



WOMEN-CENTERED ADDICTION RECOVERY

**Empowering Recovery: Global Models for Trauma-Informed,
Stigma-Free, and Collaborative Women's Care Insights from the
Turkish Green Crescent's WEAR and the Gender Working
Network.**

17 SEPTEMBER 2025

ABOUT GREEN CRESCENT

The Turkish Green Crescent Society is an **independent, non-profit NGO** founded in Istanbul in 1920.

With 105 years of experience, it focuses on **protecting Society from Chemical and Behavioral Addictions** through **prevention work and recovery services**.

Green Crescent plays a leading role in addressing addictions at **national, regional, and international levels** through its **collaborations and initiatives**.



Role of the Turkish Green Crescent Society in addiction recovery

Green Crescent Counselling Centers (YEDAM)

YEDAM (Yeşilay Danışmanlık Merkezi) is the nationwide counseling network of the Turkish Green Crescent Society, providing **free and confidential support** for individuals and families affected by addiction. With 105 centers across Türkiye and Northern Cyprus, YEDAM offers psychological counseling, social services, and follow-up care in a safe, stigma-free environment.

Rehabilitation Centers

The Turkish Green Crescent Society runs three inpatient rehabilitation centers in Türkiye, providing medical care, therapy, and social reintegration for people struggling with addiction. ***One center is partly dedicated to women, offering gender-sensitive treatment and recovery services.***



KAMATEM: Specialized treatment center for women

KAMATEM (Kadın Madde Bağımlılığı Tedavi Merkezi – Women's Substance Addiction Treatment Center) is Türkiye's first rehabilitation facility fully dedicated to women struggling with substance use disorders. Unlike mixed-gender treatment models, KAMATEM was designed to address the specific biological, psychological, and social needs of women.

At KAMATEM, women receive **medical care** (including detoxification and medication-assisted treatment), **psychological support** (individual therapy, group therapies, and trauma-informed care), and **social reintegration services** (family therapy, legal aid, vocational training, and housing support). The center also creates a **safe environment for survivors of violence and abuse**, where stigma is minimized and recovery is supported with dignity.



Green Crescent Work for Women

Biological Support

Women are provided with suitable medical care, including medication-assisted treatment and ongoing health monitoring, in partnership with specialised hospitals and/or KAMATEM.

Psychological Support

Individual therapy and group sessions are offered to help restore self-esteem and reinforce personal identity, while coping mechanisms are developed to manage stress, anxiety, and depression.

Social Support

Family therapy and restorative interventions aim to create a supportive recovery environment. Additionally, women affected by abuse or violence receive access to safe housing, legal assistance, and social services.



Women's sharing groups and reducing stigma through language

Women's Sharing Groups

These groups provide safe spaces for women in early recovery to share emotions and experiences. They are specifically tailored to support the addiction cycle.

Reducing Stigma Through Language

Renaming groups as sharing or support groups reduces anxiety and stigma, encouraging more women to seek treatment.



Protocols for children in recovery contexts



Impact on Children's Development

Parental addiction significantly affects children's emotional and psychological development.



Specialized Recovery Protocols

YEDAM developed tailored protocols to support children accompanying parents in recovery sessions.



Family-Sensitive Approaches

Protocols emphasize family-sensitive methods ensuring holistic support during recovery.

Resources and Specialized Programs for Women

Women's Guide and E-Book for addiction support

Purpose

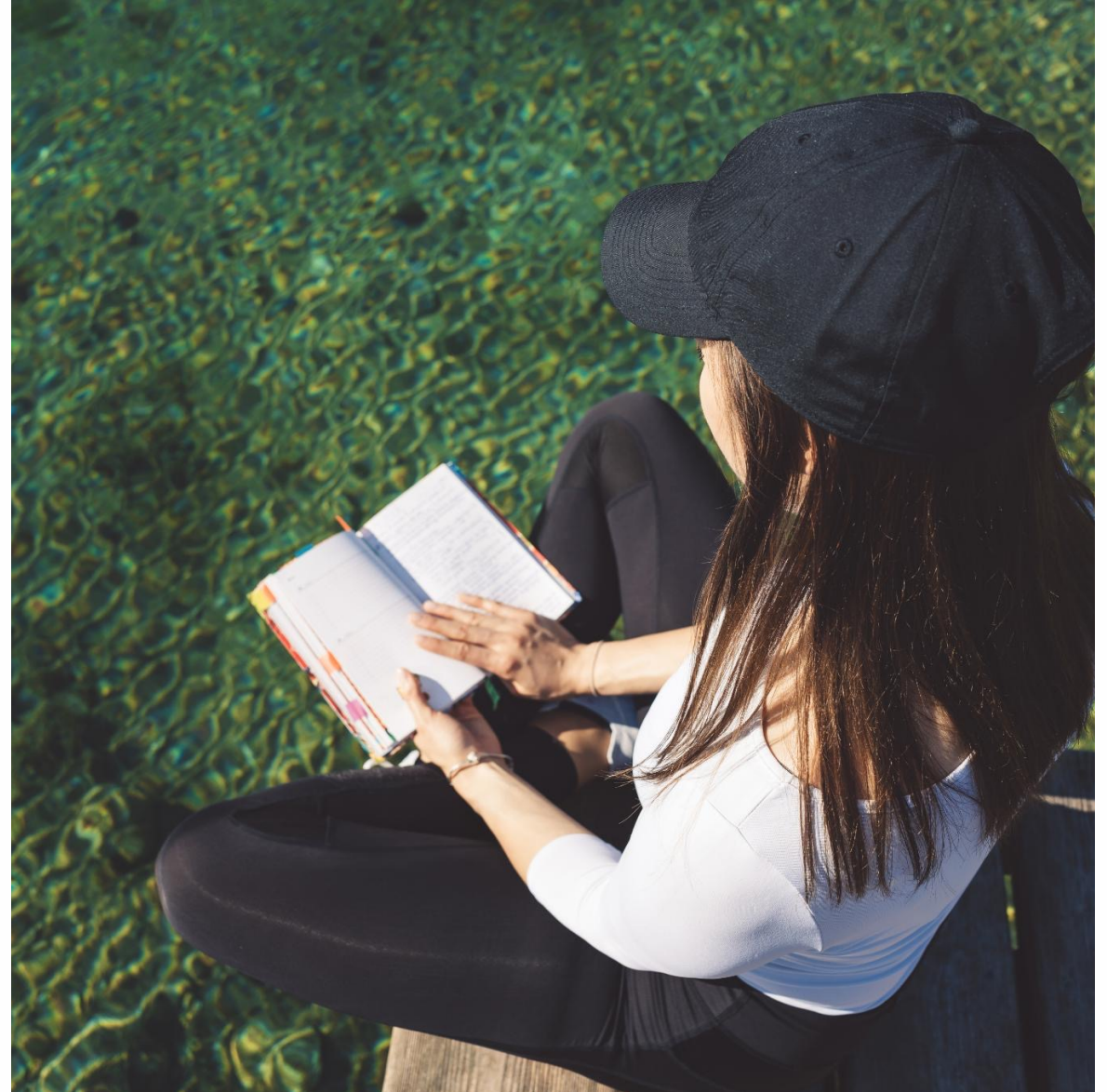
The guide helps professionals and the public understand women's unique addiction experiences.

Target Audience

It specifically addresses the needs of women facing addiction and those supporting them.

Accessibility

The guide is available for download in Turkish to reach a wider audience.



Psychosocial support and specialized therapeutic programs (KIBAP, BAK)

KIBAP (Individual Addiction Treatment Program for Women) Focus

KIBAP provides individualized addiction treatment specifically designed to meet women's unique therapeutic needs.

BAK (Independent Education Generation Program) Program Impact

BAK aims to lessen addiction's effects on children by supporting independent education and growth opportunities.



Women's Forum on Addiction and Recovery (WFAR)

WFAR's launch, international expansion, and purpose

National Launch

WFAR was introduced across the country on 8 March 2022 to highlight addiction and recovery issues affecting women.

International Expansion

WFAR extended its reach internationally by hosting a side event of the United Nations Commission on the Status of Women (CSW) in New York to increase its influence.

Purpose and Impact

WFAR brings together specialists and advocates to tackle addiction challenges unique to women, offering knowledge and solutions.



Key thematic issues addressed by WFAR

Access to Services

WFAR focuses on improving women's access to treatment and recovery programs for addiction.

Double Stigma

WFAR addresses the layered stigma faced by women as both females and individuals with addiction.

Life Course Approach

Addiction and recovery are examined through women's life cycles and unique challenges at each stage.

Industries' Targets and Domestic Violence

WFAR highlights how industries target women and the link between substance use and gender-based violence.

Partnership and Cooperation

WFAR strengthens multi-stakeholder and international cooperation for women-centered addiction recovery.



WFAR's partnership and global impact

Joint Initiative

WFAR represents a collaborative project involving the Turkish Green Crescent Society, the Ministry of Family and Social Services, and Türkiye's diplomatic missions.

Global Collaboration

WFAR fosters crucial international dialogue with governments, NGOs, and academic bodies on strategies for addiction prevention and recovery support specifically for women.

Emphasis on Gender Awareness

WFAR emphasizes gender-sensitive methods in addiction prevention to address the distinct requirements of women effectively.



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Register Today

Recovery Webinar

25.09.24 at 14.00 CEST

Celebrating Women in Recovery

Speakers

Helena Lovel - *SWIPE, UK*

Rocío Suárez Ordoñez - *Psychologist, Argentina*

Asia Ashraf - *Peace Inn, Pakistan*

Sedef Erçetin Gencosmanoğlu - *Turkish Green Crescent, Türkiye*

Moderators

Mulka Nisic - *University of Derby, UK*

Chantelle Pepper - *Western Cape Substance Abuse Forum, South Africa*

The poster features a large stylized 'R' with a silhouette of two people climbing a mountain peak. Below the title, there is an icon of a group of people. The bottom right corner shows a silhouette of two people climbing a mountain peak against a sunset background.



Thanks