

**Addiction and Mental Illness Touches Every One.
"Alcohol Becoming An Equal Opportunity Destroyer".
Mental Health Emergency and Human Resilience Attorneys
Instant Intelligence For Your Wisdom! The Present Tense of Pakistan!
A man takes a drink, the drink takes another, and the drink takes the man.
Spread The Word "Addiction – A Chronic Relapsing Brain and Family Disease"
"Addiction is anything we continue to do despite negative consequences; besides
drugs & alcohol, these can include work, food, sex, exercise, parenting or even cleaning".
Mental illness has become a convenient scapegoat for Terrorism - but the causes of Terror are rarely so simple
Blaming Terrorism on Mental illness or Religion without understanding the specifics of the situation is a worrisome practice for
both Media and Police.**

The need of the hour for Pakistan in drugs rehabilitation project/program becomes an especially important activity is required in society at this time when children are spending more time outside playing and chatting together and finding new friends. Many are also looking for fun new experiences.

Meanwhile the bootlickers/drug dealers are very effectively spreading their own 'truth' about Alcohol/Narcotic drugs amongst naive teenagers to make them try their 'fun stuff'.

Mental Health Pakistan believe even influenced that you may have noticed that society is rapidly going downhill and the most serious part of this is that drugs, both medical (Prescribed) and street drugs, have disabled a majority of those who could have handled it, including the political leaders, and have even paralyzed the coming generations.

Throughout the history of drug rehabilitation, the fundamental struggle in the fight against abuse has been to help the individual abuser become drug-free. Why not drug rehabilitation project/program wisely wins this struggle for Cold turkeys? (A common name for a drug addict(s) who is/are going through the withdrawal symptoms to try and kick the addiction(s), also known as detoxification or detox).

This area is, in our opinion, critical in the treatment of persons afflicted with addictive disorders. Although experts often note that addictive disorders should not be viewed from a moralistic perspective, a view which is often misunderstood, there is no question that one of the central problems in addictive behavior is the restructuring of the normative system of patients affected by the disorder.

Addicts characteristically subordinate values such as work, family relationships, and community responsibilities to the ingestion and unwise use of alcohol and/or drugs. Social neglect, Stigma (An Attitude), Discrimination (An Activity) and criminal behavior(s) are frequent companions of drug abuse and alcoholism.

In the past, the term "Addiction" has had a very limited focus, being associated almost entirely with alcohol & other drugs. In reality, this is not the case at all. There are millions of addicts who have never used mood—altering chemicals in their rituals of getting high. Similarly; there are hundreds of thousands of food addicts, addictive gamblers, sex addicts, shoplifters, workaholics, addictive spenders & many others who are living lives of emotional isolation, shame & despair caused by their own brands of addiction.

Addiction has been described as a pathological relationship to any mood altering experiences that has life damaging consequences; but even than many people are in absolute denial that the Alcohol (specially for) is a respectable addiction.

Mental Health Pakistan would also like to re-emphasize learning & reading commitments to all our clients' as on regular basis educating, counseling & monitoring the patients including the significant others on the appropriate management of the cunning, befalling, progressive & permanently fatal chronic disease i.e. addiction; even then "Recovery from Addiction is possible, there is a hope & there is a life beyond the pain".

It is our intention to give the clients a better idea of Addiction as well as understanding what & why their loved one's get addicted to & what happens inside the people who suffer from this illness. Efforts to develop a functional normative system, as none is done in Pakistan, would be result in favorable outcomes.

At **Mental Health Pakistan** having several features which in our opinion justify the implementation of the program. An important aspect is the systematic application of techniques to improve communication and interpersonal skills in persons dependent on

alcohol and/or drugs. The techniques include training in personal values, integrity and in general cover ethical principles in variety of sittings.

Demonstrated effectiveness, including detail discussions of assessment issues, appropriate dosage regimes, the role of ancillary social/psychosocial services, the use of opiate replacement therapy in prisons, optimal treatment during pregnancy, and the cost-effectiveness in shape of fashion of nursing back to health expecting seriously what we can do for people in need in our town, city & country from generations—to—generations.

Mental Health Pakistan really appreciate if you give increasing amount of responsibilities of intervention, counseling & treatment referrals/research; we really love it & moving in it is one of our best moves we ever made.

Mental Health Pakistan proud to be a joint lead arranger for our Nation(s) because it is a straight matter of lives of all age brackets.

Mental Health Pakistan endorse strong commitment to further strengthen that this therapeutic relationship through you in further developments. We believe that the success of this project shall prove to be a curtain raiser for many such projects in future.

Since Optimists we prefer to focus on the positive gains & only hope that this present effort contributes to further progress & unity in the field(s).

Mental Health Pakistan HOPE (Hang On to Power Every day) nay sure that we might be the right professionals, our town city & country eagerly looking for.

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Mental Health Pakistan really appreciates if you give us an increasing amount of responsibilities; we really love it & moving in it is one of our best moves we ever made. **Mental Health Pakistan** hope nay sure that these all will result in progress towards an interdependent relationship & more useful data flow; packages will be (e)mail on the spur of the moment.

Professionally yours,

Inamullah Ansari
Advocate High Court
Adjunct Faculty Correspondent

Controlled Dangerous Substances (CDS) / Prescription Legend Drugs (PLD) / Strict Liability For Drug Induced Deaths (Defending Drug—Induced Crime Probation Violations) / Mental Impairment / Insanity & Drug Crimes Criminal Defenses / Discrimination / Disability / Guardianship Advocate High & Supreme Courts; Speaking For Those Who Can't Or Won't Speak Because of Fear / Shame / Guilt / Marginalization / Stigmatization.

**Creative Alternatives to Courtrooms, Boardrooms & Screening Rooms.
Integrated Mental Health Crisis Response Court Liaison Support & Diversions.
Court-Monitoring Services are available on a Monthly basis as needed or as ordered.**

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