

Overview of the International Standards for the Treatment of Drug Use Disorders

Strengthening Quality Assurance Mechanism for Treatment of People with Drug Use and Drug Use Disorders

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Global situation on drug use and drug use disorders (WDR, 2025)

• 316 Mio people (6% of the global population aged 15–64) have used an internationally controlled substance (drug) in the year 2023 for non-medical purpose

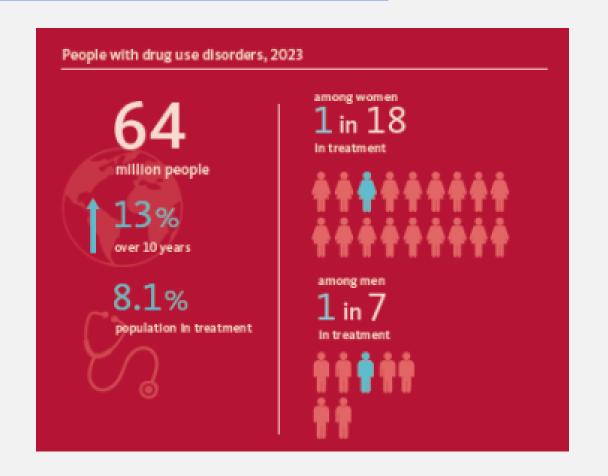




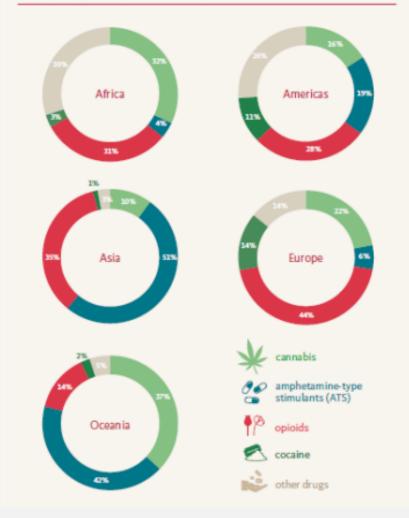
Drug use disorders and drug treatment

(UNODC, 2025)

- 64 Mio people worldwide were suffering from drug use disorders
- Yet only 1 in 12 have access to treatment and the situation is worse for women with drug use disorders







There are vast regional differences when it comes to treatment needs, in Asia, stimulants being a primary drug for 51% followed with opioids for 35% of people in treatment



Quality of treatment for DUD often low

- Many commonly used interventions (even if well-intentioned) do not follow scientific evidence: They are either ineffective or even harmful.
- Treatment should show evidence of symptom reduction, contribute measurably to physical, psychological and social functioning improvements and decrease the risk for negative health and social consequences from drug use. Patient outcomes are a key measure of quality.



UNGASS on the World Drug Problem (April 2016)

- Promote and implement the standards on the treatment of drug use disorders
- Provide guidance, assistance and training
- Develop standards and accreditation for services at the domestic level



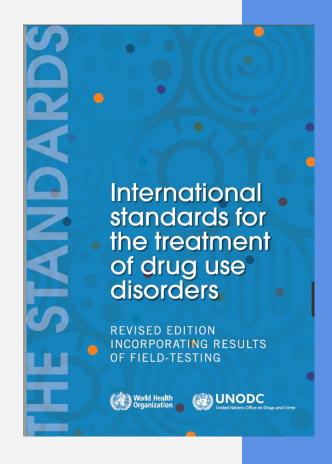




International Standards for the Treatment of Drug Use Disorders (2020)

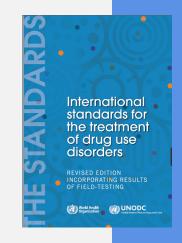
Guided by 7 Principles

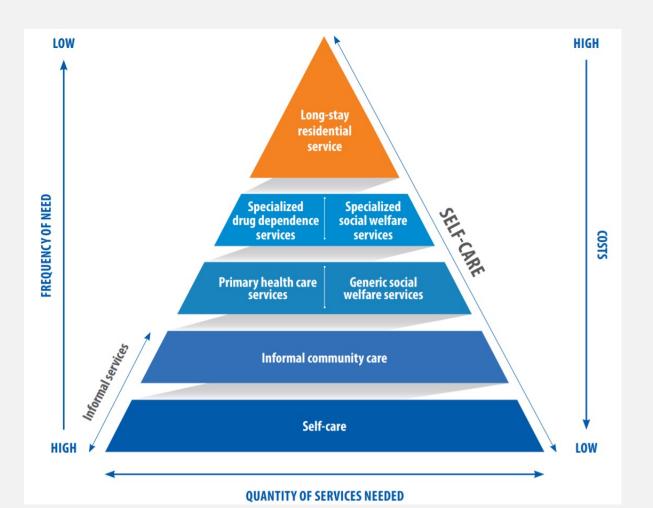
- 1. Treatment must be available, accessible, attractive, and appropriate
- 2. Ensuring ethical standards of care in treatment services
- 3. Promoting treatment of drug use disorders through effective coordination between the criminal justice system and health and social services
- 4. Treatment should be based on **scientific evidence** and respond to **specific needs** of individuals with drug use disorders
- 5. Responding to the **special treatment and care needs** of population groups
- 6. Ensuring good clinical **governance** of treatment services and programmes for drug use disorders
- 7. Treatment services, policies and procedures should support an **integrated treatment approach**, and linkages to complementary services require constant **monitoring and evaluation**





Treatment system organization pyramid





- Public Health principle offer the most effective, least invasive and lowest cost intervention first
- Public investment should match the volume and type of treatment needed
- Drug treatment is cost-effective compared with untreated drug problems
- Most interventions are required at lower levels and most people can be treated in community outpatient settings

Suggested interventions in different settings at different system levels

System level	Possible interventions				
Informal community care	 Outreach interventions Self-help groups and recovery management Informal support through friends and family 				
Primary health care services	 Screening, brief interventions, referral to specialist drug use disorder treatment Continued support to people in treatment/contact with specialized drug treatment services Basic health services including first aid, wound management 				
Generic social welfare	 Housing/shelter Food Unconditional social support Referral to specialized drug treatment services, and other health and social services as needed 				
Specialized treatment services (outpatient and inpatient)	 Assessment Treatment planning Case management Detoxification/withdrawal management Psychosocial interventions Medication-assisted treatment Relapse prevention Recovery management 				
Other specialized health care services	 Interventions by specialists in mental health services (including psychiatric and psychological services) Interventions by specialists in internal medicine, surgery, paediatrics, obstetrics, gynaecology and other specialized health care services Dental care Treatment of infectious diseases (including HIV, Hepatitis C and tuberculosis) 				
Specialized social welfare services for people with drug use disorders	 Family support and reintegration Vocational training/education programmes Income generation/micro-credits Leisure time planning Recovery management services 				
Long-term residential services for people with drug use disorders	Residential programme to address severe or complex drug use disorders and comorbid conditions Vocational training Protected environment Life skills training Ongoing therapeutic support Referral to outpatient/recovery management services				

Int. TX standards suggest interventions at different levels in the health & social system

Many parts of the health and social care system should ideally play a part in meeting the holistic needs of people with drug use disorders

This covers informal community care and self care, through to generic health and social welfare to specialist drug use disorder treatment



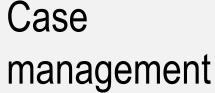


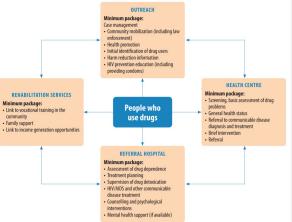
Suggested models of service organization in TX systems





Onestopshop





Community -based treatment networks

HEALTH SERVICES

Screening

Referral

Brief intervention

Referral hospital

Patient assessment

Treatment planning

Medication-assisted

Case management

Detoxication

treatment

Psychological

Mental

health

HIV/STI

TB

General

health

SOCIAL AFFAIRS/

NGO NETWORK

Rehabilitation:

reintegration

programme

Micro-credits

Housing

Life skill training

Vocational training

· Income generation

 Time for socializing Family support and

Literacy/educational

COMMUNITY

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People who use drugs

Identified/referred

· Community mobilization and

· Outreach and peer education

· Client/family support and

Counselling and home-based

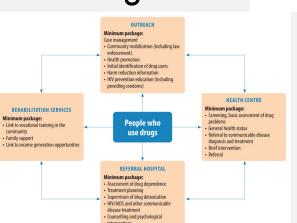
Case management

health promotion

HIV prevention

reintegration

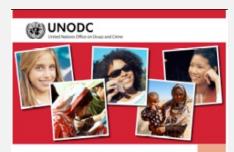
Identification



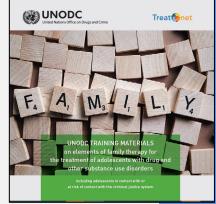


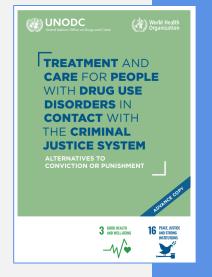
Populations with Special Treatment & Care Needs

- Patterns of drug use: polysubstance use
- Health needs: comorbid health conditions, disabilities
- Age: children/adolescents and elderly people
- Social care and support needs
- Women and pregnant women, religious and ethnic minorities, indigenous populations and
- People in contact with the criminal justice system





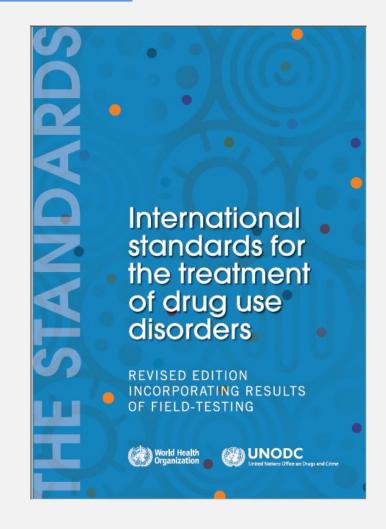






Summary: The International Standards for the Treatment of Drug use Disorders & the QA tools....

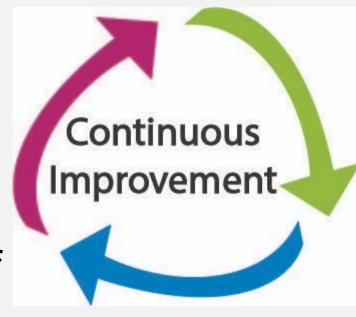
- based on strong international policy mandate and based on existing guidance
- propose the settings and therapeutic interventions recommended for the various stages of effective drug use disorder treatment along a continuum of care approach
- provide a public health framework for the development of a drug treatment system
- are accompanied by piloted dissemination tools (including the quality assurance toolkits
- UNODC committed to support UN Member States in their efforts to appraise and improve drug use disorder treatment along with our mandates





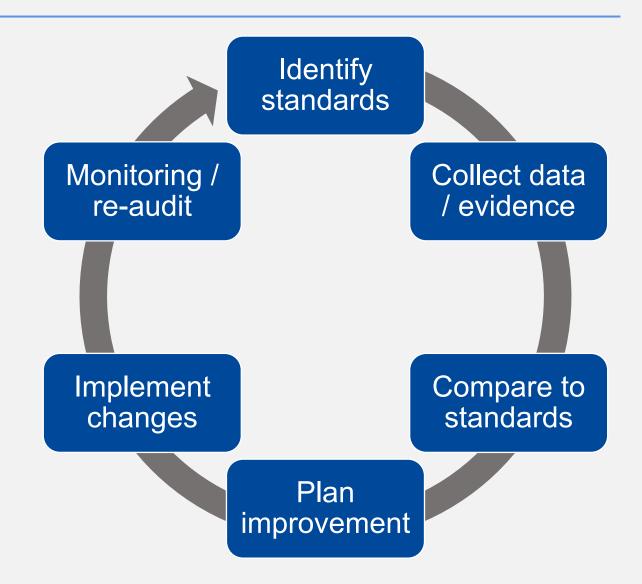
From quality assessment to quality improvement and continuous assurance

- Support UN Member States in assessing drug use disorder treatment against International Standards
- Build MS capacity to institutionalize QA cycles for drug treatment
- Technical assistance for improvement of drug use disorder treatment
- Track quality improvement over time

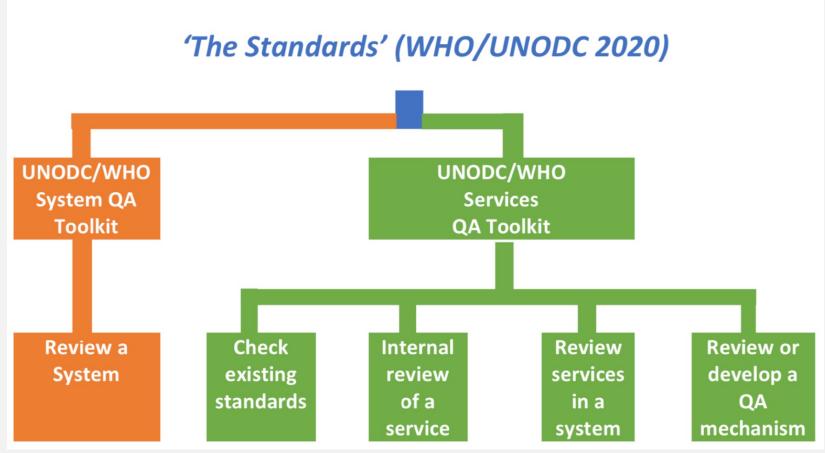




Quality improvement cycle using UNODC QA tool



System and service QA Toolkit





UNODC/WHO 2 QA Toolkits: System and Services QA Toolkit can be used in different ways

System level standards

System standard statements				
Sys1	The area has mechanism that co-ordinates and oversees the planning, funding, monitoring and review of the drug use disorder treatment system			
Sys2	The area has a recent comprehensive needs assessment that informs drug use disorder treatment system planning			
Sys3	The drug use disorder treatment system features a tiered or 'pyramid' model, with settings, modalities and interventions outlined in 'the Standards'			
SyS4	The area has a funded plan to develop and sustain its drug use disorder treatment system in line with 'the Standards'			
SyS5	The system has planned and monitored mechanisms to enable and improve quality, including addressing inhuman or degrading treatment, negative attitudes and discrimination			



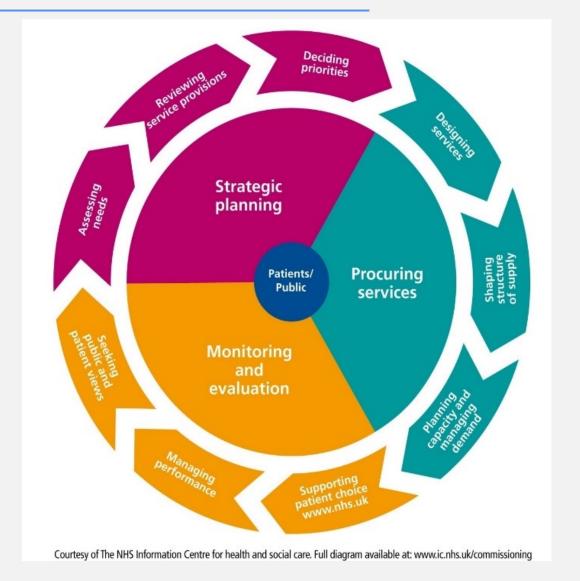
System level standards

UNODC System QA Toolkit



 Designed to be used by local stakeholders to review a system





Examples of scoring of standards and criterionFactual

Factual language

3 point descriptor scale	Not Applicable	Not Met		Partially Met	Met			
3 point numeric scale	Not Applicable	1		2	3			
5-point numeric scale	Not Applicable	1	2	3	4	5		
BRAG rating	Blue	Red		Amber	Green			
Finer BRAG rating	Blue	Red	Red Amber	Amber	Green Amber	Green		
Percentage rating	Not Applicable	%		%	%			
Narrative	Written descriptions of the degree to which a standard has been met							



Not all criterion apply

Used for numeric data

Scorecard from rating a facility using a BRAG rating

% or BRAG rating

Blue = Not Applicable

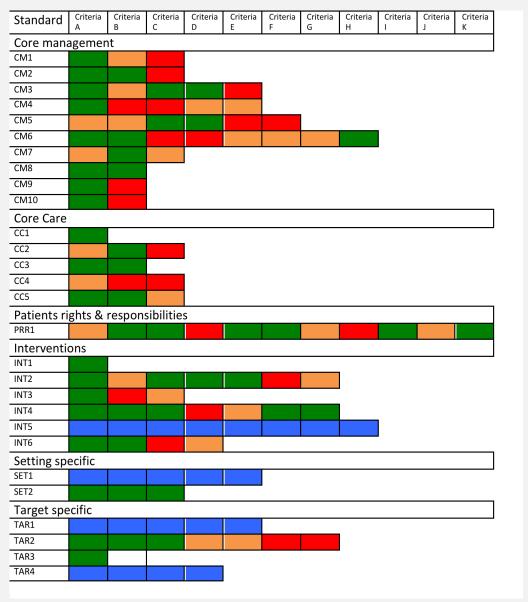
Red = Not met

Amber = Partially met

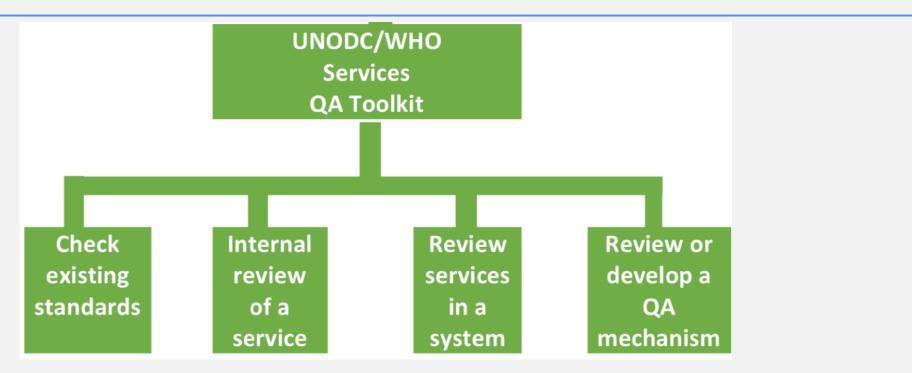
Green = Met

Action plans can be created to improve Red areas of service provision or safety and priority areas





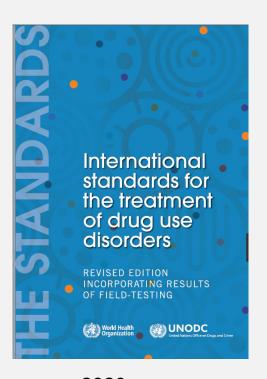
Four uses of UNODC Services QA Toolkit



Recommended process for each project:



Drug use disorder treatment quality assurance toolkit



2020



UNODC
United Nations Office on Drugs and Crime

African
Union

African

African
Union

African
Union

African
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KQS - 2021



Drug Use Disorder Treatment
Services Quality Assurance
Toolkit

A quality assurance tool based on the
International Standards for the Treatment of Drug
Use Disorders (UNODC/WHO 2020)

Pre-publication draft
This document has not been formally edited

2022 2022

Living documents for technical assistance

Adaptations and experiences at country and regional level

Key Quality Standards (KQS) for Service Appraisal











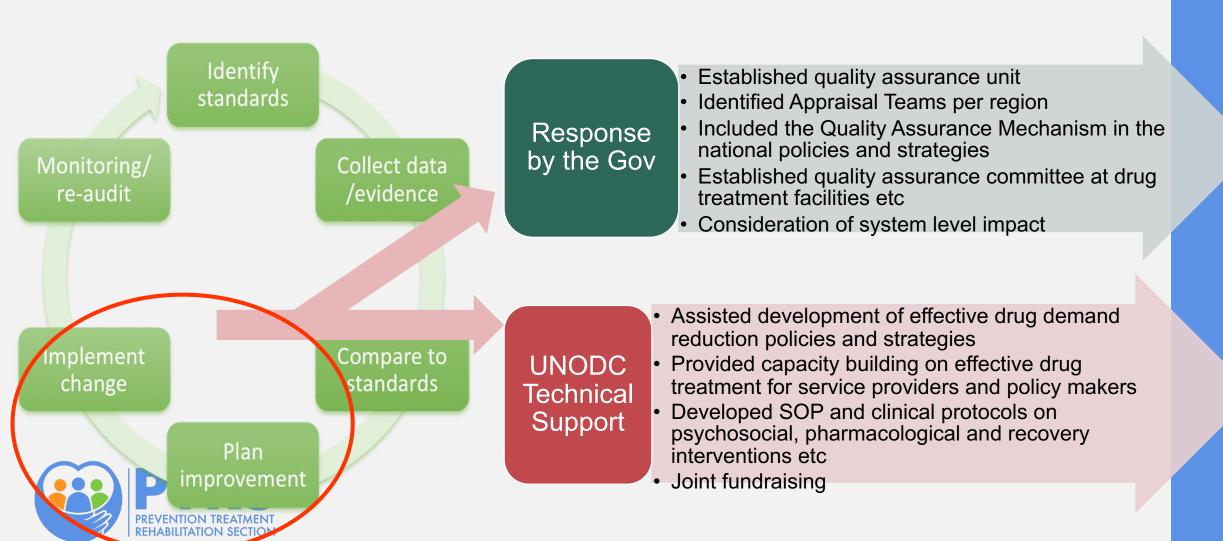


Quality assurance in treatment for drug use disorders: key quality standards for service appraisal



- Consultations between 2016-2021 Led to subset of consensus quality statements drawn from existing sets of regional and international standards & of key importance to assure the quality of drug use disorder treatment
- Target group: planners, funders, monitoring and evaluating bodies, providers of drug use disorder treatment and care

From quality appraisal to quality assurance





Thank you!

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