



Guru Shiksha – Teacher Training Programme

Dates: 21st, 22nd, and 23rd August 2025

Venue: Galle Wakwella Training Center

Guru Shiksha is a transformative three-day teacher training programme designed to empower educators as mentors, guides, and protectors of youth well-being. Held at the serene Galle Wakwella Training Center, this initiative brings together committed teachers to explore innovative, culturally grounded approaches to education.

The programme focuses on:

Adolescent Psychology & Emotional Development

Understanding cognitive traits like egocentric thinking, imaginary audience, and risk perception to better support students' growth.

Creative Pedagogy Designing bilingual, visually engaging teaching aids using poetry, music, and storytelling to make learning emotionally resonant and memorable.



+94 112 868794/95



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NDDCB, Kotte Road,
Rajagiriya, Sri Lanka

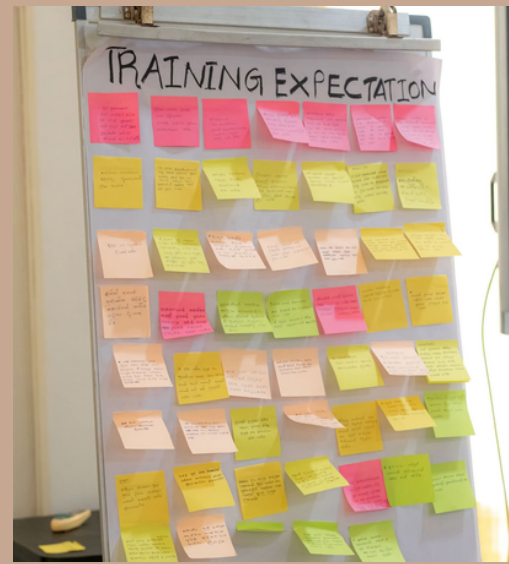
Substance Abuse Prevention Education

Equipping teachers with tools and strategies to raise awareness, reduce stigma, and foster resilience among youth facing risks related to substance use.

Empathy & Inclusive Classrooms Building

emotionally safe learning environments that nurture self-awareness, compassion, and cultural pride.

Through interactive workshops, collaborative resource creation, and reflective dialogue, Guru Shiksha celebrates the teacher's role not just as an instructor—but as a life-shaper and change-maker.



Guru Shiksha is a dynamic three-day training programme designed to empower educators as frontline *School Counsellors* for youth well-being. This initiative brings together teachers from across the Southern Province to explore innovative, culturally grounded approaches to teaching and prevention.



Organized by the Preventive Education and Training Unit of the National Dangerous Drugs Control Board,

Sponsored by the Ministry of Health,

In collaboration with the District Secretariat – Galle and the Provincial Department of Education – Southern Province

Guru Shiksha Training Panel

Empowering Educators with Global Expertise in Youth Well-being & Substance Abuse Prevention
This distinguished panel brings together a multidisciplinary team of experts, including internationally certified professionals in addiction treatment, prevention, and recovery support. Their collective wisdom ensures that educators receive world-class guidance tailored to the Sri Lankan context.



NAME	ICAP	AREA EXPERTISE
PRADEEP KUMARA KOHOLANEGEDARA	ICAP TREATMENT, PREVENTION AND RECOVERY SUPPORT SERVICE	SUD PREVENTION, TREATMENT, RECOVERY SUPPORT SERVICES
ISURIKA NADEESHANI RATHNAYAKE	ICAP PREVENTION AND RECOVERY SUPPORT SERVICES	WHO RECOMMENDED PREVENTION SERVICES
SAHANGEE ALWS	ICAP PREVENTION	WHO RECOMMENDED PREVENTION SERVICES
WEWALAGEDARA SUPUN UDANA	ICAP PREVENTION AND RECOVERY SUPPORT SERVICES	WHO RECOMMENDED PREVENTION SERVICES

