geneva on Public Health, Innovation and Intellectual Property and served as a Regional Advisor on Essential Medicines and Pharmaceutical Policies at EMRO. He founded the first National Consumer Protection Organization in Pakistan and started his carrier as a clinical psychiatrist. He has translated Stephen Covey's Seven Habits of Highly

Effective People in Urdu and considers himself a life long student of leadership.



Nancy Baron

Director, psychosocial services and training institute in Cairo (PSTIC)

PSTIC is a community-based project wherein refugees are trained to assist their communities. Since 1989, Dr. Baron has provided consultation assessment, training, program design and development, research and evaluation for UN organizations a, international and local NGOs in community and family-focused psychosocial ad mental health initiatives for emergency-affected populations around the world.

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