

## 17-19TH SEPTEMBER 2025 AT HECTOR KOBBEKADUWA TRAINING CENTER COLOMBO

THE PREVENTIVE EDUCATION AND TRAINING DIVISION OF THE NATIONAL DANGEROUS DRUGS CONTROL BOARD (NDDCB), SRI LANKA, SUCCESSFULLY CONDUCTED THE GURU SHIKSHA TEACHERS TRAINING PROGRAMME FROM 17 TH TO 19 TH SEPTEMBER 2025 AT THE HECTOR KOBBEKADUWA TRAINING CENTER COLOMBO 07 SRI LANKA. THIS TRANSFORMATIVE INITIATIVE BROUGHT TOGETHER 50 SCHOOL COUNSELLOR TEACHERS REPRESENTING THE COLOMBO AND SRI JAYAWARDHANAPURA EDUCATIONAL ZONE OF THE COLOMBO DISTRICT, WITH THE AIM OF STRENGTHENING SCHOOLBASED SUBSTANCE ABUSE PREVENTION THROUGH CREATIVE PEDAGOGY, PSYCHOLOGICAL AWARENESS, AND EMOTIONAL LITERACY. THE PROGRAMME WAS FUNDED BY THE MENTAL HEALTH DIVISION OF THE MINISTRY OF HEALTH AND FULLY SUPPORTED BY THE MINISTRY OF EDUCATION, WHICH FACILITATED THE PARTICIPATION OF DEDICATED COUNSELLOR TEACHERS.

ORIGINALLY DESIGNED IN 2019, **GURU SHIKSHA** IS ROOTED IN THE UNIVERSA PREVENTION CURRICULUM (UPC) SERIES, WITH SPECIAL GUIDANCE DRAWN FROM THE SCHOOL-BASED PREVENTION CURRICULUM. THE PROGRAMME IS GROUNDED IN SCIENTIFIC AND EVIDENCE-BASED INTERVENTIONS, TAILORED TO THE SRILANKAN EDUCATIONAL CONTEXT THROUGH BILINGUAL DELIVERY AND CULTURALLY RESONANT METHODS.



IT WAS MONITORED BY DR. INDIKA WANNINAYAKE, CHAIRMAN OF NDDCB, ALONG WITH THE DIRECTOR GENERAL OF NDDCB, ENSURING STRATEGIC OVERSIGHT AND INSTITUTIONAL ALIGNMENT. THE PREVENTIVE **EDUCATION AND TRAINING DIVISION** CARRIED FULL OPERATIONAL RESPONSIBILITY FOR PLANNING, FACILITATION, AND IMPLEMENTATION. THE PROGRAMME WAS FUNDED BY THE MENTAL HEALTH DIVISION OF THE MINISTRY OF HEALTH, WHICH PROVIDED COMPREHENSIVE FINANCIAL SUPPORT, INCLUDING PARTICIPANT LOGISTICS, TRAINING MATERIALS, AND ALL ASSOCIATED COSTS.



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THIS TRAINING PROGRAMME ADOPTS A STRUCTURED EVALUATION FRAMEWORK TO ENHANCE TEACHER ENGAGEMENT AND LEARNING OUTCOMES. PARTICIPANTS UNDERGO BOTH PRE-TEST AND POST-TEST ASSESSMENTS, ENABLING FACILITATORS TO MEASURE IMMEDIATE COGNITIVE GAINS AND SHIFTS IN UNDERSTANDING. A MULTIPLE-CHOICE QUESTIONNAIRE SERVES AS THE PRIMARY TOOL FOR EVALUATING PARTICIPANTS' INITIAL AND FINAL OUTPUTS.

## **INAUGURATION AND PARTICIPANT ENGAGEMENT**

THE INAUGURATION OF THE TRAINING PROGRAMME WAS GRACED BY DR. INDIKA WANNINAYAKE, CHAIRMAN OF THE NATIONAL DANGEROUS DRUGS CONTROL BOARD (NDDCB), ALONGSIDE THE ZONAL EDUCATION DIRECTOR OF COLOMBO ZONE, MARKING A STRONG INSTITUTIONAL COMMITMENT TO PREVENTIVE EDUCATION.







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SUSTAINABILITY AND SCHOOL-BASED
LEADERSHIP TO ENSURE THE LONG-TERM IMPACT
OF THIS TRAINING PROGRAMME, PARTICIPANTS
ARE ENCOURAGED TO ESTABLISH SCHOOL
PREVENTION LEADERSHIP ACTION TEAMS
(SPLATS) WITHIN THEIR RESPECTIVE SCHOOLS.
THESE TEAMS SERVE AS CATALYSTS FOR
ONGOING DIALOGUE, PEER COLLABORATION,
AND PROACTIVE ENGAGEMENT IN SUBSTANCE
ABUSE PREVENTION. SPECIAL EMPHASIS IS
PLACED ON STRENGTHENING CLASSROOM
MANAGEMENT PRACTICES AND REINFORCING
SCHOOL-LEVEL DRUG POLICIES, CREATING
EMOTIONALLY SAFE, WELL-REGULATED LEARNING
ENVIRONMENTS. THROUGH SPLATS, TRAINED
EDUCATORS BECOME CHANGE AGENTS—
EMBEDDING PREVENTION PRINCIPLES INTO DAILY
ROUTINES, SCHOOL CULTURE, AND POLICY
FRAMEWORKS.











TRAINING TEAM INTRODUCTION **THIS** TRANSFORMATIVE TRAINING PROGRAMME IS CONDUCTED UNDER THE LEADERSHIP OF MR. PRADEEP KUMARA KOHOLANEGEDARA, DEPUTY DIRECTOR OF THE PREVENTIVE **EDUCATION AND TRAINING DIVISION** NATIONAL DANGEROUS DRUGS CONTROL BOARD, SRI LANKA. MR. KOHOLANEGEDARA BRINGS A WEALTH OF EXPERTISE AS A CREDENTIALED PROFESSIONAL IN ICAP UTC, URC, AND UPC, WITH A DISTINGUISHED RECORD IN DESIGNING BILINGUAL, EMOTIONALLY INTELLIGENT EDUCATION FOR YOUTH AND EDUCATORS. HE IS JOINED BY A DYNAMIC TEAM OF CERTIFIED **FACILITATORS:** MS. PRIYADARSHANI RATHNAYAKE

ICAP-UTC, URC AND UPC
CREADENTIAL
MR. SUPUN UDANA WEWALAGEDARA
- ICAP UPC AND URC CREDENTIAL

MR. SUPUN UDANA WEWALAGEDARA – ICAP UPC AND URC CREDENTIAL HOLDER

MS. CHANDIMA LAXMI JAYAKODY – ICAP URC CREDENTIAL HOLDER
MS. DULSHANI MAHANAMA – ICAP
UPC AND URC CREDENTIAL HOLDER
MS. DILHARA WARAGODA UPC
CREADENTIAL
MS MAHESHI MADUWANTHI UPC

MS MAHESHI MADUWANTHI UPC CREADENTIALS

CREADENTIALS

TOGETHER, THIS TEAM BLENDS INTERNATIONAL STANDARDS WITH LOCAL CULTURAL INSIGHT, GUIDING PARTICIPANTS THROUGH EVIDENCE-BASED METHODOLOGIES, CREATIVE PEDAGOGY, AND SUSTAINABLE SCHOOL-BASED PREVENTION STRATEGIES.