



**Vibe Check- An AI Powered
Tool for Addiction Screening,
Brief Intervention and
Referral; From Screening to
Real World Intervention.**

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What is VibeCheck?

A digital self-screening assistant for early identification of:

- Substance use risk
- Psychological distress
- Behavioural triggers

Integrates validated tools:

- WHO ASSIST
- PHQ-9
- Trigger assessment
- Problem Gambling severity index

Provides:

- **Immediate structured feedback**
- Risk stratification
- Brief intervention guidance

Why This Session Matters



There has been **strong engagement and interest** following our previous webinar



Several practical questions remained **unanswered**




Today's session focuses on **real-world application and demonstration**



 *This session is designed to show how VibeCheck can be integrated into everyday clinical and community practice.*

Requirements for use of VibeCheck

- Any device with **internet access** (phone, tablet, or computer)
- Access to the platform:
 <https://vibecheck.issupnigeria.com/>
- Can be shared across:
 - Clinics
 - Community programs
 - Schools
 - Outreach platforms
- ✓ No advanced ICT skills required
- ✓ Accessible to both professionals and the general public
- ✓ Completely **free of charge**

What
VibeCheck
is not

It is not a diagnostic tool

It is not a predictive or prognostic system

It does not replace clinical assessment

 *It is designed to support, not substitute, professional judgment.*

What VibeCheck is

A self-screening digital tool

A brief intervention assistant

A confidential and stigma-reducing entry point into care

- ✓ Anonymous use
- ✓ Immediate structured feedback
- ✓ Encourages early help-seeking

"It creates a safe first step for individuals who may not otherwise present for care."

What Does VibeCheck Offer?

Screening for substance use risk (WHO ASSIST)

Mental health screening (PHQ-9)

Identification of:

- Internal triggers
- External triggers

Brief intervention guidance for mild–moderate risk

Pathways to:

- Tele-consultation
- Physical consultation (via ISSUP network)

Ethical Considerations

Confidential and anonymous

Based on validated tools (WHO ASSIST, PHQ-9)

Not a substitute for clinical diagnosis

Encourages referral where needed

“Clinical judgment remains central to all decisions.”

Collaborations

- FOR COLLABORATIONS AND PARTNERSHIP;

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POTENTIAL COLLABORATIONS

- Rehabilitation centers
- Hospitals
- Schools
- Organizations specialised in outreach
- Tech companies
- ISSUP country chapters
- Stakeholder organizations in psychoactive substance supply and demand reduction e.g NDLEA, Narcotics Commission Ghana





What do we offer?

Personalised landing page

GRANTS AND SPONSORSHIPS

To sustain the tool, to
make it free.

To create awareness
about the tool,
especially to the
digital natives

REFERENCES

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Currie, S. R., Casey, D. M., & Hodgins, D. C. (2010). *Improving the psychometric properties of the Problem Gambling Severity Index*. Ottawa: Canadian Consortium for Gambling Research.