### FROM URGENCY TO IMPACT:

ADVANCING PREVENTION SCIENCE TO ADDRESS GLOBAL CHALLENGES IN POLYSUBSTANCE USE AND BEHAVIORAL HEALTH DISPARITIES



ISSUP 2025 CONFERENCE | BALI, INDONESIA
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- *September 18 2025* 







•••

# Be disruptive.











### 1 like

**eeoconsults** To be disruptive means to prevent something from continuing or operating in a normal way.







### What do WE believe?

- The most effective way of addressing a problem is to PREVENT it BEFORE it starts.
- We believe in the full engagement and empowerment of the community in their role to both understand and solve the problem.
- Being guided by science to achieve population-level change.



### Prevention is NOT Random!

Our Communities are Perfectly Engineered to Produce the Results We are Currently Seeing!

Intentional Purposeful Strategic









Prevention Is about i prioritizing the most population...

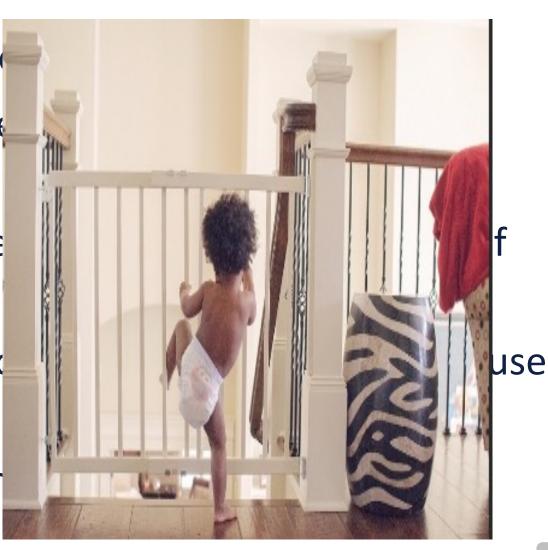
...and identifying who VULNERABLE (Enviro Lifespan...



Prevention should be OBVIOUS!

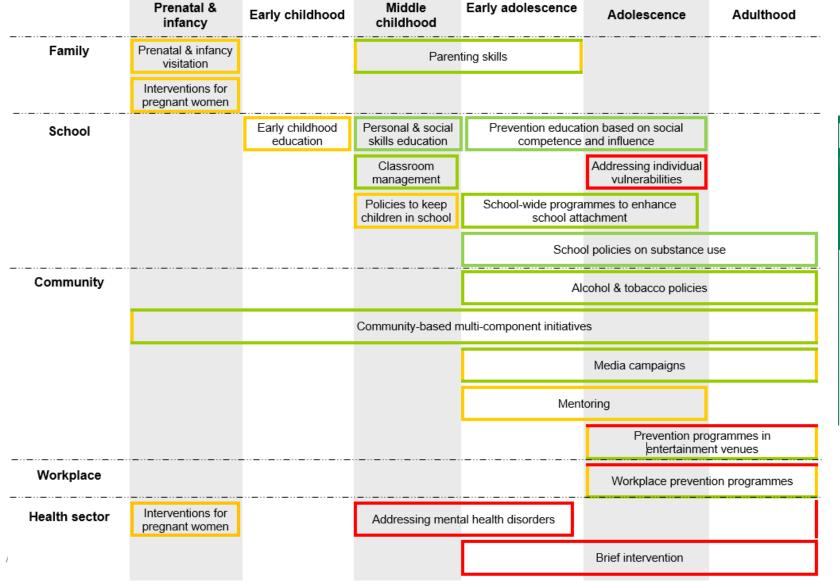
# Prevention Is: Across the Lifespan...

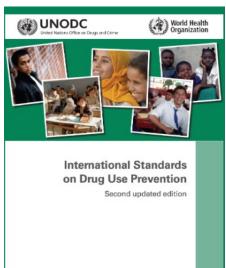
- Infants FASD, effects of mate
- <u>Children</u> second-hand smoke secondary effects
- Adolescents onset and expedeveloping brain and bodies
- College-aged and Adults pro and dependence
- Older adults prescription dr





# Prevention standards – this is what works... but how to translate our knowledge into strategy prioritization?





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Drugs, Laboratory and Scientific Service Branch Division for Policy Analysis and Public Affairs UNODC



# Clarifying the Role of Communities Applying Prevention Science

### Translate/ Clarify

Prioritize

Focus Locally (Identify Local Conditions) Concretize

Define Strategic Leverage (Align Strategies) Strategize

Engage Effectively and Equitably Evangelize



# The Fierce Urgency of Now

"We are now faced with the fact that tomorrow is today. We are confronted with **the fierce urgency of now.** In this unfolding conundrum of life and history, there "is" such a thing as being too late. This is no time for apathy or complacency. This is a time for vigorous and positive action."

— Martin Luther King Jr.".





### Invisible Vunerabilities:

Opioids, Commercialization, Poly Drug Misuse and The Untapped Potential of Youth Leadership

# Global Landscape: The Scale of Urgency

- 316 million people used drugs in 2023 (record high)
- -- Synthetic drugs expanding rapidly
- <1 in 12 with drug use disorders receive treatment
- Instability drives vulnerabilities





### Youth, polysubstance use, and disparities:

- 1. Adolescents face heightened vulnerability because their brains are still developing—early initiation amplifies the risk of long-term substance use disorders and associated life trajectory challenges.
- 2. Youth health impacts are severe: ages 15–19 carry proportionately higher risks of death and healthy years lost than adults 20+, with striking gender disparities (45% higher for young men, 68% higher for young women).
- **3. Global trends show both risks and opportunities**: while some high-income countries report declines in youth drug use, risky behaviors may be shifting (e.g., to problematic digital use), and data gaps remain in many regions—underscoring the need for stronger, age-disaggregated data systems.





# Youth Challenges: Americas (U.S. & Latin America)

- ☐ Opioids, especially fentanyl, fueling overdoses
- $\Box$  Cannabis commercialization  $\rightarrow$  early initiation, myths
- ☐ Vaping (nicotine + THC) as new entry point
- ☐- Inequities: indigenous, rural, and low-income youth
- ☐- Impact: overdose deaths, disrupted education, trauma



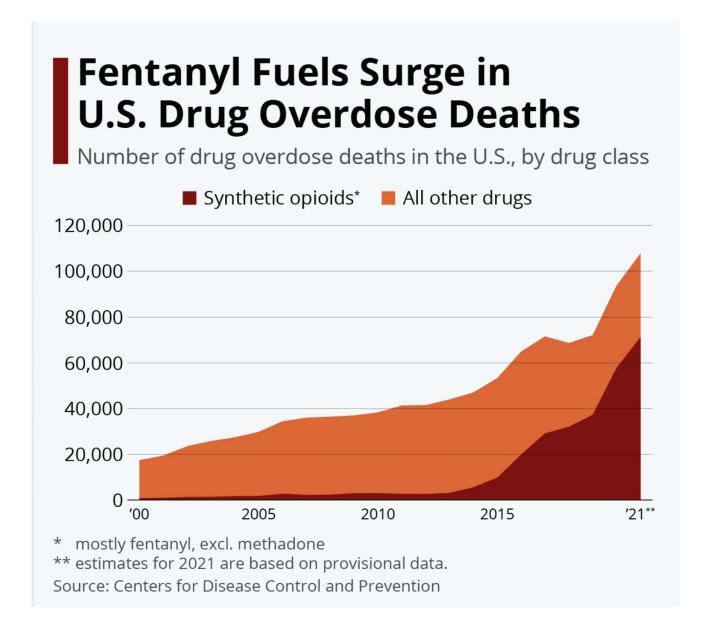




# The Real Problem: Polysubstance Use

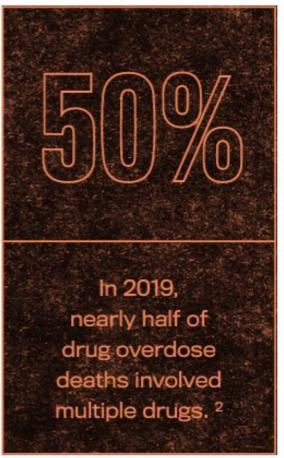
"First, there are virtually no drug overdose deaths where fentanyl is the only drug present. The "fentanyl" problem is 100 percent a polydrug problem."

- Dr Robert DuPont



In response to The Washington Post's series on fentanyl, IBH President Robert L. DuPont, MD authored a letter to the editor, published on December 16, 2022:





https://www.cdc.gov/stopoverdose/polysubstance-use/index.html



# Youth Challenges: Africa

☐ - Largest youth population globally (~60% under 25) ☐ - Cannabis dominant; growing misuse of tramadol & codeine **□**- Dangerous new mixtures and nontraditional innovative misuse like soakaway and 'kush' spreading ☐- Minimal treatment coverage; stigma widespread □ - Data limitations, Polysubstance Misuse





# Youth Challenges: Asia (South & Southeast)

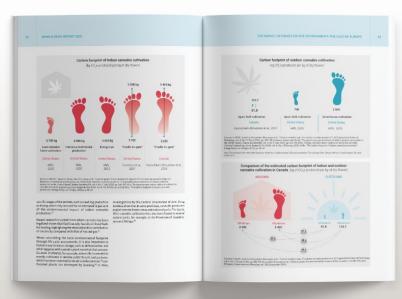
□- Epicenter of synthetic stimulant expansion

☐ - Cheap, potent meth targeting youth

 $\Box$ - Law enforcement focus  $\rightarrow$  health prevention

underfunded







# Comparative Insights Across Regions

- ☐ Accessibility: Cheap synthetics/commercialized products
- ☐ Polysubstance risks: fentanyl, tramadol, meth
- ☐ Behavioral health disparities: marginalized youth underserved
- ☐ Cultural stigma limits prevention + treatment
- ☐ Data gaps: limited age-disaggregated youth data







# Marijuana industry could be worth \$50 billion annually by 2026

By Trey Williams

Published: Apr 22, 2017 9:51 a.m. ET





Weed companies are hoping the U.S. government will not disrupt a sector that is raising valuable tax revenue for states



## Commercialized Recreational Pharmacology



### From 2016-2019 915,000 more with Marijuana Use Disorder



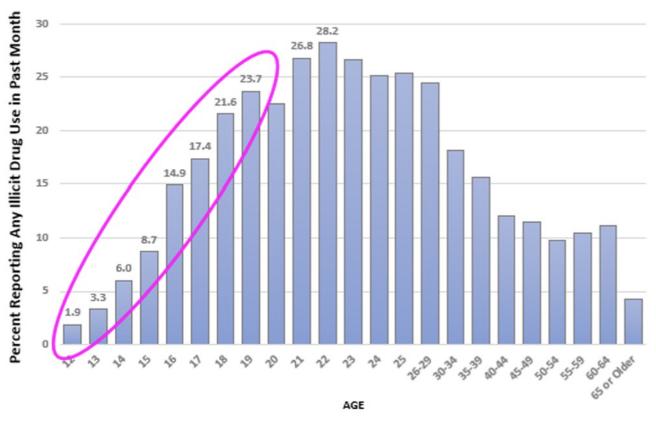


# The Vulnerable Adolescent Brain

Adolescence is a critical risk period for substance use initiation and adverse outcomes related to substance use.

This trajectory speaks to the need to understand what drives youth drug use, identify current and emerging trends, and match programs and policies with local conditions so as to effectively reduce youth substance use.

### **Escalation of Drug Use During the Teen Years**



Source: Substance Abuse and Mental Health Services Administration, National Survey on Drug Use and Health 2019.

Unpublished Special Tabulation by the Center for Behavioral Health Statistics & Quality (June 2021).



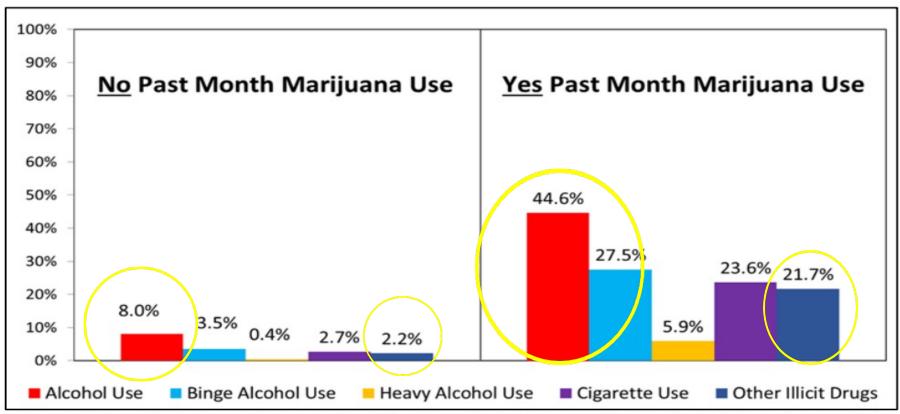
# Research Questions

 Is the use of one substance by adolescents associated with increased risk for using any other substance, <u>regardless of use</u> <u>sequences</u>?

2. Is non-use of one substance associated with decreased risk for using other substances?

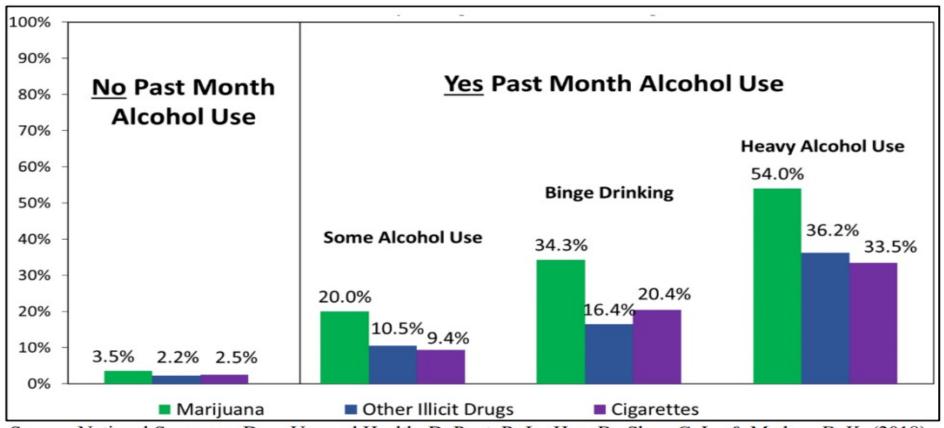


Figure 2. Past Month Marijuana Use is Associated with Higher Use of Other Drugs Among Youth Aged 12-17



Source: National Survey on Drug Use and Health; DuPont, R. L., Han, B., Shea, C. L., & Madras, B. K. (2018). Drug use among youth: national survey data support a common liability of all drug use. *Preventive Medicine*, 113, 68-73.

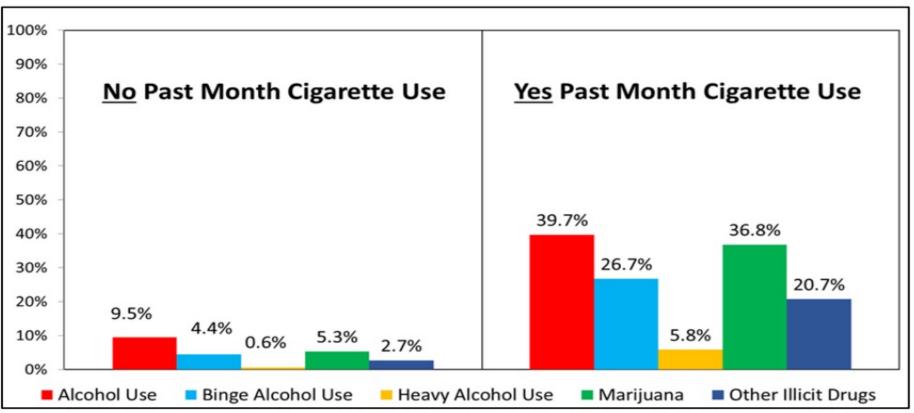
Figure 1. Past Month Alcohol Use is Associated with Higher Use of Other Drugs Among Youth Aged 12-17



Source: National Survey on Drug Use and Health; DuPont, R. L., Han, B., Shea, C. L., & Madras, B. K. (2018). Drug use among youth: national survey data support a common liability of all drug use. *Preventive Medicine*, 113, 68-73.

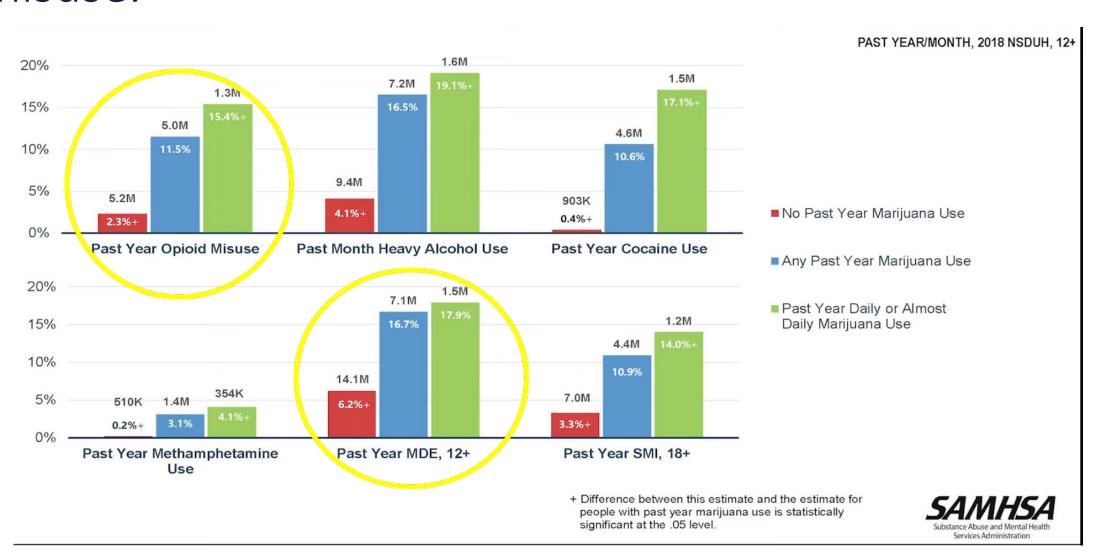


Figure 3. Past Month Cigarette Use is Associated with Higher Use of Other Drugs Among Youth Aged 12-17



Source: National Survey on Drug Use and Health; DuPont, R. L., Han, B., Shea, C. L., & Madras, B. K. (2018). Drug use among youth: national survey data support a common liability of all drug use. *Preventive Medicine*, 113, 68-73.

# Marijuana contains serious risk for poly substance misuse.





### Youth Drug Use is Not Inevitable

IBH has conducted original analyses of national data sets on youth substance use behaviors with two critical findings:

 For teens, all substance use is related. The use of any one substance increases the likelihood of using others; similarly, not using any one substance decreases the risk of using others.

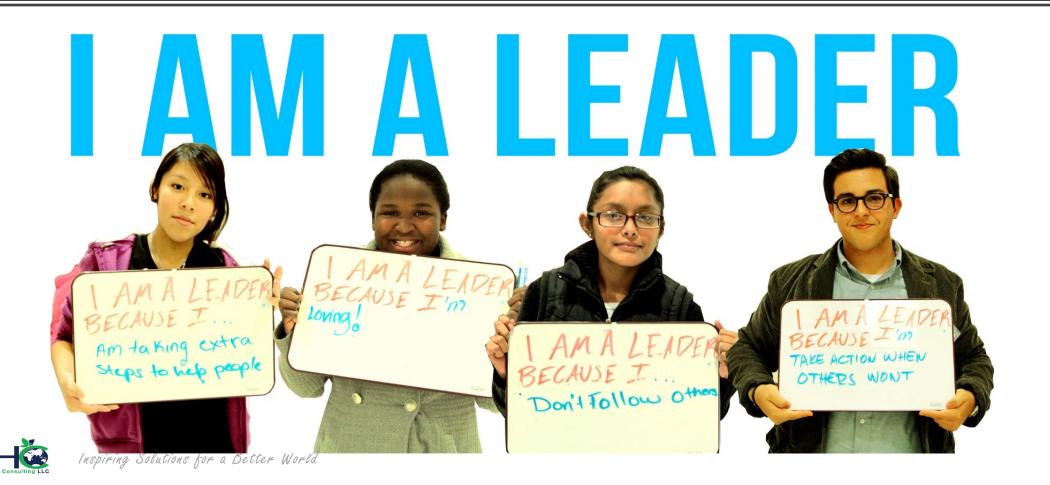


• More than ever, American youth are choosing to not use any

# THE GOAL OF YOUTH DRUG PREVENTION IS ONE CHOICE

No use of any alcohol, nicotine, marijuana or other drugs for health.

Why is it important to engage youth as transformational leaders/ Prevention Influencers in community change efforts?





# SOCIAL JUSTICE AND CULTURALLY RELEVANT PREVENTION

ELIZABETH M. VERA . MAUREEN E. KENNY

Endorsed by the Prevention Section of Division 17 of the American Psychological Association





FOURTH WAVE
FOUNDATION
@United Nations Office
on Drugs and Crime,
(UNODC), VIENNA

So-Y! (So Why I Engage!), Fourth Wave Foundation's Youth Engagement Platform, speaking on

BUILDING TOMORROW'S LEADERS!

Advocacy, Professional
Development, Capacity
Strengthening among Youth







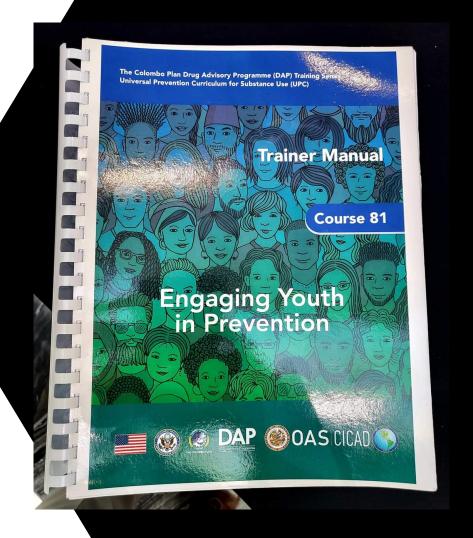
# Voice



# Equity = Belonging











# Getting Into Good Trouble!

- Prevent use of any/all drugs during adolescence. One Choice!
- Challenge myths and educate the relationship & realities of commercialized polysubstance misuse.
- Build upon and expand post-overdose response capacity & engagement .
- Apply pressure emphasizing Equitable questioning and SDOH considerations
- Make Prevention Obvious!



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# THANK YOU!

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