

**In occasione  
della Giornata Internazionale 2026  
contro l'abuso e il traffico illecito di droga**



## **Le comunità terapeutiche di Casa Rosetta presentano lo spettacolo**

**Da naufrago a navigatore  
Il viaggio di Ulisse nella guarigione**

**Venerdì 26 Giugno 2026**

**ORE 20,30**

**Presso la Comunità Terapeutica  
"Villa Ascione" (Terra Promessa)**

**Caltanissetta  
Traversa Viale della Regione**

**NOI INSIEME**

*Il filo rosso della vita.*

RELAZIONI. CURA. COMUNITA'. FUTURO.



PROGETTO "IN-FORMA"

Spesa finanziata dalla presidenza del consiglio dei ministri  
dipartimento delle politiche contro la droga e le altre dipendenze

## Da naufrago a navigatore\_ il viaggio di Ulisse nella guarigione

A theatrical production that reinterprets the myth of Odysseus (Ulysses) as a metaphor for recovery from addiction and personal healing. The text includes an introduction, symbolic interpretations of key episodes from the *Odyssey* (the Lotus Eaters, Sirens, Cyclops), the role of Euryclea, the philosophical core of the project, acknowledgments, and a full cast/crew list.

### From Shipwrecked Sailor to Navigator: Ulysses' Journey toward Healing

In the *Iliad*—Homer's epic poem recounting the final years of the Trojan War—Ulysses stands out as one of the most authoritative leaders of the Achaean army. He is distinguished not only by his courage in battle, but by his intelligence, strategic acumen, and unmatched ability to find solutions in the darkest moments. He is the hero of wit, navigating obstacles with unwavering determination and clarity.

In the *Odyssey*, which chronicles his long voyage home after the fall of Troy, Ulysses evolves into the protagonist of a remarkable human adventure. For ten years, he wanders the seas, battling storms, facing monstrous creatures, and resisting seductions, sustained solely by the yearning to return home and reclaim his identity. His journey becomes a path of transformation, self-discovery, and a continuous search for direction.

In this reimagining of the myth, Ulysses and his companions embody the path of healing and recovery after wrestling with addiction and vulnerability. Much like the Homeric hero, every individual confronts obstacles, fears, and a sense of lostness, yet also holds the power to forge a new balance.

The stages of Ulysses' journey thus take on a deeply symbolic, contemporary significance:

- **The Island of the Lotus Eaters** recalls the danger of oblivion. Those who taste the lotus forget their homeland and lose the desire to return. It serves as a powerful metaphor for any condition that alienates individuals from themselves, their history, and their relationships, causing them to lose their way.
- **The Encounter with the Sirens** represents the confrontation with illusions and temptations that promise immediate gratification but lead to self-destruction. Ulysses successfully listens to their song without succumbing, thanks to an awareness of his own limitations and the support of his crew. This mirrors the strength born from relationships and the courage to ask for help.
- **The Struggle against the Cyclops Polyphemus** depicts the clash with a brutal, threatening force. Trapped in the cave, Ulysses saves his men through ingenuity and teamwork. This symbolizes the confrontation with our deepest fears and pain—with everything that seems insurmountable, yet can be overcome through solidarity and mutual trust.

### The Power of Recognition and Care

Then comes **Euryclea**, the nurse who recognizes Ulysses upon his return to Ithaca. Even before discovering the childhood scar on his body, Euryclea senses something familiar in him. Having nursed him since birth, raised him, and loved him like a son, she guided him through the most pivotal moments of his upbringing.

As she washes his feet in accordance with the rituals of hospitality, she touches the scar, confirming beyond doubt that this is Ulysses. This gesture carries profound symbolic weight: washing feet is an act of care, hospitality, and devoted service toward someone returning home after a long, grueling journey. Within this reunion lie themes of forgiveness and reconciliation. Ulysses returns after a twenty-year absence and is embraced by those who never stopped considering him family. Euryclea thus embodies a faithful love that

knows how to wait, understand, and welcome without judgment, fostering a reconnection with one's roots.

### **Redefining the Individual**

At the heart of this narrative is **the person**—not the addiction, not the distress, not the wound, but the individual in their entirety. Each person is the bearer of a unique history, shaped by vulnerabilities and resources, setbacks and potential. True care then transforms into an encounter: it is listening, presence, and accompaniment.

It creates a space where everyone can feel welcomed, recognized, and supported. Ulysses' return ultimately signifies a restoration—to oneself, to loved ones, to one's history, and to the community. It is not a return to who one was before, but the achievement of a new awareness, a more authentic freedom, and the opportunity to begin anew.

This production benefits from the collaboration of the residents from the therapeutic communities of **Casa Rosetta (Terra Promessa and La Ginestra in Caltanissetta, and L'Oasi in Caltagirone)**. It is presented on a highly significant date: **June 26th, the International Day Against Drug Abuse and Illicit Trafficking. Grateful to be alive.**