

Combined Pharmacological and Cognitive Behavioral Therapy for Gambling Disorder in an Adult Male with ADHD: A Case Report

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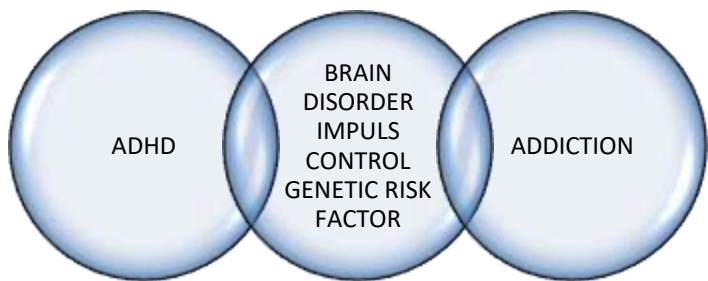
BACKGROUND

- Gambling addiction → family conflict, job loss, financial problems
- Worse with substance use
- Cognitive Errors:
 - * Illusion of control
 - * Gambler's fallacy
 - * Interpretative Bias
 - * Chasing Loss
- * Gambling Expectancies
- * Misinterpretation
- * Illusion of Prediction

HIGH EDUCATION : 75 %

GAMBLING PLATFORM

54.5% Online
22.7% Offline
22.7% Offline and Online



Proportion of Negative Consequences

Financial 21.2%
Interpersonal relationship 21.2%
Psychological well-being 20.9%
Physical health 19.5%
Involvement in crime 9.2%
Personal career 8.3%



CASE ILLUSTRATION



Male, 28 y.o
- Gambling addiction
- Large debts
- Misused company funds
- Methamphetamine addiction



ADHD COMORBIDITY

- Loses things
- Easily Distracted
- Forgetful in daily activities
- Seems to not listen
- Difficult to sustaining attention
- Fidgeting
- Difficult to waiting one's turn
- Poor Organization

December 2025

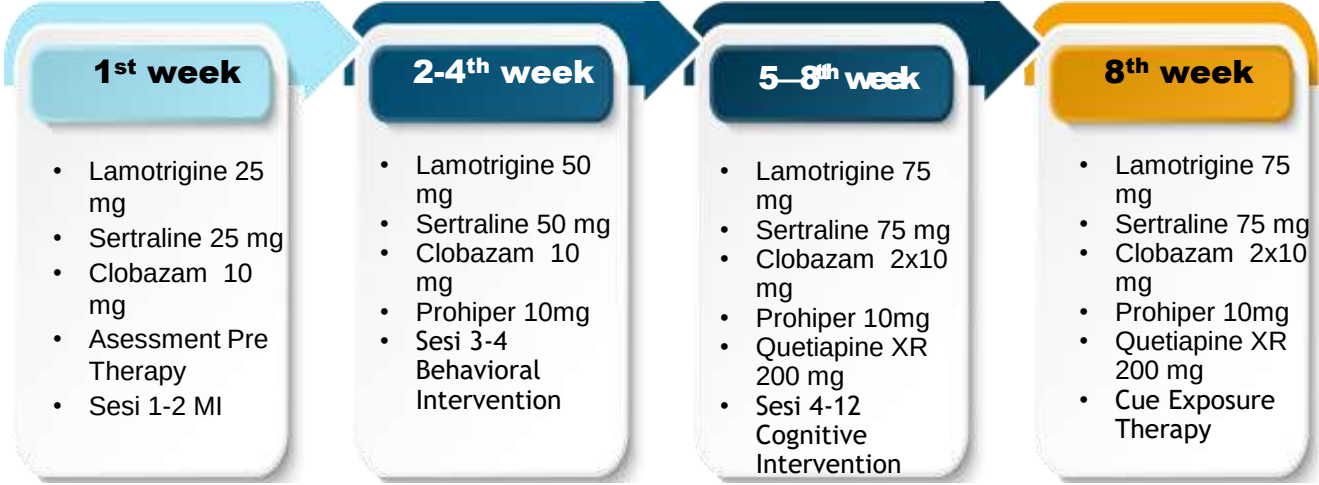
- Insomnia
- Anxiety
- Hopeless
- Worrying about debt

Cognitive Errors

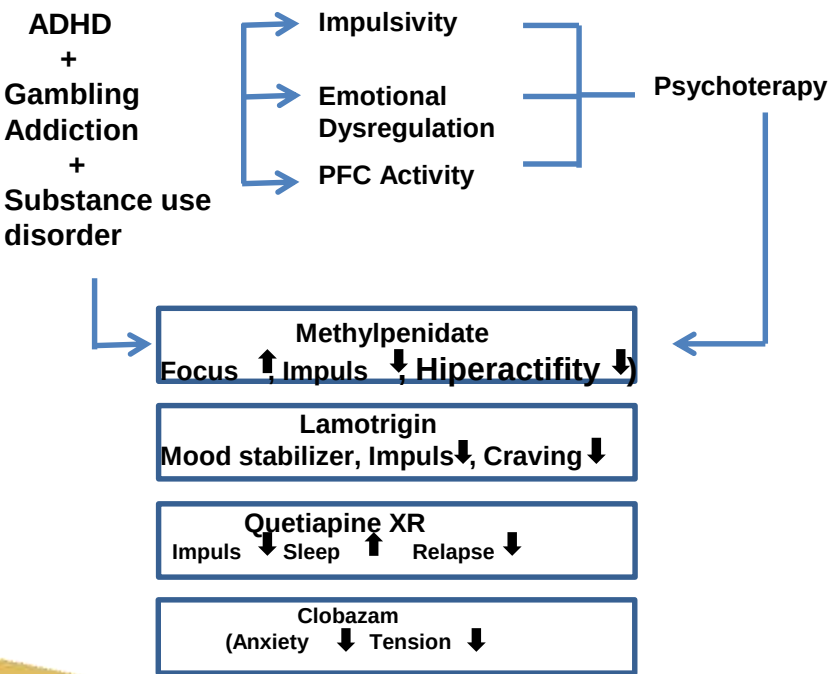
March 2025

Inpatient care for 50 days

Therapeutic interventions during inpatient psychiatric care



DISCUSSION



SUMMARY

- Ease Accelerator
- Reduce The Urge To Gamble
- Reduce The Likelihood of Relapse

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