



**Preventive Education and
Training Division of National
Dangerous Drugs Control
Board**

**22-24 September 2025
Ceylon Sea Hotel
Tangalle**

**Teachers Training workshop at
Hambanthota
NDDCB
Ministry of Health
Ministry of Education**

nddcb

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About programme

The Preventive Education and Training Division of the National Dangerous Drugs Control Board (NDDCB), Sri Lanka, successfully conducted the Guru Shiksha Teachers Training Programme from 22nd to 24th September 2025 at the Ceylon Sea Hotel, Tangalle. This transformative initiative brought together 55 School Counsellor Teachers representing the Walasmulla Education Zone Hambanthota, with the aim of strengthening school based substance abuse prevention through creative pedagogy, psychological awareness, and emotional literacy. The programme was funded by the Mental Health Division of the Ministry of Health and fully supported by the Ministry of Education, which facilitated the participation of dedicated Counsellor Teachers.



“ශික්ෂා” Walasmulla Zone
National Dangerous Drugs Control Board

District Secretariat
Hambantota

Ministry of Health
Ministry of Education



What We Do

It was monitored by Dr. Indika Wanninayake, Chairman of NDDCB, along with the Director General of NDDCB, ensuring strategic oversight and institutional alignment. The Preventive Education and Training Division carried full operational responsibility for planning, facilitation, and implementation. The programme was funded by the Mental Health Division of the Ministry of Health, which provided comprehensive financial support, including participant logistics, training materials, and all associated costs.

ORIGINALLY DESIGNED IN 2019, GURU SHIKSHA IS ROOTED IN THE UNIVERSAL PREVENTION CURRICULUM(UPC) SERIES, WITH SPECIAL GUIDANCE DRAWN FROM THE SCHOOL-BASED PREVENTION CURRICULUM. THE PROGRAMME IS GROUNDED IN SCIENTIFIC AND EVIDENCE-BASED INTERVENTIONS, TAILORED TO THE SRI LANKAN EDUCATIONAL CONTEXT THROUGH BILINGUAL DELIVERY AND CULTURALLY RESONANT METHODS.





What We Do

This transformative Teachers Training Programme is designed to equip educators with a sound psychological foundation for understanding and guiding student behavior. Grounded in Abraham Maslow's Hierarchy of Needs, the training emphasizes the importance of creating emotionally safe and motivating learning environments.

Drawing from Albert Bandura's Social Learning Theory, participants will explore how attention, retention, reproduction, and motivation shape student behavior—especially in relation to risk-taking and substance use.

The programme also introduces DARN CAT and Change Talk techniques from motivational interviewing, empowering teachers to engage students in sustainable, dignity-based conversations that foster self-awareness and positive decision-making.

THIS TRAINING PROGRAMME ADOPTS A STRUCTURED EVALUATION FRAMEWORK TO ENHANCE TEACHER ENGAGEMENT AND LEARNING OUTCOMES. PARTICIPANTS UNDERGO BOTH PRE-TEST AND POSTTEST ASSESSMENTS, ENABLING FACILITATORS TO MEASURE IMMEDIATE COGNITIVE GAINS AND SHIFTS IN UNDERSTANDING. A MULTIPLE-CHOICE QUESTIONNAIRE SERVES AS THE PRIMARY TOOL FOR EVALUATING PARTICIPANTS' INITIAL AND FINAL OUTPUTS.



Our Team



TRANSFORMATIVE TRAINING PROGRAMME IS CONDUCTED UNDER THE LEADERSHIP OF MR. PRADEEP KUMARA KOHOLANEGEDARA, DEPUTY DIRECTOR OF THE PREVENTIVE EDUCATION AND TRAINING DIVISION NATIONAL DANGEROUS DRUGS CONTROL BOARD, SRI LANKA. MR. KOHOLANEGEDARA BRINGS A WEALTH OF EXPERTISE AS A CREDENTIALLED PROFESSIONAL IN ICAP UTC, URC, AND UPC, WITH A DISTINGUISHED RECORD IN DESIGNING BILINGUAL, EMOTIONALLY INTELLIGENT EDUCATION FOR YOUTH AND EDUCATORS. HE IS JOINED BY A DYNAMIC TEAM OF CERTIFIED



Ms. Inusha Hettiarachchi
Drug Education and Information Officer
Mr. Sudara Priyanath
Development Officer
Ms. Isuri Rathnayake
Assistant Drug Education and Information Officer
Ms. Surangi Nawalahewage
Assistant Education and Information Officer and Programme Coordinator





Gallery Thank you



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