

FROM DATA TO ACTION: STRENGTHENING CHILD REHAB THROUGH THE SERASI, BERJAYA, AND SINARI SEKOLAH PROGRAMS

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INTRODUCTION

ADOLESCENT DRUG ABUSE IN INDONESIA IS RISING, WITH PREVALENCE AMONG AGES 15–24 INCREASING FROM 0.96% IN 2021 TO 1.97% IN 2023 ABOUT 181 PER 10,000 ADOLESCENTS. AS OF FEBRUARY 2025, BNN RECORDED 3.3 MILLION DRUG USERS, INCLUDING 312,000 ADOLESCENTS. DRUG USE WORSENS MENTAL HEALTH, ACADEMIC DECLINE, AND DEVIANT BEHAVIOR. I-NAMHS REPORTED 17.9 MILLION ADOLESCENTS (10–17) FACE MENTAL HEALTH ISSUES, MAINLY ANXIETY AND DEPRESSION. A BATAM REHAB STUDY (2020–2024) FOUND MOST BEGAN USING DRUGS BETWEEN 10–18, PEAKING AT 15 (21%), WITH METH USE AT 90% AND SCHOOL DROPOUT AT 86%. IN RESPONSE, SERASI, BERJAYA, AND SINARI SEKOLAH PROGRAMS WERE LAUNCHED TO PROVIDE INTEGRATED, CHILD-FOCUSED REHABILITATION.

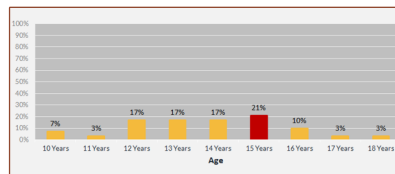
METHODS

A DESCRIPTIVE QUANTITATIVE APPROACH WAS EMPLOYED, ANALYZING DATA FROM THE MEDICAL RECORDS OF CHILD INPATIENTS TREATED BETWEEN 2020–2024.

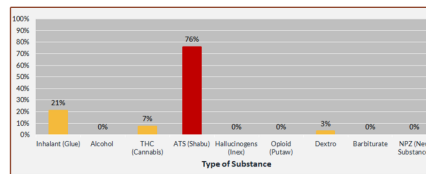
RESULT

1. AGE OF INITIATION: CLIENTS BEGAN USING SUBSTANCES BETWEEN THE AGES OF 10 AND 18, WITH THE HIGHEST PROPORTION INITIATING AT AGE 15 (21%).
2. TYPE OF SUBSTANCE USED: METHAMPHETAMINE WAS THE PREDOMINANT SUBSTANCE, WITH AN EXTREMELY HIGH PREVALENCE (90%).
3. EDUCATIONAL STATUS: MOST CLIENTS WERE NOT ENROLLED IN SCHOOL (86%), SHOWING A STRONG CORRELATION BETWEEN SCHOOL DROPOUT AND THE RISK OF SUBSTANCE ABUSE.

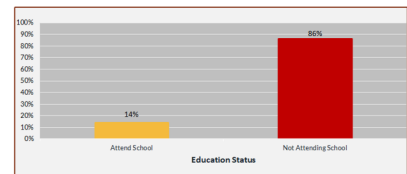
AGE AT WHICH THE CHILD CLIENT FIRST USED THE SUBSTANCE



MAIN TYPES OF SUBSTANCES USED BY CHILD CLIENTS



EDUCATIONAL STATUS OF CHILD REHABILITATION CLIENTS



FOLLOW-UP

SERASI (INTEGRATED SCHOOL & REHAB):

INPATIENT REHABILITATION FACILITIES ENABLING CHILD CLIENTS TO CONTINUE FORMAL EDUCATION DURING TREATMENT.



BERJAYA (PEER GROUP LEARNING):

INVOLVES TEACHERS AND NEARBY STUDENTS IN JOINT LEARNING AND RECREATIONAL ACTIVITIES, FOSTERING CONFIDENCE, MOTIVATION, AND POSITIVE PEER RELATIONSHIPS.



SINARI SEKOLAH (INTEGRATED SCHOOL-BASED SCREENING AND ASSESSMENT):

TRAINS TEACHERS TO CONDUCT INITIAL SCREENINGS AND PROVIDES ASSESSMENT SUPPORT FOR SUSPECTED CASES, ENSURING CHILDREN MAINTAIN THEIR RIGHTS TO EDUCATION AND RECOVERY.

